

RUN GREEN - 42. Königsforst Marathon am 13. März 2016 in Bergisch Gladbach Bensberg Marathon - Wertung

Männer

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Pl.	Nettozeit	HM1	HM2	Jahrgang
1	170	Wilms Robert	SG Wenden	2:43:36	M20	1	2:43:37	1:21:46	1:21:50	1987
2	275	Schnorr Stefan	Aachener TG	2:50:04	M30	1	2:50:07	1:25:42	1:24:24	1985
3	83	Kufferath Moritz	TV Refrath	2:50:46	M35	1	2:50:48	1:25:44	1:25:03	1979
4	94	Lohbreyer Martin	SV Lembeck	2:54:44	M45	1	2:54:45	1:26:04	1:28:41	1970
5	270	Ries Benjamin	Aachener TG	3:01:51	M30	2	3:01:54	1:28:08	1:33:45	1984
6	17	Condon Liam	TV Refrath	3:05:37	M45	2	3:05:39	1:28:45	1:36:54	1968
7	45	Grewe Marc	Union Biesfeld Triathlon	3:08:12	M45	3	3:08:18	1:34:02	1:34:16	1971
8	24	Emonds Reiner	*Düsseldorf	3:08:56	M40	1	3:09:03	1:34:17	1:34:46	1974
9	87	Last Christoph	TSG Valbert	3:17:47	M35	2	3:17:58	1:36:28	1:41:29	1977
10	55	Hufnagel Carsten	Team Bauchfleisch	3:18:57	M45	4	3:19:01	1:29:26	1:49:35	1969
11	44	Grass Rene	Rhein-Berg Runners	3:19:53	M45	5	3:20:10	1:39:08	1:41:02	1967
12	182	Zimmermann Holger	*Wuppertal	3:20:52	M45	6	3:20:59	1:36:46	1:44:12	1968
13	244	Baumert Peter	Team Erdinger	3:22:48	M40	2	3:22:59	1:36:28	1:46:31	1975
14	26	Euen Tom	LT Alt-Erkrath	3:23:21	M45	7	3:23:30	1:37:05	1:46:24	1967
15	272	Küpper Lukas	LTB Aachen	3:23:33	M50	1	3:23:49	1:40:45	1:43:03	1965
16	177	Zak Thomas	fanprojekt-leverkusen	3:25:35	M40	3	3:25:51	1:39:26	1:46:25	1973
17	85	Weber Burkhard	Renniere e.V.	3:26:14	M50	2	3:26:24	1:41:33	1:44:50	1964
18	16	Büscher Ralf	*Lohmar	3:26:33	M60	1	3:26:35	1:36:45	1:49:49	1956
19	125	Reineke Max	*Frankfurt	3:24:55	M20	2	3:26:54	1:42:21	1:44:32	1991
20	273	Meinecke Philipp	Fortuna Düsseldorf	3:27:09	M40	4	3:27:32	1:40:14	1:47:17	1973
21	58	Jahnke Luca	*Leverkusen	3:27:30	M20	3	3:27:39	1:34:19	1:53:20	1993
22	9	Blöcker Thomas	Meckenheim	3:27:47	M50	3	3:27:52	1:39:53	1:47:58	1962
23	130	Rohkämper Hans-Jürgen	SC Neuenstein	3:27:38	M45	8	3:27:57	1:43:20	1:44:37	1967
24	73	Koerfer Alexander	LTB Aachen	3:28:04	M20	4	3:28:20	1:40:45	1:47:35	1989
25	40	Gerlach Marco	*Mülheim an der Ruhr	3:29:27	M40	5	3:29:36	1:40:18	1:49:18	1974
26	159	Vobis Andreas	TG Neuss	3:30:40	M50	4	3:30:49	1:39:52	1:50:56	1965
27	268	Raible Wolfgang	Running Team Schwoba	3:30:31	M50	5	3:31:36	1:45:41	1:45:55	1963
