

# RUN GREEN - 41. Königsforst Marathon am 15. März 2015 in Bergisch Gladbach Bensberg Marathon - Wertung

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Pl.	Bruttozeit	HM1	HM2	Jahrgang
1	76	Kufferath Moritz	TV Refrath	2:47:04	M35	1	2:47:06 - 1:23:40	1:23:25		1979
2	11	Banischewski Bodo	*Bergisch Gladbach	2:48:42	M35	2	2:48:44 - 1:23:41	1:25:03		1978
3	126	Skopnik Manuel	LAZ Puma Rhein-Sieg	2:51:56	M40	1	2:51:57 - 1:25:32	1:26:24		1972
4	216	Leffers Matthias	LLG 80 Nordpark Köln	2:54:15	M45	1	2:54:16 - 1:22:52	1:31:23		1967
5	83	Lohbreyer Martin	SV Lembeck	2:56:36	M45	2	2:56:38 - 1:29:12	1:27:26		1970
6	65	Knauf Albert	LG Mützenich	2:56:52	M50	1	2:56:54 - 1:25:43	1:31:10		1964
7	199	Krumm Tobias	Helling Engine Parts	2:58:28	M35	3	2:58:55 - 1:28:56	1:29:58		1977
8	217	Fais Jürgen	Triathlon Nonstop Köln	3:01:28	M50	2	3:01:28 - 1:25:04	1:36:24		1965
9	215	Altebäumer Fabian	LSF Münster	3:06:21	M30	1	3:06:25 - 1:32:44	1:33:41		1983
10	100	Nowack Matthias	LSF Münster	3:06:22	M30	2	3:06:25 - 1:32:44	1:33:41		1983
11	140	Van der Velde Markus	LSF Münster	3:06:23	M50	3	3:06:26 - 1:32:44	1:33:41		1965
12	303	Condon Liam	TV Refrath	3:06:47	M45	3	3:06:49 - 1:28:50	1:37:59		1968
13	1096	Lössner Ralph	*Duisburg	3:06:57	M40	2	3:07:01 - 1:36:30	1:30:30		1972
14	104	Pietz Frank	TriForce-Vital	3:07:22	M40	3	3:07:26 - 1:27:08	1:40:17		1975
15	5	Adam Peter	*Bonn	3:08:47	M30	3	3:08:59 - 1:33:37	1:35:21		1984
16	212	Gehlen Thomas	TC BW Zündorf	3:09:17	M50	4	3:09:22 - 1:33:25	1:35:57		1964
17	59	Jago Andreas	LG Monheim/Baumberg	3:10:32	M50	5	3:10:42 - 1:36:17	1:34:24		1962
18	207	Zielske Jan-Philipp		3:13:18	M30	4	3:13:47 - 1:33:06	1:40:40		1985
19	239	Kaulbach Stefan	Neunkirchen-Seelscheid	3:14:02	M50	6	3:14:06 - 1:33:11	1:40:55		1963
20	144	Wesbuer Thomas	Marathon Steinfurt	3:15:02	M45	4	3:15:06 - 1:36:19	1:38:46		1966
21	87	McGuire Stephan	TV Refrath	3:15:08	M40	4	3:15:21 - 1:38:14	1:37:07		1975
22	1094	Chittka Jörg		3:16:06	M50	7	3:16:11 - 1:37:27	1:38:44		1964
23	27	Dreßler Marcel	M.D. Löwenherz	3:15:38	M35	4	3:16:30 - 1:35:28	1:41:02		1978
24	147	Wrede Matthias	TV 1848 Erlangen	3:16:50	M50	8	3:17:06 - 1:39:32	1:37:34		1963
25	20	Büscher Ralf	*Lohmar	3:18:14	M55	1	3:18:16 - 1:36:06	1:42:10		1956
26	188	Van Meerveld Aart	runningforkids.nl	3:16:02	M40	5	3:18:17 - 1:36:58	1:41:19		1972
