

35. Königsforst-Marathon - TEAMSOFT-Sportzeit

Ergebnisse Halbmarathon, 28.03.2009

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Platz	St.-Nr.	m/w	Nat.	Verein	AK	AK-Pl.	m/w-Pl.	Zeit
1	6972	m		Bullach, Andrej	LG Hückeswangen	M40	1	01:18:14.4
2	6872	m		Straulino, Fabian	ASC Darmstadt	MHK	2	01:19:53.9
3	6992	m		Schröder, Frank	Kamin-und Scho...	M40	3	01:20:22.9
4	7653	m		Körbs, Joe	www.laufen-lm-...	M40	4	01:20:33.7
5	6449	m		Kurth, Jürgen	Pulheimer SC	M45	5	01:20:49.5
6	6967	m		Neumann, Frank	Marienheide	M40	6	01:21:20.1
7	7605	m		Baum, Roland	SC Bayer 05 Uerd...	M55	7	01:21:20.8
8	4657	m		Leins, Sebastian	Kölner Triath...	MHK	8	01:21:28.1
9	6725	m	BEL	Teirbrood, Eddy	Sparta Vilvoorde	M45	9	01:21:31.5
10	7608	m		Willems, Winfried	DLC Aachen	M50	10	01:21:42.9
11	6884	m		Holthausen, Manfred	SSF Bonn	M40	11	01:21:50.2
12	2684	m		Kramer, Ulrich	SV Bergisch Gl...	M40	12	01:21:53.0
13	2676	m		Heise, Roland	LG Rheinbach	M45	13	01:22:12.6
14	6723	m	BEL	de Buysen, Paul	Sparta Vilvoorde	M50	14	01:22:36.1
15	2685	m		Koch, Thomas	Bochum	M40	15	01:22:46.1
16	6586	m		Pfolk, Dieter	Laufzentrum Ma...	M45	16	01:22:53.5
17	6729	m		Siebert, Ingo	RTB Remscheid	M45	17	01:23:02.5
18	6896	m		Singer, Michael	Rösrath	M40	18	01:23:03.1
19	6840	m		Raber, Andreas	Laufteam Höch...	MHK	19	01:23:28.3
20	2587	m		Nolte, Franz-Josef	Greif-Club	M45	20	01:23:40.8
21	7691	m		Denzer, Peter	TSV Rönsahl	M40	21	01:23:46.3
22	2598	m		Stoppenbach, Dietmar	Www.schneiderb...	M40	22	01:23:49.0
23	6626	m		Siemund, Sven	Köln	M35	23	01:23:50.0
24	2677	m		Michat, Jacky	Pulheimer SC	M50	24	01:23:58.1
25	6661	m		Wildner, René	MT Melsungen	M35	25	01:24:26.3
26	6694	m		Stöhr, Michael	SV09/35 Wermelskir...	M40	26	01:25:30.0
27	6345	m		Pietz, Frank	Rader Hobby Tr...	M30	27	01:25:43.3
28	6809	m		Flach, Gerhard	RTB/LG Remscheid	M55	28	01:26:08.0
29	6689	m		Fütterer, Marcus	ASC Düsseldorf	M40	29	01:26:10.3
30	7609	m		Theß, Rainer	DLC Aachen	M55	30	01:26:19.6
31	6869	m		Weber, Burkhard	Rott Runner Wu...	M45	31	01:26:20.1
32	2692	m		Stuij, Marco	Köln	M35	32	01:26:24.3
33	6817	m		Schlemper, Dirk	Aachen	M40	33	01:26:28.1
34	6873	m		Winter, Stefan	SC Komet Steck...	M40	34	01:26:31.1
35	6966	m		Wagner, Michael	TV 08 Lohmar	M45	35	01:26:46.6
36	6883	m		Wester, Bernd	SV Bergisch Gl...	M40	36	01:27:03.3
37	6333	m		Schiffers, Dr. Joachim	Aachener TG	M40	37	01:27:15.6
38	7615	m		Lohe, Matthias	Rockstore Wupp...	M45	38	01:27:18.3
39	6545	m		Knape, Michael	LG Gummersbach	MHK	39	01:27:59.8
40	6651	m		Tesch, Norbert	LLG St. Augustin	M50	40	01:28:12.3
41	6528	m		Horakh, Jörg	Lauftreff Deck...	M45	41	01:28:20.3

42	6441	m		Uelner, Uwe	LG Gummersbach	M45	11	42	01:28:57.3
43	6738	m		Schwarz, Manfred	VfL Engelskirchen	M50	5	43	01:28:57.5