28	50	Hausen Alexander	De Friedaachsfründe	3:31:33	M50	6	3:31:46	1:42:14	1:49:31	1964
29	72	König Bernd	*Köln	3:31:34	M45	9	3:31:47	1:43:29	1:48:17	1970
30	185	Blümel Sven	*Mönchengladbach	3:31:18	M45	10	3:32:27	1:41:47	1:50:39	1970
31	114	Pirl Stephan	*Mainaschaff	3:31:31	M40	6	3:33:08	1:39:38	1:53:30	1976
32	216	Alabor Erik		3:33:59	M50	7	3:34:10	1:39:45	1:54:25	1966
33	15	Bürger Stefan	TuS Jahn Hilfarth	3:35:35	M45	11	3:36:06	1:47:06	1:48:59	1971
34	59	Justen Harald	LG Laacher See	3:36:02	M50	8	3:36:47	1:42:26	1:54:21	1963
35	105	Neumann Markus	*Köln	3:36:49	M45	12	3:37:19	1:49:56	1:47:22	1970
36	65	Klein Jens	SG Wenden	3:38:25	M50	9	3:38:38	1:43:29	1:55:08	1962
37	91	Loeber Ralf	*Düsseldorf	3:38:19	M35	3	3:38:39	1:45:46	1:52:52	1977
38	160	Vogt Wolfgang	Feuerwehr SV Düsseldorf	3:39:14	M55	1	3:39:29	1:45:20	1:54:08	1959
39	248	Rocholl Lutz	*Remscheid	3:39:38	M55	2	3:39:49	1:38:55	2:00:54	1961
40	187	Currie Joe	*Gutersloh	3:39:39	M20	5	3:39:52	1:40:26	1:59:26	1989
41	271	Weißbach Tim	LTB Aachen	3:40:30	M30	3	3:40:47	1:40:49	1:59:57	1985
42	7	Beffort Marc	CACE	3:40:36	M50	10	3:41:25	1:54:01	1:47:23	1962
43	154	Stork Christoph	AS Neukirchen-Vluyn	3:40:42	M50	11	3:42:00	1:51:35	1:50:24	1965
44	138	Scheibehenne Dr. Günther	STC Hommertshausen	3:43:35	M65	1	3:43:38	1:47:18	1:56:20	1948
45	262	Gierling Volker	LT Tura Brüggen	3:43:24	M50	12	3:43:39	1:50:23	1:53:16	1966
46	186	Bryant Matthew	*Eltville	3:43:18	M40	7	3:43:49	1:43:30	2:00:18	1974
47	250	Meuser Jens	TV Runkel	3:44:11	M40	8	3:45:17	1:52:39	1:52:38	1976
48	92	Löh Markus	*Köln	3:45:24	M50	13	3:45:53	1:46:35	1:59:17	1966
49	13	Brehe Michael	FC Bayern München	3:46:24	M55	3	3:46:37	1:47:35	1:59:02	1960
50	70	Koehler Tom	Marathon Steinfurt	3:47:30	M45	13	3:47:58	1:55:43	1:52:14	1970
51	168	Wicht Stephan	TuS Jahn Hilfarth	3:48:21	M45	14	3:48:52	1:47:06	2:01:45	1969
52	255	Behlau Markus	LC Duisburg	3:48:09	M35	4	3:48:56	2:03:52	1:45:04	1981
53	100	Moser Lars	BSG Springorum Bochum	3:48:47	M45	15	3:49:04	1:50:14	1:58:49	1970
54	232	Schneider Bernd	Wiehl	3:48:33	M50	14	3:49:15	1:54:09	1:55:06	1966
55	213	Reichmann Norbert		3:48:39	M55	4	3:50:20	1:55:45	1:54:34	1958
56	103	Neuenfeldt Norbert	Road Runner	3:49:21	M45	16	3:50:23	1:52:47	1:57:35	1967
57	184	Bandowski Dirk	LG Kaufungen	3:50:38	M45	17	3:51:07	1:53:17	1:57:49	1970
