

# 35. Königsforst-Marathon - TEAMSOFT-Sportzeit

Ergebnisse Königsforst-Marathon, 28.03.2009

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info@trackmyrace.com

Platz	St.-Nr.	m/w	Nat.	Verein	AK	AK-Pl.	m/w-Pl.	Zeit
1	4705	m		Jungbluth, Uwe	Kölner Triath...	MHK	1	02:41:56.8
2	4700	m		Lenz, Wolfgang	Rhein-Marathon...	M40	2	02:45:25.4
3	4708	m		Dietrich, Frank	MT Melsungen	M30	3	02:46:29.1
4	4627	m		Leffers, Matthias	LLG 80 Nordpark ...	M40	4	02:53:27.7
5	4671	m		Sieja, Marcin	Agros Zary	M45	5	02:55:21.1
6	4097	m		Jahner, Detlef	Wiehltales LC	M45	6	02:57:26.3
7	4632	m		Zander, Ingo	DLC Aachen	M30	7	02:58:46.4
8	4669	m		Bodenstein, Kai-Uwe	TSV Rönsahl	M40	8	03:00:17.6
9	4056	m		Winkler, Ingolf	TG Neuss	M35	9	03:03:17.5
10	4680	m		Hofmann, Erhard	RSV Osthelden	M50	10	03:04:09.5
11	3899	m		Köhler, Benjamin	Gf Runner	MHK	11	03:07:14.3
12	4090	m		Lämmlein, Franz	LLG St. Augustin	M55	12	03:08:55.2
13	4622	m	ITA	Speciale, Michele	Verona	M35	13	03:12:11.8
14	4100	m		Söhngen, Sascha	fat-tire-flyer...	M35	14	03:12:22.5
15	4605	m		Dendal, Didier	Lüttich	M45	15	03:14:23.2
16	4644	m		Slabon, Raimund	DUV	M45	16	03:16:17.2
17	4649	m		Knauf, Albert	LG Mützenich	M45	17	03:18:24.1
18	4696	m		Deli, Housein	RT Wind Immo...	M30	18	03:19:17.3
19	4715	m		Michels, Harry	Team Erdinger ...	M40	19	03:21:54.2
20	4679	m		Helfenstein, Willy	SG Neunkirchen...	M50	20	03:22:41.0
21	4666	m		Hammelsheim, Stefan	Langerfeld	M45	21	03:22:46.6
22	4662	w		Staeves, Anne	LG Trampeltier	W40	1	03:22:53.7
23	4631	m		Hagel, Thomas	DJK Gillrath 1911	M45	7	03:22:57.2
24	4040	m		Küpper, Dr. Lukas	DLC Aachen	M40	5	03:23:20.6
25	4006	m		Schuler, Wolfgang	Kölner Triath...	M35	4	03:24:33.8
26	4628	m		Kaufmann, Rolf	TV Attendorn	M45	8	03:26:02.5
27	4033	m		Michollek, Wolfgang	GSV Porz	M45	9	03:26:42.1
28	4633	w		Croon, Agnes	Europaläufer ...	W45	1	03:26:44.2
29	4031	m		Baarth, Oliver	Team Erdinger ...	M35	5	03:27:22.5
30	4080	m		Martin, Michael	Seaford Striders	M50	3	03:27:32.2
31	4017	m		Rocholl, Lutz	Remscheid	M45	10	03:27:55.6
32	4620	w		Beisenherz, Susanne	Susanne-beisen...	W35	1	03:28:40.7
33	4011	m	USA	Johnston, Robert	Vilseck	MHK	3	03:28:44.0
34	4706	m	POL	Michalski, Artur	Warschau	M45	11	03:29:00.7
35	4714	m		Wallesch, René	100 Marathon Club	M35	6	03:29:04.0
36	4731	m	BEL	Meert, Frank	Sparta Vilvoorde	M40	6	03:29:15.2
37	4216	m		van Hiel, Paul	Atlemo	M35	7	03:29:19.0
38	4095	m		Wehling, Walter	Running TV Bed...	M45	12	03:29:29.8
39	4699	m		Halder, Roland	TPSK Triathlon	M35	8	03:30:03.2
40	4617	m		Breuer, Andreas	LG RWE Power	M45	13	03:31:32.8