44	6850	m		Graw, Boris	Luftwaffe	M40	17	44	01:29:07.1
45	6718	m		Späte, Florian	Hilden	M40	18	45	01:29:17.3
46	6994	m		Lorbach, Daniel	TuS Köln rrh.	MHK	5	46	01:29:19.2
47	6724	m	BEL	Wellens, Guido	Sparta Vilvoorde	M55	4	47	01:29:19.8
48	6946	m		Braun, Christof	SV Bergwacht R...	M40	19	48	01:29:22.6
49	6373	m		Lang, Andreas	LG Gummersbach	M45	12	49	01:29:29.0
50	6964	m		Putz, Harry	TV 08 Neunkirchen	M50	6	50	01:29:34.0
51	6984	m		Trautmann, Georg	HTC Schwarz-We...	MHK	6	51	01:30:25.3
52	6894	m		Vogtmüller, Moritz	DauerPower Ems	M35	4	52	01:30:31.1
53	6377	m		Weitzel, Sebastian	Shin-Splint-Re...	MHK	7	53	01:30:32.2
54	7607	m		Niemann, Daniel	Rt Wind Immobi...	M30	2	54	01:30:32.3
55	6553	m		Viol, Achim	TSV Burgberg	M50	7	55	01:30:44.3
56	6502	m		Brüning, Paul	Rheinhöhenlauf	M45	13	56	01:30:50.1
57	6879	m		Blöcker, Thomas	Meckenheim	M45	14	57	01:31:01.6
58	2679	m		Buttighoffer, Mathieu	ASV Köln Tria...	M35	5	58	01:31:17.0
59	6897	m		Staute, Volker	Tri Power Rhei...	M45	15	59	01:31:22.0
60	6808	m		Müller, Thomas	Lauftreff Pude...	M30	3	60	01:31:27.3
61	6842	m		Rombach, Rudolf	SV Bergwacht R...	M40	20	61	01:31:47.6
62	6591	m		Schneider, Jürgen	TuS 07 Oberlar	M45	16	62	01:31:54.3
63	6871	m		Straulino, Jürgen	ASC Darmstadt	M50	8	63	01:32:16.1
64	6518	m		Gemein, Wolfgang	Rheinhöhenlauf	M45	17	64	01:32:19.5
65	6666	m		Dalchow, Dieter	Leverkusen	M45	18	65	01:32:24.1
66	6989	m		Paulitschke, Wilfried	LAZ Puma Bonn ...	M50	9	66	01:32:25.0
67	4640	m		Wember, Tobias	KTT01	MHK	8	67	01:32:33.8
68	6975	m		Wichmann, Thomas	Lauftreff Köl...	M40	21	68	01:32:35.5
69	7660	m		Spielmanns, Dr. Marc	Laufmonster.de	M45	19	69	01:33:14.6
70	6394	m		Dicken, Dirk	München	M50	10	70	01:33:19.3
71	6370	m		Schütt, Tobias	Düsseldorf	M30	4	71	01:33:24.1
72	7658	m		Grebe, Rüdiger	Skiclub Olpe	M45	20	72	01:33:26.1
73	6453	m		Kings, Robin	Pulheim	M35	6	73	01:33:39.6
74	6846	m		Kähler, Frank	Eifort	M45	21	74	01:33:43.3
75	6845	m		Boecker, Walter	Remscheid	M50	11	75	01:33:46.1
76	6664	m		Baltes, Achim	Köln-Porz	M30	5	76	01:33:50.3
77	6959	m		Schmidt, Alexander	DJK Gummersbach	M35	7	77	01:33:52.6
78	6892	m		Rönn, Thomas	Malta-Crew	MHK	9	78	01:34:08.5
79	6562	m		Natzheim, Ralf	Troisdorf	M45	22	79	01:34:34.1
80	6447	m		Schulte, Tobias	Bergsportverei...	MHK	10	80	01:34:52.6
81	6654	m		Neitzel, Achim	LLG St. Augustin	M45	23	81	01:34:57.1
82	6890	m		Pillatzke, Robert	BSG Evonik Wes...	M40	22	82	01:34:58.8
83	6868	m		Juhen, Andre	Gelsenkirchen	M30	6	83	01:35:18.6
84	6647	m		Bolte, Norbert	Lauffreunde Eigen	M50	12	84	01:35:19.5
85	6557	m		Sickmann, Christian	SF Ennepetal	M40	23	85	01:35:24.4
86	6519	m		Krause, Eckhard	TV Refrath	M40	24	86	01:35:30.3
87	6681	w		Funke, Jacqueline	ASC Düsseldorf	W35	1	1	01:35:34.3