27	208	Schneider Peter	Brooks Running Team	3:19:06	M45	5	3:19:12 - 1:31:16	1:47:56		1969
28	101	Offer Thorsten	LLG 80 Nordpark Köln e.V.	3:19:15	M20	1	3:19:29 - 1:41:47	1:37:41		1987
29	51	Hochmuth Jens	LALALA	3:19:17	M35	5	3:19:35 - 1:37:23	1:42:11		1976
30	119	Scheele Michael	TUSEM Essen	3:19:53	M35	6	3:19:58 - 1:35:39	1:44:19		1976
31	37	Gierling Volker	Lauftreff TuRa Brügggen	3:21:37	M45	6	3:21:52 - 1:42:28	1:39:23		1966
32	78	Lenzen Robert	RTC Frechen 80	3:22:05	M45	7	3:22:11 - 1:36:45	1:45:25		1966
33	77	Lämmlein Franz	LLG St.Augustin	3:22:29	M60	1	3:22:34 - 1:39:41	1:42:52		1952
34	220	Lier Jens		3:23:42	M35	7	3:24:01 - 1:39:28	1:44:32		1978
35	62	Klein Holger	Gipfelstürmer	3:23:22	M45	8	3:24:17 - 1:38:20	1:45:56		1966
36	17	Braun Wolfgang	TV Konzen	3:25:22	M60	2	3:25:39 - 1:44:46	1:40:53		1954
37	139	Treptow Thorsten	*Köln	3:26:13	M50	9	3:26:18 - 1:41:06	1:45:12		1965
38	133	Szczepanek Dr. Torge	SSF Bonn Triathlon	3:26:05	M40	6	3:26:18 - 1:42:14	1:44:04		1975
39	1398	Müll Stephan	STORM-Team Triathlon	3:26:14	M45	9	3:26:41 - 1:46:35	1:40:06		1970
40	95	Neuenfeldt Norbert	Team CGN-Radsport	3:26:54	M45	10	3:27:48 - 1:43:25	1:44:23		1967
41	50	Hesselkamp Ulrich	Meerwiesel	3:28:31	M50	10	3:28:44 - 1:43:49	1:44:54		1962
42	233	Werbonat Jens	DUV	3:29:02	M40	7	3:29:09 - 1:46:10	1:42:59		1973
43	85	Mannheim Dr. Stephan	LLG 80 Nordpark Köln e.V.	3:30:09	M40	8	3:30:22 - 1:41:47	1:48:35		1975
44	158	Guyon Sébastien	*Köln	3:30:10	M35	8	3:30:30 - 1:37:23	1:53:07		1977
45	10	Bals Oliver	*Solingen	3:34:01	M40	9	3:34:26 - 1:44:21	1:50:04		1974
46	155	Evers Wulf	*Troisdorf	3:34:22	M45	11	3:35:23 - 1:43:04	1:52:18		1969
47	249	Klick Michael		3:35:41	M45	12	3:36:00 - 1:45:50	1:50:09		1969
48	56	Horst Schwendt	LC Weilerswist	3:35:48	M45	13	3:36:17 - 1:44:49	1:51:27		1968
49	19	Bühh Klaus	LSF Münster	3:36:55	M55	2	3:37:05 - 1:48:25	1:48:39		1959
50	97	Neumann Dr. Matthias	Büsum	3:38:20	M45	14	3:38:23 - 1:36:17	2:02:05		1968
51	227	Schmitz Henning	LG Mauerweg	3:37:45	M50	11	3:38:27 - 1:43:18	1:55:08		1962
52	8	Baars Dr. Henning	WI@Uni-Stuttgart	3:38:26	M40	10	3:38:46 - 1:44:34	1:54:11		1971
53	190	Walz Michael	run4fun	3:39:25	M45	15	3:39:50 - 1:45:48	1:54:01		1967
54	198	Lathouwers Gust	Atla Lanaken	3:40:06	M60	3	3:40:51 - 1:47:50	1:53:01		1954
55	221	Muela Valentin	team-naunheim.de	3:39:44	M45	16	3:40:51 - 1:48:27	1:52:24		1966