58	137	Rudewig Michael	Box-Club Altena	3:51:24	M50	15	3:51:40	1:49:58	2:01:42	1966

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Pl.	Nettozeit	HM1	HM2	Jahrgang
59	109	Peek Holger	TUSEM Essen	3:51:14	M40	9	3:51:57	1:57:36	1:54:21	1976
60	52	Holbein Jan	Pulheimer SC	3:51:46	M20	6	3:52:18	1:52:25	1:59:53	1990
61	261	Wolfgramm Klaus	RC Endspurt Herford	3:52:30	M55	5	3:52:38	1:51:54	2:00:43	1957
62	240	Klick Michael	SuS Bertrich	3:52:43	M45	18	3:53:08	1:49:20	2:03:47	1969
63	111	Petersam Armin	TV Höhenhaus	3:53:49	M60	2	3:53:58	1:42:39	2:11:18	1956
64	176	Wuttke Nawid	*Wiesenbach	3:53:35	M30	4	3:54:08	1:49:25	2:04:43	1983
65	22	Dömlang Robert	7G runergy Laufteam	3:53:57	M45	19	3:54:18	1:50:27	2:03:50	1967
66	89	Leppert Philipp	TV Rheinbach	3:53:34	M20	7	3:54:27	1:51:03	2:03:24	1987
67	210	Stevens Dr. Mike	*Wiesbaden	3:54:08	M40	10	3:54:47	1:48:48	2:05:59	1975
68	223	Groß Michael	Ultra-Team-Tortour	3:54:36	M45	20	3:55:50	1:58:44	1:57:06	1970
69	253	Granzen Stephan	BSG Sparkasse Duisburg	3:54:30	M40	11	3:56:09	2:02:39	1:53:29	1972
70	19	Court Jürgen	KHTC BW Köln	3:57:37	M55	6	3:57:43	1:48:17	2:09:26	1961
71	41	Gotto Robert	LG HSC Gamlen-RSC Unt	3:57:41	M55	7	3:57:47	1:47:21	2:10:25	1957
72	67	Klug Bernd	*Lindlar	3:57:36	M45	21	3:58:31	1:57:28	2:01:03	1969
73	144	Schrödler Uwe	*Düren	3:57:35	M45	22	3:58:52	1:59:42	1:59:10	1967
74	257	Scholz Thomas	LT TuRa Brügggen	3:59:13	M45	23	3:59:28	1:51:23	2:08:04	1970
75	18	Cossmann Siegfried	PSV Bonn	3:59:30	M55	8	3:59:30	1:55:26	2:04:03	1957
76	20	Decker Andreas	Meddys LWT Koblenz	3:59:15	M45	24	4:00:25	1:45:31	2:14:53	1970
77	33	Franken Michael	*Köln	3:59:56	M50	16	4:00:25	1:57:28	2:02:56	1963
78	246	Schemkes Frank	*Münster	3:59:35	M55	9	4:00:29	1:59:41	2:00:47	1960
79	37	Gäde Christian	*Düsseldorf	3:59:39	M45	25	4:00:38	1:54:00	2:06:38	1968
80	6	Baarth Oliver	Team Erdinger Alkoholfrei	4:00:48	M45	26	4:01:06	2:02:53	1:58:13	1970
81	217	Kopetz Budze	SG Siegen-Giersberg	4:01:05	M45	27	4:01:34	1:57:01	2:04:33	1969
82	77	Kosiahn Stefan	SG Siegen-Giersberg	4:01:05	M55	10	4:01:34	1:57:01	2:04:33	1961
83	237	Steinhäuser Christian	Team Bauchfleisch	4:01:38	M35	5	4:01:42	1:44:51	2:16:51	1978
84	36	Frychel Adrian	Velbert	4:01:09	M50	17	4:01:43	1:55:41	2:06:01	1966