41	4690	m		Butz, Andreas	Team Laufcampus	M40	7	03:31:33.1

42	4025	m		Schroten, Horst	Tivoli Rock Aa...	M40	8	39	03:32:42.4
43	4085	m		Pötzsch, Klaus	Passtschon 98	M45	14	40	03:32:46.7
44	4030	m		Keil, Andreas	Mettmann	M40	9	41	03:33:17.4
45	4647	m		Lulay, Werner	Rheinfeil Dutt...	M45	15	42	03:34:00.0
46	4522	m		Jago, Andreas	LG Monheim-Bau...	M45	16	43	03:34:46.7
47	4685	m		Hoffmann, Norbert	LT Alpenrod-Lo...	M70	1	44	03:34:53.6
48	4067	m		Reuter, Carsten	Accu-Check Team	M40	10	45	03:35:00.5
49	4709	m		Lamboy, Robert	Bergisch Gladbach	M40	11	46	03:35:04.7
50	4625	m		Göktan, Erhan	LC Duisburg	M40	12	47	03:37:24.1
51	4630	m		Nofftz, Klaus	Neukirchener TV	M50	4	48	03:37:32.7
52	4004	m		Orfgen, Rainer	Wellcome Sport...	M40	13	49	03:38:40.8
53	4729	w		Kaufmann, Anja	VfL Engelskirchen	W40	2	4	03:38:41.5
54	4607	w		Knops, Petra	Maastricht	W50	1	5	03:38:52.3
55	4029	m		Schmidt, Uwe	Tauberbischofs...	M40	14	50	03:39:50.7
56	4062	m		Schultheis, Thomas	DJK Elmar Kohl...	M35	9	51	03:40:53.7
57	4615	m		Schürmann, Rolf-Bernd	DUV	M40	15	52	03:41:35.1
58	4643	m		Kolonko, Peter	Marathon Club ...	M40	16	53	03:41:55.0
59	4721	m		Reucher, Marc Wilhelm	Köln	M40	17	54	03:42:03.2
60	4645	m		Splitzgerber-Bertenburg, Reinh	Solingen	M55	2	55	03:42:27.1
61	4692	m		Lückenbach, Michael	AWACS Runners	M35	10	56	03:42:55.1
62	4727	m		Köhne, Heinz-Werner	VfL Engelskirchen	M40	18	57	03:43:14.8
63	4048	m		Kruse, Jochen	LT Hemsbach	M40	19	58	03:43:26.2
64	4725	m		Rings, Sebastian	Jülich	M45	17	59	03:44:41.2
65	4653	m		Vatter, Roland	DAV Köln	M45	18	60	03:45:07.3
66	3900	m		Kraume, Ulrich	LT SV Westum	M45	19	61	03:45:23.0
67	4661	m		Gelius-Laudam, Lorenz	Run 4 Fun Köln EV	M40	20	62	03:45:36.0
68	4168	m		Podzus, Horst	Overath	M45	20	63	03:45:36.7
69	4014	m	ITA	Stampfer, Hartmann	ASV Völs am S...	M45	21	64	03:45:42.2
70	4076	m		Adrian, Stephan	LT Lousberg	M35	11	65	03:46:11.3
71	4081	m		Fuß, Heiko	LT Lousberg	M30	4	66	03:46:11.8
72	4681	m		Palm, Dirk	TV Obermaubach	M35	12	67	03:46:31.5
73	4626	m		Schurna, Udo	LT Haumannplat...	M50	5	68	03:46:58.3
74	4087	m		Cellar, Andreas	LV Marathon M...	M45	22	69	03:47:20.6
75	4686	m		Mattern, Franco	Neusser SV	M45	23	70	03:47:30.7
76	4020	m		Vermaeten, Uwe	Harry-Brot	M45	24	71	03:47:48.6
77	4074	m		Kimmerle, Helmut	Bergisch Gladbach	M50	6	72	03:47:55.0
78	4003	m		Strippel, Thomas	BSG Deutsche Bank	M40	21	73	03:48:40.3
79	4642	m		Glasmeyer, Gerhard	Marathon Club ...	M55	3	74	03:49:17.0
80	4054	m		Krist, Norbert	Rheinhöhenlauf	M50	7	75	03:49:23.3
81	4691	m		Gülpen, Ralf	Wadu Geilenkir...	M40	22	76	03:49:33.8