56	159	Haubert Frank	*Saarburg	3:40:15	M30	5	3:41:18 - 1:51:03	1:50:15		1985
57	6	Andrae Wolfram	Hunsrück-Marathon e.V.	3:40:54	M40	11	3:41:56 - 1:46:11	1:55:45		1971
58	153	Brett Clark	*Washington	3:42:32	M20	2	3:43:24 - 1:50:04	1:53:19		1991

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Pl.	Bruttozeit	HM1	HM2	Jahrgang
59	184	Stukel Nicholas	*Washington, DC	3:42:32	M20	3	3:43:24 - 1:50:04	1:53:19		1989
60	246	Hölscher Werner	LSF Münster	3:41:47	M55	3	3:43:42 - 1:50:03	1:53:39		1959
61	43	Grigoleit Axel	*Leichlingen	3:43:58	M50	12	3:44:23 - 1:46:09	1:58:14		1963
62	168	Lebrequer Marc	*Aachen	3:42:59	M30	6	3:44:46 - 1:51:01	1:53:45		1984
63	237	Grittner Werner	LC Duisburg	3:46:06	M55	4	3:46:36 - 1:51:06	1:55:29		1959
64	72	Krobok Marc	LC Duisburg	3:46:06	M40	12	3:46:36 - 1:51:06	1:55:29		1971
65	13	Behlau Markus	LC Duisburg	3:46:07	M30	7	3:46:36 - 1:51:07	1:55:29		1981
66	121	Schmidt Stefan	TSV Dieringhausen	3:45:56	M50	13	3:46:57 - 1:54:56	1:52:00		1963
67	45	Rohkämper Dirk	LT Tura Brügggen	3:47:08	M45	17	3:47:22 - 1:50:26	1:56:56		1966
68	115	Rohkämper Hans-Jürgen	SC Neuenstein	3:47:07	M45	18	3:47:44 - 1:53:20	1:54:23		1967
69	26	Dreesbach Dirk	LC Weilerswist	3:47:15	M45	19	3:47:46 - 1:55:39	1:52:06		1968
70	201	Unverzagt Klaus Guido		3:48:08	M45	20	3:48:35 - 1:52:54	1:55:41		1966
71	74	Krott Christoph	SV Viktoria Goch	3:48:53	M50	14	3:49:07 - 1:53:40	1:55:26		1961
72	225	Rotte Uwe	Team Erdinger Alkoholfrei	3:49:08	M55	5	3:49:48 - 1:53:00	1:56:47		1960
73	3	Hamacher Marc	TRIMONES - Siersdorf	3:50:17	M40	13	3:50:37 - 1:55:08	1:55:29		1974
74	110	Rautenberg Stefan	A.Schulman GmbH	3:49:20	M45	21	3:50:45 - 1:49:57	2:00:47		1967
75	141	Van Nuenen Dr. Jan	*Utrecht	3:52:20	M65	1	3:52:26 - 1:53:49	1:58:36		1948
76	82	Löhr Stefan	LT Hertha Buschhoven	3:52:30	M45	22	3:53:10 - 1:52:35	2:00:34		1970
77	134	Tenckhoff Dr. Jürgen	Hennef	3:53:56	M60	4	3:54:04 - 1:48:44	2:05:19		1955
78	177	Nota Dr. Jan Willem	IJrun	3:54:02	M40	14	3:54:06 - 1:53:14	2:00:52		1973
79	247	Van Loo Christian	*Brühl	3:53:44	M55	6	3:54:11 - 1:56:05	1:58:06		1959
80	148	Wurbach Patric	GK-Runners	3:53:24	M40	15	3:54:14 - 1:53:50	2:00:24		1971
81	109	Ratzmer Andreas	*Duesseldorf	3:52:22	M50	15	3:54:17 - 2:01:15	1:53:02		1965
82	195	Christoph Tim	1./FschJgBtl 261	3:53:50	M30	8	3:54:53 - 1:50:13	2:04:40		1982
83	81	Loeber Ralf	*Duesseldorf	3:54:51	M35	9	3:55:21 - 1:49:50	2:05:30		1977