85	194	Lee Kuo-Sheng	*Jupiter	4:02:34	M20	8	4:02:49	2:00:10	2:02:38	1991
86	188	Emde Marc	Team Emde	4:02:35	M50	18	4:03:26	1:52:37	2:10:49	1963
87	46	Grewe Uwe	Reha Sport Unna	4:04:55	M50	19	4:05:46	1:53:50	2:11:55	1966
88	98	Merten Torsten	1. FC Köln	4:05:01	M35	6	4:05:59	2:00:54	2:05:05	1977
89	249	Müller-Zeder Ralph	TV Runkel	4:04:55	M55	11	4:06:00	1:59:13	2:06:46	1960
90	209	Stannek Michael	*Bergisch Gladbach	4:05:56	M20	9	4:07:04	1:59:43	2:07:21	1991
91	106	Nofftz Klaus	Run for Fun Leverkusen	4:07:25	M55	12	4:07:43	2:02:54	2:04:49	1957
92	78	Krätzer Andreas	Druckguss Westfalen	4:08:23	M45	28	4:08:53	2:03:11	2:05:41	1971
93	218	Klatt Dirk	Klattis Clan	4:12:04	M55	13	4:12:55	2:05:46	2:07:09	1957
93	254	Brennert Kurt	*Dormagen	4:12:04	M70	1	4:12:55	2:05:33	2:07:22	1945
95	79	Krampe Frank	TV Attendorn	4:12:39	M40	12	4:13:24	2:03:05	2:10:18	1974
96	81	Kröling Matthias	LG DUUV	4:12:29	M20	10	4:13:58	2:10:15	2:03:43	1989
97	113	Pirl Andreas	*Leichlingen	4:12:45	M35	7	4:14:23	2:10:21	2:04:02	1978
98	122	Raabe Markus	1899 TV Germania Ostwig	4:14:12	M40	13	4:14:42	2:03:11	2:11:30	1974
99	31	Folkersma Patrick	CQ Marathon Team Colog	4:16:09	M45	29	4:16:37	2:02:39	2:13:57	1970
100	53	Hübel Kai	*Bergisch Gladbach	4:16:13	M50	20	4:16:50	1:58:23	2:18:26	1965
101	256	Rühl Wolfgang	LT Hemsbach	4:16:01	M60	3	4:17:07	2:00:29	2:16:38	1954
102	204	Pfalz Ulrich	PV-Triathlon Witten	4:16:12	M60	4	4:17:11	1:54:37	2:22:33	1956
103	171	Wittayer Gordon	VLG Eisenbach	4:16:32	M40	14	4:17:22	1:52:39	2:24:43	1975
104	260	Eckstein Raik	Helot	4:16:02	M40	15	4:17:35	2:09:13	2:08:22	1974
105	35	Früchte Jens	SSF Bonn LT Beuel	4:17:09	M45	30	4:17:49	2:05:31	2:12:17	1967
106	211	Wagland Paul	*HILVERSUM	4:16:46	M40	16	4:18:02	1:53:17	2:24:44	1973
107	263	Mons Dr. Dieter	Troisdorfer LG M.U.T.	4:17:40	M60	5	4:18:50	2:07:07	2:11:42	1955
108	115	Plazinski Gerhard	*Köln	4:18:38	M40	17	4:18:58	1:57:40	2:21:18	1975
109	82	Kubis Oliver	LC Olympia Wiesbaden	4:17:48	M45	31	4:19:24	2:02:58	2:16:25	1968
110	222	Fort Diego	Running Team Grotenberg	4:18:37	M30	5	4:19:52	2:09:01	2:10:51	1982
111	135	Roosen Gregor	Running Team Grafenberg	4:18:36	M30	6	4:19:52	2:09:00	2:10:52	1983
112	243	Damerow Raymond	Ford FCSD 05	4:20:24	M55	14	4:21:08	1:58:12	2:22:56	1957
113	206	Piry Daniel	*Köln	4:20:04	M20	11	4:21:12	1:49:13	2:31:58	1990