88	6366	m		Schneider-Foitzik, Paul	Pulheim	M55	5	87	01:35:47.1
89	6523	m		Jener, Marius	MJ Power	M35	8	88	01:35:57.6
90	6825	m		Kullmann, Thomas	BSC Evonik Wes...	M40	25	89	01:36:01.6
91	6848	m		Röttgen, Wolfgang	DJK Wipperfeld	M40	26	90	01:36:20.8
92	6820	m		Oppermann, Eckhard	Königswinter	M50	13	91	01:36:26.8
93	6375	m		Friedeler, Thomas	Hilden	M45	24	92	01:36:28.0
94	6611	m		Sauer, Udo	Greif Club	M45	25	93	01:36:37.3
95	6548	m		Wichmann, Jörg	Rösrath	M50	14	94	01:36:51.0
96	6461	m		Müller, Klaus	LT Foto Team	M45	26	95	01:36:55.0
97	6384	m	GBR	Ruff, Stephen	Leichlingen	M40	27	96	01:37:02.4
98	7659	m		Heitkamp, Michael	SV AXA	M45	27	97	01:37:09.5
99	6920	m		Zager, Dirk	Union Blau-Wei...	M50	15	98	01:37:12.3
100	6841	m		Steffen, Martin	Viktoria Huppe...	M55	6	99	01:37:16.8
101	6982	m		Kröger, Burkard	LF Heggen	M45	28	100	01:37:19.5
102	6721	m		Offergeld, Jörg	TV Obermaubach	M35	9	101	01:37:21.6
103	6431	m		Thieme, Patrick	Triple Pain	M30	7	102	01:37:24.5
104	4032	m		Roggemann, Jan	RSV Rath Heumar	MHK	11	103	01:37:25.3
105	6726	m	BEL	Vloeberghs, Marc	Sparta Vilvoorde	M60	1	104	01:37:31.0
106	6955	m		Scherbaum, Ralph	LTD Köln-Dell...	M45	29	105	01:37:31.1
107	6856	m		Pixberg, Dr. Martin	SV BG	M45	30	106	01:37:31.3
108	6753	w		van Hüüt, Annika	TuS Xanten	WJugA	1	2	01:37:40.1
109	6695	m		Thivissen, Jan	Mönchengladbach	MHK	12	107	01:37:44.7
110	6623	m		Krutmann, Andreas	Elsdorf	M50	16	108	01:37:46.6
111	6633	m		Hagemann, Udo	Burscheid	M35	10	109	01:37:55.5
112	6732	m		Klix, Detlef	Monheim	M45	31	110	01:38:06.1
113	6476	m		Van Ooyen, Jürgen	Krefeld	M50	17	111	01:38:10.5
114	6891	m		Olbricht, Uwe	Köln	M45	32	112	01:38:12.8
115	6588	m		Schilling, Marcel	Langenfeld	MHK	13	113	01:38:21.9
116	2665	m		Borsbach, Hermann-Josef	TV Hoffnungsthal	M50	18	114	01:38:31.8
117	6821	m		Schnabel, Thomas	Tura Süd Rems...	M45	33	115	01:38:52.6
118	6804	m		Stupak, Andrey	SV Bergisch Gl...	M35	11	116	01:39:05.5
119	7661	m		Patzke, Stefan	Aachen	M30	8	117	01:39:06.8
120	6719	m		Oelze, Heiko	Kaarst	M50	19	118	01:39:08.8
121	6308	m		Bender, Matthias	SG Deutsche Bank	M50	20	119	01:39:09.6
122	6837	m		Ziegler, Michael	Marathon Finan...	M45	34	120	01:39:22.6
123	6878	m		Mantsch, Hans	LF Jennecken	M40	28	121	01:39:24.8
124	4084	m		Schmitz, Christoph	Poppy Runners	M40	29	122	01:39:25.6
125	6807	m		Gobet, Christian	Lauftreff Pude...	M50	21	123	01:39:37.8
126	6844	m		Schnitzler, Klaus	LT TuS Meindorf	M50	22	124	01:39:40.5
127	6857	m		Sander, Uwe	TURA Remscheid...	M50	23	125	01:39:47.0
128	7654	m		Eyerund, Johannes	Sprockhövel	MHK	14	126	01:39:47.9
129	6875	m		Taufenbach, Thomas	LF Jennecken	M40	30	127	01:39:50.1
130	6440	m		Wilden, Heinz	Loss Jonn	M45	35	128	01:39:52.3
131	6855	m		Peters, Uwe	LG RWE Power	M50	24	129	01:40:15.5