84	189	Van Veenendaal Dr. Mart	IJrun	3:55:20	M40	16	3:55:24 - 1:53:14	2:02:10		1975
85	86	Masermann Dietmar	Team Talanx	3:55:24	M55	7	3:55:29 - 1:46:34	2:08:54		1959
86	34	Förster Frank	TriSchlumpfTeam	3:54:57	M40	17	3:55:33 - 1:53:50	2:01:42		1971
87	214	Kimmerle Helmut		3:55:42	M55	8	3:56:57 - 1:57:54	1:59:02		1958
88	103	Pfannenschmidt Timo	LC Weilerswist	3:56:27	M45	23	3:56:58 - 1:55:39	2:01:18		1966
89	152	Ascheberg Christoph	Gelegenheitstrinker n.e.V.	3:55:17	M20	4	3:57:02 - 1:59:15	1:57:46		1989
90	49	Heidchen Michael	VfL Engelskirchen	3:56:23	M60	5	3:57:08 - 1:54:56	2:02:11		1955
91	117	Rudewig Michael	Box-Club altena	3:57:41	M45	24	3:58:01 - 1:46:01	2:11:59		1966
92	240	Willers Arnd	Laufspezies Bochum	3:58:31	M45	25	3:59:11 - 1:49:50	2:09:20		1967
93	172	Mahler Frank	*Düsseldorf	3:58:54	M50	16	3:59:59 - 1:58:50	2:01:08		1963
94	32	Faulhaber Matthias	Unterwegs im Auftrag des H3	3:59:33	M40	18	3:59:59 - 1:52:02	2:07:56		1972
95	128	Spoden Migo	LC Duisburg	3:59:31	M55	9	4:00:15 - 1:52:16	2:07:58		1959
96	94	Müller Wolfgang	VfL Engelskirchen	3:59:47	M55	10	4:00:32 - 1:55:19	2:05:12		1956
97	39	Gompert Klaus	*Köln	4:01:01	M60	6	4:01:34 - 1:57:19	2:04:15		1952
98	244	Last Christoph	TSG Valbert	4:00:42	M35	10	4:02:05 - 2:06:07	1:55:57		1977
99	7	Angenendt Martin	*Xanten	4:01:54	M40	19	4:02:22 - 1:56:21	2:06:00		1972
100	206	Jiang Houping	Huawei	4:01:52	M20	5	4:02:29 - 1:41:22	2:21:07		1986
101	222	Wörnsdörfer Stefan	TV Refrath	4:03:17	M50	17	4:03:19 - 1:56:35	2:06:44		1961
102	138	Tischler Bernd	Adler-Langlauf Bottrop e.V.	4:03:58	M55	11	4:04:04 - 1:47:48	2:16:16		1959
103	73	Kröling Matthias	*Köln	4:03:46	M20	6	4:04:46 - 2:03:22	2:01:23		1989
104	36	Gasse Eckhard	*Wuppertal	4:03:51	M50	18	4:05:13 - 2:03:38	2:01:35		1961
105	114	Risch Joachim	*Köln	4:04:32	M60	7	4:05:20 - 2:02:55	2:02:25		1955
106	129	Steckel Manfred	TriathlonSteckelCologne	4:06:34	M60	8	4:06:59 - 2:03:34	2:03:25		1955
107	242	Lulay Werner	PRP Dattenberg	4:06:38	M50	19	4:07:48 - 1:55:54	2:11:54		1962
108	1849	Koschlitzki Norbert	Eintracht Duisburg 1848	4:07:35	M40	20	4:07:52 - 2:02:27	2:05:25		1971
109	162	KAN WEN CHIN	*TAINAN	4:08:06	M55	12	4:08:34 - 1:58:32	2:10:02		1956
110	137	Thies Dirk	*Dormagen	4:07:46	M50	20	4:09:05 - 2:11:47	1:57:17		1965
111	66	Köhne Heinz-Werner	VfL Engelskirchen	4:09:10	M45	26	4:09:55 - 1:56:14	2:13:41		1968