114	150	Siegers Maarten	*Köln	4:20:52	M35	8	4:22:33	2:11:30	2:11:02	1979
115	132	Romer Frank	*Bergheim	4:21:50	M35	9	4:23:23	2:10:26	2:12:57	1977
116	219	Trappe Dr. Rolf-Peter		4:24:39	M55	15	4:26:35	2:07:54	2:18:40	1958

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Pl.	Nettozeit	HM1	HM2	Jahrgang
117	236	Wörnsdörfer Stefan	TV Refrath	4:27:32	M55	16	4:27:55 -	1:54:48	2:33:06	1961
118	203	Pawlik Arne	TUS Koblenz TRI POWER	4:26:26	M35	10	4:28:16 -	2:11:35	2:16:40	1981
119	104	Neumann KLaus	100 Marathon Club	4:27:38	M60	6	4:28:28 -	2:09:37	2:18:50	1952
120	95	Maubach Sven	*Heinsberg	4:28:39	M40	18	4:29:19 -	2:00:39	2:28:40	1974
121	179	Zeh Peter	*Bergheim	4:28:34	M55	17	4:29:21 -	2:02:18	2:27:03	1961
122	61	Kath Thorsten	LT SV Westum	4:29:02	M50	21	4:29:38 -	2:05:22	2:24:15	1965
123	269	Wattenbach Manfred	Albis Lauftreff	4:27:53	M50	22	4:29:40 -	2:08:26	2:21:14	1962
124	181	Ziegler Sven	*Ratingen	4:32:35	M35	11	4:33:18 -	2:06:33	2:26:45	1977
125	251	Lempken Uwe	Homberger TV	4:36:16	M55	18	4:38:01 -	2:12:56	2:25:05	1961
126	245	Paul Oliver	Lexxisports.com	4:37:05	M45	32	4:38:54 -	2:09:24	2:29:30	1970
127	145	Schübel Timo	LC Duisburg	4:39:08	M30	7	4:39:55 -	2:07:32	2:32:22	1983
128	149	Sieben Konrad	SLC Ameln/linnich	4:40:56	M70	2	4:42:28 -	2:14:42	2:27:46	1944
129	247	Ostmann Heiko	LT Nauen-Falkensee	4:40:41	M45	33	4:42:30 -	2:23:05	2:19:25	1969
130	207	Schell Benjamin	*Aachen	4:43:34	M35	12	4:44:27 -	2:06:49	2:37:37	1980
131	241	de Kruijff Johannes	LBN Duisburg	4:43:42	M60	7	4:44:28 -	2:08:18	2:36:10	1954
132	221	Pisaipan Arthii	Covestro (Thailand)	4:43:44	M35	13	4:44:41 -	1:51:22	2:53:19	1981
133	66	Klink Ralf	TSV Goddelau	4:43:38	M50	23	4:44:41 -	2:09:37	2:35:04	1965
134	139	Schmergal Michael	LT Paffrath	4:44:52	M55	19	4:46:32 -	2:16:14	2:30:17	1960
135	23	Dresen Engelbert	*Wermelskirchen	4:46:42	M60	8	4:47:02 -	2:10:36	2:36:25	1952
136	80	Kreis Manfred	NEW SG 26 Mönchenglad	4:49:50	M55	20	4:51:47 -	2:15:20	2:36:27	1958
137	140	Schmitz Holger	TRIMONES	4:50:59	M40	19	4:51:47 -	2:13:41	2:38:06	1975
138	148	Segger Jörg	Team Charly - Flussläufer	4:50:40	M60	9	4:52:16 -	2:19:25	2:32:50	1955
139	49	Grohs Stefan	Remscheid Nüdelalm	4:51:39	M50	24	4:53:02 -	2:19:55	2:33:06	1965
140	34	Froonhoff Rob	100 Marathon Club	4:53:20	M50	25	4:53:37 -	2:11:55	2:41:42	1966