132	6948	m		Nehring, Ingo	TV Rommerskirchen	M60	2	130	01:40:16.1
133	6849	m		Richarz, Volker	Marathonman	M45	36	131	01:40:26.5

134	6815	m		Wirths, Wolfgang	Lt Homa Pumpen	M45	37	132	01:40:31.6
135	6560	m		Rotondi, Sascha	TURA Pohlhausen	M45	38	133	01:40:31.8
136	6923	m		Teigelkamp, Johannes	Rösrath	M50	25	134	01:40:32.9
137	6526	m		Nickolaus, Michael	BSG Evonik Wes...	M45	39	135	01:40:50.4
138	6990	m		Zils, Achim	Spfr. Siegen	M40	31	136	01:40:52.3
139	6824	m		Rothkopf, Dominikus	Bergisch Gladbach	M40	32	137	01:41:09.1
140	4079	m		Dietrich, Thomas	laufen-aktuell	M40	33	138	01:41:18.1
141	6877	m		Gillmeister, Stefan	LF Jennecken	M40	34	139	01:41:18.3
142	6576	m		Trost, Stefan	Laufzentrum Ma...	M50	26	140	01:41:28.9
143	6691	w		Duy, Jeannette	Marathonpauer	W30	1	3	01:41:36.6
144	6834	m		Albert, Matthias	LT TuS Meindorf	M45	40	141	01:41:38.4
145	6736	m		Eschbach, Ralf	VfL Engelskirchen	M45	41	142	01:41:46.0
146	6962	m		Reisewitz, Torsten	FC Hennef 05	M35	12	143	01:41:48.8
147	2592	w		Bonn, Martina	LT Siebengebirge	W40	1	4	01:41:50.6
148	6627	m		Schönen, Matthias	Bonn	M30	9	144	01:42:00.0
149	2591	w		Spitz, Anna	LT Siebengebirge	W40	2	5	01:42:07.1
150	6311	m		Kloeckner, Thomas	SV Frielingsdorf	M45	42	145	01:42:07.5
151	6971	m		Dörre, Dirk	Köln	M40	35	146	01:42:08.8
152	7612	m		Hackenbroich, Wolfgang	LT Köln Esch	M45	43	147	01:42:09.9
153	6613	m		Euler, Michael	Mimavoca Langel	M45	44	148	01:42:18.2
154	7682	m		Laufs, Franz-Peter	Marathon Club ...	M50	27	149	01:42:30.1
155	2674	w		Frisch-Klinkhammer, Gudrun	KTSV Preußen ...	W40	3	6	01:42:38.8
156	6737	m		Zimmermann, Frank	VfL Engelskirchen	M40	36	150	01:42:41.8
157	6961	m		Schenk, Christof	Seelscheid	M45	45	151	01:42:46.5
158	2670	m		Siegemund, Sven	Leichlingen	M30	10	152	01:42:50.6
159	2627	m		Brandt, Kai	Rommerskirchen	M35	13	153	01:42:53.2
160	6867	w		Niedrig, Uta	RTB/LG Remscheid	W40	4	7	01:42:55.1
161	6475	m		Becker, Peter	Darmstadt	M50	28	154	01:43:04.1
162	6317	m		Weghaus, Stephan	Köln	M35	14	155	01:43:10.6
163	6468	m		Marx, Karl-Alexander	LT Zündorf	M50	29	156	01:43:12.1
164	6503	m		Scheffer, Michael	Bergsportverei...	M30	11	157	01:43:14.1
165	6709	w		Greß, Ines	Skiclub Olpe	W40	5	8	01:43:19.7
166	6712	w		Schulze, Birgit	Skiclub Olpe	W30	2	9	01:43:19.9
167	6515	m		Liermann, Thorsten	Köln	M35	15	158	01:43:21.6
168	6444	m		Demming, Stefan	Köln	M30	12	159	01:43:21.8
169	6976	m		Niefanger, Frank	Bornheim	M50	30	160	01:43:25.2
170	6829	m		Ellermann, Dirk	Lokomotive Sch...	M40	37	161	01:43:28.8
171	6713	m		Hasberg, Patrik	LGMTVD- Köln	MHK	15	162	01:43:29.9
172	6956	m		Budack, Lars	RML Rhein Mose...	M35	16	163	01:43:30.3
173	6379	m		Homp, Sascha	Feuerwehr Rems...	M35	17	164	01:43:31.1
174	6422	m		Pelzer, Jochen	Dürener TV 1847	M45	46	165	01:43:31.3