112	200	Plass Ernst		4:10:00	M45	27	4:10:19 - 1:49:26	2:20:52		1968
113	145	Wittkämper Klaus	*Wuppertal	4:09:31	M65	2	4:10:52 - 2:03:39	2:07:13		1947
114	99	Nofftz Klaus	LLG St.Augustin	4:10:48	M55	13	4:12:09 - 2:11:46	2:00:22		1957
115	55	Hofmann Friedhelm	Hunsrück Marathon	4:11:06	M50	21	4:12:11 - 2:05:05	2:07:06		1965
116	161	Hübel Kai	*Bergisch Gladbach	4:12:04	M50	22	4:12:55 - 1:56:13	2:16:41		1965

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Pl.	Bruttozeit	HM1	HM2	Jahrgang
117	1092	Muehlhoff Martin	LKW Runenr	4:12:58	M50	23	4:13:34 - 2:05:20	2:08:13		1961
118	174	Masucci Ernesto	FINCANTIERI WARTSILA	4:13:28	M55	14	4:14:07 - 2:04:33	2:09:33		1960
119	179	Saidoshohadai Asaad	*cologne	4:14:16	M40	21	4:14:39 - 1:52:07	2:22:31		1973
120	135	Teuscher Mathias	*Lohmar	4:15:38	M50	24	4:16:02 - 2:06:19	2:09:43		1965
121	218	Daleki Uwe	SV Weitersburg	4:15:04	M45	28	4:16:04 - 2:03:29	2:12:35		1967
122	69	Krämer Kurt	Lt Gruiten-Neandertal	4:15:03	M40	22	4:16:12 - 2:01:12	2:15:00		1974
123	84	Mai Christian	SV Haldern Lauftreff	4:15:35	M50	25	4:16:19 - 2:00:37	2:15:42		1965
124	1848	Luther Mario	LG DUV	4:16:40	M50	26	4:16:57 - 2:00:44	2:16:13		1961
125	125	Schumacher Frank Micha	Die Shoemakers	4:17:45	M45	29	4:17:58 - 1:44:00	2:33:58		1968
126	107	Raabe Markus	Druckguss-Westfalen/TV O	4:18:47	M40	23	4:19:27 - 2:07:10	2:12:17		1974
127	70	Krätzer Andreas	Druckguss Westfalen	4:18:47	M40	24	4:19:27 - 2:07:10	2:12:17		1971
128	203	v.d.Weerd Jef		4:20:20	M50	27	4:20:47 - 1:57:12	2:23:34		1964
129	937	Stiltz Frank	LT Hennef/Sieg	4:21:10	M50	28	4:21:49 - 2:01:18	2:20:30		1961
130	231	Schmitz Siegfried	LT Schöllerhof Altenberg	4:22:18	M70	1	4:23:08 - 2:06:58	2:16:10		1945
131	219	Klens Thomas		4:22:51	M40	25	4:23:17 - 1:56:46	2:26:31		1972
132	47	Hahn Michael	*Bonn	4:23:55	M40	26	4:24:25 - 2:09:22	2:15:03		1974
133	202	Groß Michael	Ultra Team Tortour	4:25:42	M45	30	4:25:49 - 1:51:09	2:34:39		1970
134	230	Damerow Raymond	Ford FCSD	4:26:31	M55	15	4:26:54 - 1:59:12	2:27:42		1957
135	127	Söllner Michael	ohne	4:26:01	M45	31	4:27:55 - 2:13:13	2:14:41		1967
136	185	Szklorz Christoph	*Münster	4:27:27	M45	32	4:27:59 - 2:03:38	2:24:20		1966
137	180	Schneider Robert	*Köln	4:27:22	M45	33	4:28:40 - 2:10:17	2:18:22		1969
138	118	Sanno Martin	Prosecco-Lauf	4:27:40	M55	16	4:28:56 - 2:14:54	2:14:01		1959