141	133	Roos Martin	TV Hattenheim	4:52:12	M55	21	4:54:03 -	2:26:58	2:27:04	1961
142	0	unbekannt DG95DBE		4:55:37	M20	12	4:56:06 -	2:25:46	2:30:19	
143	11	Böttcher Frank	Marathon4	4:55:37	M45	34	4:56:06 -	2:25:46	2:30:20	1968
144	198	Meirick Jürgen	SV Lembeck	4:55:35	M45	35	4:56:32 -	2:04:47	2:51:44	1971
145	152	Steckel Manfred	TriathlonSteckelCologne	4:55:02	M60	10	4:56:45 -	2:27:52	2:28:53	1955
146	234	Konradt Jochen		4:56:37	M50	26	4:57:20 -	2:11:23	2:45:57	1963
147	151	Spanier Volker	KathLaufjugendArnstadt	4:57:45	M55	22	4:58:00 -	1:58:20	2:59:40	1959
148	71	Köhne Heinz-Werner	VfL Engelskirchen	4:57:38	M45	36	4:59:09 -	2:11:29	2:47:40	1968
149	252	Ley Helmut	Homberger TV	4:58:48	M70	3	5:00:08 -	2:21:48	2:38:20	1946
150	10	Boelen-Theile Claus	*Rösrath	4:58:37	M50	27	5:00:31 -	2:16:09	2:44:22	1966
151	120	Preetz Udo	100 Marathon Club	5:00:02	M65	2	5:01:36 -	2:30:47	2:30:48	1951
152	27	Fensky Ulrich	Lt-Mythos Stolberg	5:09:26	M65	3	5:11:17 -	2:21:32	2:49:44	1951
153	164	Weber Dietmar	LT Mythos Stolberg	5:09:27	M65	4	5:11:17 -	2:21:55	2:49:22	1951
154	64	Klein Hans-Jürgen	FC Göller	5:13:02	M60	11	5:13:47 -	2:46:35	2:27:12	1953
155	21	Delbanco Dr. Evert	100 Marathon Club	5:13:18	M45	37	5:14:16 -	2:24:05	2:50:11	1969
156	121	Pürner Stefan	LT	5:13:49	M55	23	5:14:19 -	2:29:04	2:45:15	1960
157	38	Gagnon Robert André	*Aachen	5:18:44	M70	4	5:20:19 -	2:23:44	2:56:35	1945
158	225	Vollenberg Klaus	ASC Schmallenberg	5:26:08	M70	5	5:27:44 -	2:28:39	2:59:05	1945
159	167	Wenzel Christoph	100 Marathon Club	5:27:00	M55	24	5:28:46 -	2:35:43	2:53:02	1960
160	199	Mertgen Bernd	Turnverein Honnefeld e.V.	5:32:56	M65	5	5:34:04 -	2:19:07	3:14:57	1949
161	136	Rose Harald	WDR Aktiv	5:38:52	M60	12	5:39:03 -	2:39:31	2:59:31	1955
162	107	Nowak Rainer	TSV Hochdahl	5:48:17	M65	6	5:48:17 -	2:47:26	3:00:50	1951

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Pl.	Nettozeit	HM1	HM2	Jahrgang
1	264	Diawuoh Annabel	VfL Engelskirchen	3:23:55	W20	1	3:24:04	1:36:17	1:47:47	1989
2	242	Seidel Renate	*Eppstein	3:26:50	W50	1	3:26:56	1:43:28	1:43:28	1963
3	156	Switala Andrea	*Remscheid	3:31:52	W45	1	3:32:06	1:44:04	1:48:02	1970
4	146	Schürig Michaela	LC Euskirchen	3:48:53	W40	1	3:49:29	1:49:56	1:59:32	1974
5	193	Kuhn Sylke	Team VEGAN	3:55:03	W45	2	3:55:43	1:54:20	2:01:23	1971