82	4676	m		Sindorf, Heinz	TV Rommerskirchen	M65	1	77	03:49:44.0
83	4726	m		Pohler, Andreas	VfL Engelskirchen	M35	13	78	03:49:52.7
84	4663	m		Winkelmann, Sven	LG Donatus	M35	14	79	03:50:14.5
85	4026	m		Pretorius, Dirk	LG Donatus Erf...	M40	23	80	03:50:14.7
86	4704	m		Radzuweit, Thomas	100 Marathon Club	M40	24	81	03:50:37.0
87	4655	m		Luther, Mario	Delta Ultra ML	M45	25	82	03:50:37.8

88	4524	m		van Som, Armout	After	M40	25	83	03:50:58.7
89	4045	m		Minzenmay, Daniel	Dinslaken	M35	15	84	03:50:59.9
90	4061	m		Werbonat, Jens	DUV	M35	16	85	03:51:00.0
91	4614	m		Rens, Gert	B.O.R.I.S.	M40	26	86	03:51:22.3
92	4093	m		Rôth, Dr. Ing. Edwin	50 States Marath...	M55	4	87	03:52:07.1
93	4041	m		Flach, Torsten	ASV LT Kemperdick	M45	26	88	03:52:53.6
94	4687	m		Eicher, Horst	LT Ultra Heinis	M55	5	89	03:53:03.2
95	3898	m		Ruthmann, Ludger	Bergisch Gladbach	M45	27	90	03:53:05.2
96	4044	m		Grauke, Tobias	Ratingen	M45	28	91	03:53:20.1
97	4049	m		Schmidt, Achim	Bergheim	M40	27	92	03:53:21.7
98	4639	m		Kirschsieper, Lothar	TURA Remscheid...	M60	1	93	03:53:49.5
99	4634	m		Schmölders, Hans	Europaläufer ...	M55	6	94	03:53:53.2
100	4694	m		Brennert, Kurt	Dormagen	M60	2	95	03:54:00.8
101	4075	m		Belke, Hermann-Josef	ASC Schmallenberg	M45	29	96	03:54:34.6
102	4039	m		Hoffmann, Christoph	Köln	M45	30	97	03:54:40.0
103	4659	m	BEL	Pinckers, Francis	Gemmenich	M45	31	98	03:54:58.7
104	4091	m		Steffgen, Reiner	Tri Post Trier	M45	32	99	03:55:08.3
105	4641	m		Schneider, Friedhelm	TV Sahn Kapellen	M45	33	100	03:55:32.2
106	4712	m		Gießler, Wolfram	Wuppertal	M50	8	101	03:56:39.1
107	4683	m		Thielen, Jochen	Schalke 04	M45	34	102	03:56:51.3
108	4654	m		Decker, Andreas	Meddys LWT Kob...	M35	17	103	03:56:53.2
109	4682	m		Rehbach, Christoph	Düsseldorf	M30	5	104	03:57:22.1
110	4098	m		Richter, Andreas	Grashüpfer Köln	M35	18	105	03:57:28.2
111	4624	m		Henke, Dr. Volkmar	LG Rheine-Eltl	M65	2	106	03:57:30.2
112	4623	m		Tonhäuser, Gottfried	LTV Erfurt	M60	3	107	03:57:59.1
113	4019	m		Bernath, Wolfgang	marathon4you.de	M50	9	108	03:58:41.3
114	4732	m	BEL	Declercq, Michael	Sparta Vilvoorde	M35	19	109	03:58:50.6
115	4688	m		Hallerbach, Georg	LC Duisburg	M50	10	110	03:58:54.6
116	4674	m		Wilczek, Markus	Krefeld	M30	6	111	03:59:02.2
117	4013	m		Kotysch, Christian	Tri Club Wuppe...	M35	20	112	04:00:23.7
118	4523	m		Balzer, Reinhold	Ratingen	M50	11	113	04:01:21.8
119	4525	m		Gieraths, Hans-Peter	LT SV Uestam	M45	35	114	04:01:44.0
120	4060	m		Nießén, Dieter	Jülich	M45	36	115	04:02:42.2
121	4043	m		Ley, Helmut	Homberger TV	M60	4	116	04:02:58.6