139	213	Wenzel Christoph	100 Marathon Club	4:30:33	M55	17	4:31:47 - 2:10:07	2:21:39		1960
140	142	Vogel Jörg	*köln	4:30:41	M45	34	4:32:06 - 2:06:53	2:25:12		1969
140	1399	Lechelt Stefan	Runtastic Laufgruppe	4:30:40	M40	27	4:32:06 - 2:06:48	2:25:17		1975
142	75	Kruell Dr. Joey	world record run for schumi	4:32:13	M45	35	4:32:36 - 2:05:00	2:27:36		1968
143	167	Latz Markus	Nedbank RC Johannesburg	4:34:03	M35	11	4:34:18 - 2:01:24	2:32:54		1977
144	164	Labunski Frank David	*Münster	4:33:41	M20	7	4:34:52 - 2:11:09	2:23:42		1994
144	181	Seidel Sebastian	*Düsseldorf	4:33:41	M20	7	4:34:52 - 2:11:09	2:23:42		1991
146	194	Tomakidi Thomas		4:34:46	M50	29	4:36:14 - 2:10:12	2:26:02		1961
147	171	Luther Heiko	Ermreuth	4:35:38	M45	36	4:36:14 - 2:01:24	2:34:50		1966
148	116	Rohland Bernd	PSV Bonn Triathlon	4:35:16	M55	18	4:37:03 - 2:11:02	2:26:01		1960
149	60	Junker Gerd	100 Marathon Club	4:36:12	M55	19	4:37:33 - 2:12:08	2:25:24		1956
150	238	Ley Helmut	Homberger TV	4:37:42	M65	3	4:39:25 - 2:08:14	2:31:11		1946
151	232	Bremer Andreas	Tri Team TG Witten	4:38:59	M55	20	4:39:49 - 2:12:09	2:27:39		1956
152	228	Wattenbach Manfred	*Köln	4:38:31	M50	30	4:40:17 - 2:11:39	2:28:37		1962
153	25	Dilling Peter	TriSchlumpfTeam	4:41:13	M50	31	4:41:49 - 2:09:20	2:32:29		1964
154	12	Barthold Manfred	Post SV Chemnitz	4:44:19	M70	2	4:46:13 - 2:21:12	2:25:01		1943
155	1098	Ilges Dr. Volkmar	Comrades Grandmaster	4:46:06	M60	9	4:47:26 - 2:18:59	2:28:26		1953
156	197	Burgmer Marco		4:46:57	M30	9	4:48:11 - 2:10:18	2:37:53		1982
157	196	Schoppeit Tim		4:46:57	M20	9	4:48:12 - 2:10:20	2:37:51		1987
158	226	Laig Uwe	TV Hohne	4:48:25	M55	21	4:49:36 - 2:19:20	2:30:16		1957
159	15	Binias Jürgen	LC-Duisburg	4:49:56	M55	22	4:50:39 - 2:13:59	2:36:39		1960
160	90	Mintgen Dietmar	100 MC / TEA	4:55:40	M60	10	4:56:46 - 2:14:05	2:42:41		1954
161	236	Lempken Uwe	Homberger TV	4:55:15	M50	32	4:56:59 - 2:16:25	2:40:33		1961
162	29	Dworeck Alexander	Run Squad Cologne	4:57:38	M40	28	4:58:49 - 2:18:09	2:40:40		1975
163	14	Bergerhausen Sascha	Fc St. Pauli Marathon	5:00:46	M40	29	5:02:31 - 2:20:07	2:42:23		1972
164	38	Goletz Hermann	TUS Alstaden 1887/97	5:06:11	M60	11	5:07:50 - 2:24:11	2:43:39		1952
165	71	Kreis Manfred	NEW SG 26 Mönchenglad	5:18:01	M55	23	5:19:54 - 2:07:38	3:12:15		1958
166	96	Neumann Bernd	Marathon4you.de	5:18:39	M60	12	5:20:34 - 2:23:48	2:56:45		1951