6	201	Moritz Andrea	Unogwaja	4:01:23	W45	3	4:01:33	1:53:16	2:08:17	1967
7	229	Wauter Susanne		4:03:40	W50	2	4:04:14	2:01:04	2:03:10	1966
8	195	Lenhard Astrid	*Meinerzhagen	4:05:57	W45	4	4:07:15	1:57:37	2:09:37	1968
9	191	Klinge Daniela	*Bonn	4:07:39	W35	1	4:08:44	2:09:10	1:59:34	1981
10	84	Labisch Stephanie	no pain, no gain	4:08:15	W20	2	4:08:45	1:48:20	2:20:24	1990
11	126	Reinhardt Michaela	DreamTeam	4:09:31	W45	5	4:11:13	2:06:59	2:04:14	1970
12	165	Weber Ulrike	SG Siegen-Giersberg	4:11:39	W55	1	4:12:40	2:02:26	2:10:13	1960
13	112	Pflug Gina	*Ratingen	4:12:02	W30	1	4:12:46	2:06:33	2:06:12	1982
14	147	Seer Diana	LT SV Westum	4:12:22	W40	2	4:12:57	2:05:21	2:07:35	1972
15	180	Zester Simone	*Erkelenz	4:12:39	W50	3	4:13:24	2:03:05	2:10:18	1966
16	101	Müller Birgit	SG Siegen-Giersberg	4:13:07	W50	4	4:14:07	2:02:26	2:11:41	1962
17	274	Krepel Sabine	GMRV	4:15:06	W45	6	4:16:17	2:05:21	2:10:55	1970
18	142	Schmitz Ina	Running Team Grafenberg	4:18:37	W30	2	4:19:52	2:09:00	2:10:51	1984
19	239	Wahl Susanne	Team Rosa Socke	4:18:46	W45	7	4:20:32	2:08:25	2:12:06	1968
20	178	Zborowska Beate	Wahnheide	4:23:09	W45	8	4:23:59	2:05:37	2:18:22	1967
21	60	Kath Petra	LT SV Westum	4:24:31	W50	5	4:25:07	2:05:22	2:19:45	1966
22	190	Hoffmann Halina	*Alsdorf	4:26:50	W35	2	4:28:21	2:11:23	2:16:57	1978
23	174	Woynecki Mylčne	*Rheinbach	4:30:27	W40	3	4:30:50	2:07:58	2:22:51	1975
24	267	Raible Silvia	Running Team Schwoba	4:31:02	W45	9	4:32:08	2:09:02	2:23:05	1968
25	161	Wagner Sabine	LT Alt-Erkrath	4:32:10	W55	2	4:33:19	2:11:28	2:21:51	1960
26	235	Schreyer-Vogt Henrike	VfL Engelskirchen	4:32:51	W55	3	4:34:23	2:11:29	2:22:54	1961
27	63	Kirschner Barbara	BSG Team EVAG	4:32:43	W45	10	4:34:23	2:16:14	2:18:08	1968
28	266	Scheiwe Monika	*Lohmar	4:43:12	W50	6	4:44:38	2:16:17	2:28:21	1962
29	228	Arndt-Ellerhold Sabine	BSG Springorum Bochum	4:50:18	W40	4	4:52:00	2:22:44	2:29:16	1972
30	134	Roos Martina	TV Hattenheim	4:52:09	W50	7	4:54:00	2:26:58	2:27:01	1963
31	233	Konradt Marion		4:56:37	W50	8	4:57:20	2:11:23	2:45:56	1963
32	155	Sveatchina Alexandra	*Köln	4:57:19	W30	3	4:58:14	2:17:09	2:41:04	1984
33	119	Prange Eva	VfL Engelskirchen	4:57:39	W55	4	4:59:09	2:11:29	2:47:40	1959
34	127	Richter Stefanie	FC Goller	5:13:02	W35	3	5:13:48	2:46:33	2:27:14	1980