122	4698	m		Busch, Ludger	Remscheid	M45	37	117	04:03:34.8
123	4082	m		Barth, Bruno	Alemannia Aachen	M55	7	118	04:05:30.6
124	4053	m		Dieck, Peter	DJK Marienstatt	M45	38	119	04:05:58.7
125	4621	m		Hastenrath, Paul-Josef	Dauerlaufschul...	M50	12	120	04:06:09.0
126	4088	m		Dürr, Gerd	LLG St. Augustin	M55	8	121	04:06:39.2
127	4678	m		Säßmann, Georg	Lg Loofsöck	M40	28	122	04:07:54.7
128	4077	m		Köster, Manfred	Gelsenkirchen	M50	13	123	04:08:11.1
129	4016	m		John, Gerd	www.vilvo.de	M45	39	124	04:08:17.3
130	4521	m		Theissen, Markus	LG Mützenich	M45	40	125	04:08:28.7
131	4635	m		Loepke, Wilhelm	TVE Bad Münst...	M50	14	126	04:08:45.0
132	4057	m		Hanner, Helmut	LT FC 06 Rurdorf	M35	21	127	04:09:13.0
133	4650	m		Hanke, Volker	Bergisch Gladbach	M40	29	128	04:09:15.5

134	4022	m		Pedretti, Devid	Odenthal	M35	22	129	04:09:23.3
135	4073	m		Lenartz, Thomas	Düren	M45	41	130	04:09:27.6
136	4660	m		Keuchel, Joachim	BSG Delphi Dra...	M40	30	131	04:09:46.3
137	4619	m		Lempken, Uwe	Homberger TV	M45	42	132	04:11:25.9
138	4651	w		Rausch, Anne	Köln	WHK	1	6	04:12:21.3
139	4059	m		Finkensiep, Ing. Dirk	LWT Ümminger ...	M50	15	133	04:12:33.4
140	4051	m		Theobald, Sebastian	Lindlar	MHK	4	134	04:13:18.5
141	4046	m		Ehrenberger, Dieter	LT Hemsbach	M45	43	135	04:15:23.7
142	4648	m		Kreis, Manfred	SG NVV Mönche...	M50	16	136	04:15:43.8
143	4689	m		Luerweg, Heinz	SV Lembeck	MHK	5	137	04:15:49.4
144	4724	m		Zirkwitz, Hans-Walter	von 0 auf 42	M55	9	138	04:16:02.1
145	4047	w		Bobbert, Annette	LA Fortuna 1895	W40	3	7	04:16:40.1
146	4722	m		Czogalla, Christoph	Hürth	M45	44	139	04:17:55.3
147	4135	m		Peter, Werner	Hennef	M45	45	140	04:17:55.5
148	4050	m		Henssler, Rolf	Wiehl	M35	23	141	04:18:55.1
149	4065	m		Bonekämper, Frank	TV Witzhelden	M45	46	142	04:18:59.8
150	4038	m		Rösner, Karl-Ernst	TSV Hochdahl	M70	2	143	04:19:08.2
151	4002	m		Herkenhöner, Andreas	St. Augustin	M40	31	144	04:19:20.6
152	4058	m		Herzog, Peter	Mönchengladbach	M45	47	145	04:19:44.1
153	4711	m		Wolnarek, Holger	LT Hagen-Emst	M30	7	146	04:20:44.8
154	4068	m	TÜR	Sanri, Ing. Osman	Rösrath	M50	17	147	04:20:49.7
155	4069	w		Pyschny, Anke	TV Witzhelden	W40	4	8	04:21:31.6
156	4673	w		Scholz, Christa	Germania 07 Dür...	W55	1	9	04:22:42.1
157	4609	m		Vost, Willy	Köln	M55	10	148	04:23:47.0
158	4610	m		Fritz, Rainer	VfL Engelskirchen	M45	48	149	04:24:10.2
159	4099	m		Rathgeber, Dieter	TuS Bruchhausen	M60	5	150	04:24:12.1
160	4720	m		Hübel, Dr. Kai	Bergisch Gladbach	M40	32	151	04:24:23.5
161	4684	m		Kaisers, Wolfgang	Düsseldorf	M45	49	152	04:24:39.7