**RUN GREEN - 41. Königsforst Marathon**  
**am 15. März 2015 in Bergisch Gladbach Bensberg**  
**Marathon - Wertung**

**Frauen**

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Pl.	Bruttozeit	HM1	HM2	Jahrgang
1	209	Otto Carmen	Brooks Running Team	3:19:06	W40	1	3:19:12	1:31:18	1:47:54	1975
2	1097	Staeves Anne	LG Trampeltier	3:22:36	W45	1	3:22:45	1:36:56	1:45:48	1968
3	53	Hoffmann-Lenz Natalie	*Brühl	3:29:16	W40	2	3:29:35	1:45:59	1:43:35	1971
4	245	Seidel Renate	*Eppstein	3:33:34	W50	1	3:33:44	1:45:40	1:48:04	1963
5	16	Braun Marion	SV Germania Eicherscheid	3:33:58	W55	1	3:34:15	1:46:13	1:48:01	1957
6	1397	Baedeker Grit	STORM-Team Triathlon	3:44:10	W45	2	3:44:49	1:52:46	1:52:02	1970
7	24	Diawouh Annabel	Vfl Engelskirchen	3:47:39	W20	1	3:47:54	1:42:29	2:05:24	1989
8	93	Müller Kristin	TSG TreeTops Neuenhain	3:51:17	W40	3	3:51:52	1:56:23	1:55:29	1975
9	79	Libuda Anke	BSG Springorum Bochum	3:52:59	W35	1	3:53:25	1:55:56	1:57:29	1979
10	248	Daleki Stephanie	SV Weikersburg	3:59:58	W40	4	4:00:58	1:58:15	2:02:42	1971
11	124	Schneiders Daniela	*Bergisch Gladbach	3:59:19	W40	5	4:01:04	1:58:36	2:02:28	1971
12	702	Hellwig Dr. Sabine	*Alfter	4:05:35	W45	3	4:05:59	2:04:58	2:01:00	1967
13	241	Conrad Kerstin	LG Falkenberg	4:07:19	W40	6	4:08:39	2:11:51	1:56:48	1971
14	1396	Hein Kerstin	Sportshop Triathlon Team	4:10:12	W35	2	4:10:27	1:57:14	2:13:13	1977
15	131	Strack Marion	Hansi Runners	4:10:44	W45	4	4:11:51	1:55:56	2:15:55	1967
16	28	Dreyer Alex	SFD75 Düsseldorf	4:11:46	W40	7	4:12:09	2:04:51	2:07:18	1971
17	4	Schickel Pia	*Köln	4:12:05	W35	3	4:12:58	1:59:04	2:13:53	1980
18	173	Martini Gudrun	FINCANTIERI WARTSILA	4:13:29	W45	5	4:14:07	2:04:33	2:09:33	1968
19	123	Schmitz Jutta	*Lohmar	4:15:39	W45	6	4:16:02	2:06:18	2:09:43	1968
20	223	Ney Nicole		4:19:31	W45	7	4:20:43	2:13:12	2:07:30	1969
21	229	Wahl Susanne		4:20:54	W45	8	4:22:39	2:11:39	2:11:00	1968
22	143	Wedde Katja	LG Monheim/Baumberg	4:24:39	W45	9	4:25:33	2:10:19	2:15:13	1968
22	940	Stark Stephanie		4:24:40	W50	2	4:25:33	2:10:19	2:15:13	1965
24	234	Köhn Gabriele	Running Friends Bedburg	4:30:57	W50	3	4:32:15	2:15:13	2:17:01	1964
24	235	Bremer Ulrike	Running Friends Bedburg	4:30:57	W55	2	4:32:15	2:15:13	2:17:01	1958
26	243	Braun Anette		4:36:49	W55	3	4:38:30	2:15:13	2:23:17	1958
27	1099	Ilges Vera	Skinny Bergheim 02	4:46:06	W45	10	4:47:26	2:18:59	2:28:26	1967