162	4652	m		Rausch, Martin	Köln	M55	11	153	04:25:16.1
163	4703	m		Honsel, Werner	TV Witzhelden	M50	18	154	04:26:16.0
164	4702	m	POL	Bajkowski, Marek	Warschau	M50	19	155	04:26:40.3
165	4664	m		Voegelin, Christoph	Adler-Langlauf...	M45	50	156	04:28:04.7
166	4646	w		Zadiow, Susi	Adler-Langlauf...	W40	5	10	04:28:37.1
167	4608	m		Artz, Richard	TV Witzhelden	M60	6	157	04:29:05.0
168	4723	m		Westen, Lothar	LC Duisburg	M50	20	158	04:32:22.7
169	4637	m		Mels, Stefan	LC Duisburg	M45	51	159	04:32:23.1
170	4611	m		Petermann, Olaf	Guths Muths RLV	M50	21	160	04:33:01.1
171	4675	m		Soovignier-Kammerer, Walter	Germania 07 Dür...	M65	3	161	04:33:56.0
172	4668	m		Schreiber, Dieter	Der Flotte Kar...	M45	52	162	04:33:58.5
173	4677	m		Robertz, Hermann Josef	Lg Loofsöck	M60	7	163	04:34:00.7
174	4094	m	JAP	Ishida, Prof. Dr. Masafumi	Team 2 in 1	M35	24	164	04:36:39.8
175	4713	w		Heidenreich, Susanne	LC Duisburg	W45	2	11	04:38:26.7
176	4693	w		Schneider, Sabine	100 Marathon Club	W45	3	12	04:38:44.7
177	4629	m		Schütte, Heinrich	100 Marathon Club	M50	22	165	04:44:44.7
178	4636	m		Steinbach, Jürgen	LC Duisburg	M50	23	166	04:45:16.1
179	4001	m		Jacobs, Klaas-Steffen	LG Badewanne	M50	24	167	04:45:24.8

180	4670	m		Klein, Norbert	Europaläufer ...	M40	33	168	04:46:06.7
181	4701	m		Reinhardt, Frank	Köln	M45	53	169	04:47:15.2
182	4697	m		Holz, Michael	Saucony Bonn	M40	34	170	04:47:29.1
183	4092	m		Spanier, Volker	SC Myhl	M50	25	171	04:47:38.2
184	4707	m		Falkner, Gerhard	LT Reinbek	M70	3	172	04:49:11.5
185	4063	m	CAN	Gagnon, Robert Andre	Jakours Chicou...	M60	8	173	04:49:13.5
186	4010	m		Rummert, Horst	Aachen	M50	26	174	04:49:32.2
187	4658	m		Bernard, Johann	ASC Schmallenb...	M55	12	175	04:51:00.3
188	4089	m		Menzel, Wolfgang	LLG St. Augustin	M50	27	176	04:51:45.6
189	4034	m		Binias, Jürgen	LC Duisburg	M45	54	177	04:53:13.5
190	4730	m		Vollenberg, Klaus	Schmallenberg	M60	9	178	04:53:14.3
191	4695	m		Krimmel, Walter	LG Donatus Erf...	M55	13	179	04:53:31.0
192	4616	m		Lubberich, Hartmut	Quick 2 Dirky W...	M50	28	180	04:57:44.8
193	4612	m		Sesterheim, Bernhard	100 Marathon Club	M60	10	181	04:57:55.5
194	4672	m		Corteyn, Serge	Bochum	M40	35	182	04:59:09.5
195	4037	w		Kanacherry, Shiney	Köln	W30	1	13	05:00:48.2
196	4036	m		Roth, Wolfgang	Köln	M40	36	183	05:00:48.7
197	4638	m		Lochmann, Daniel	Essen	M40	37	184	05:01:47.5
198	4583	m		Bittmann, Erik	SSV Dhünn	M40	38	185	05:02:18.1
199	4520	w		Urbach, Ingeborg	GSV Porz	W55	2	14	05:12:39.0
200	4606	w		Scheer, Karin	TV Klein-Wiede...	W60	1	15	05:12:49.7
201	4042	m		Sygulla, Bernd	Bensberg	M50	29	186	05:42:15.1