175	6957	m		Kring, Fritz	TV Kelz	M45	47	166	01:43:33.0
176	7657	m		Lehmkuhl, Tobias	Köln	MHK	16	167	01:43:34.2
177	6542	m		Kroboth, Maik	Lindlar	MJugA	1	168	01:43:41.0
178	6457	w	USA	Voges, Kirstin	Leverkusen	W35	2	10	01:43:41.8
179	6458	m		Voges, Harry	Leverkusen	M45	48	169	01:43:42.3

180	6603	m	Schlichting, Hans-Dieter	Reichshof-Windfus	M50	31	170	01:43:45.5
181	7611	m	Jiesen, Thomas	Elsdorf	M40	38	171	01:43:51.1
182	6870	m	Endrijantzki, Gerd	LT Friedrichsb...	M55	7	172	01:43:55.0
183	6488	m	Glaubach, Jürgen	Team Supermaus	M45	49	173	01:43:56.6
184	6717	w	Reute, Christiane	TSV Bayer 04 Lev...	W35	3	11	01:43:57.3
185	6577	m	Burbach, Karl-Bernd	Köln	M50	32	174	01:43:59.8
186	6322	m	Wendler, Stefan	Honsberger Ber...	M40	39	175	01:44:00.3
187	6336	m	Labonte, Andreas	Bonn	M35	18	176	01:44:04.8
188	6981	m	Roland, Marc	Bratwurst Runners	M30	13	177	01:44:06.3
189	6599	m	Müller-Steden, Bernd	SV Refrath	M45	50	178	01:44:06.8
190	6367	m	Heyne, Karl-Heinz	Remscheid	M45	51	179	01:44:07.5
191	6506	m	Breidenbach, Frank	Union Blau-Wei...	M35	19	180	01:44:11.0
192	6660	m	Schober, Martin	Jülich	M30	14	181	01:44:14.6
193	6669	m	Stroß, Dr. Rudolf	Bergisch Gladbach	M50	33	182	01:44:17.0
194	7692	m	Gauchel, Ralf	TV Gieslar	M40	40	183	01:44:27.5
195	6521	m	Schulz, Lars	Lahnstein	M35	20	184	01:44:55.0
196	6988	m	Sasse, Lutz	Union Blau-Wei...	M50	34	185	01:45:00.2
197	6558	m	Steuer, Thomas	SSK Kerpen	M45	52	186	01:45:00.5
198	6965	m	Issel, Ulf	GSV Port	M50	35	187	01:45:03.3
199	7656	m	Kasper, David	Nacktschnecken...	M30	15	188	01:45:15.1
200	6663	w	Schneider, Heide	LAZ Puma Trois...	W40	6	12	01:45:19.1
201	6670	m	Hoss, Volker	Wölfe	M40	41	189	01:45:25.5
202	6960	m	Hilgers, Markus	BSG Rheinpark	M45	53	190	01:45:34.0
203	6314	m	Franssen, Klaus	Just4Run	M45	54	191	01:45:36.8
204	6683	m	Neugebauer, Dieter	Anlauf Siegen	M45	55	192	01:45:37.1
205	6534	m	Hoß, Josef	VfL Waldbreitbach	M55	8	193	01:45:38.1
206	6355	m	Haack, Ing. Gunnar	Siegburg	M35	21	194	01:45:38.6
207	7614	m	Janthur, Christoph	Grünes Erbschlö	M45	56	195	01:45:43.0
208	6481	m	Naumann, Benjamin	Die Bergischen...	M30	16	196	01:45:46.6
209	4072	m	Beyer, Heinrich	Marathonfieber...	M50	36	197	01:45:48.8
210	6833	w	Herrmann, Marietta	AVU PV Triathl...	WHK	1	13	01:45:57.3
211	6814	m	Kaiser, Daniel	Köln	M35	22	198	01:46:05.9
212	6801	m	Unterbörsch, Heinz	Bergisch gladbach	M50	37	199	01:46:08.0
213	6402	m	Jäink, Marcus	Rennmäuse	M40	42	200	01:46:08.8
214	6812	m	Czabaun, Alexander	Köln	M40	43	201	01:46:10.8
215	6898	m	Seegmüller, Guido	SSK Kerpen Tri...	M40	44	202	01:46:16.2
216	6752	m	Kohl, Matthieu	TuS Xanten	MJugB	1	203	01:46:16.5
217	2626	m	Krüger, Gerhard	TV Refrath	M65	1	204	01:46:21.4
218	6610	m	Abdel Kafi, Hussam	Krüger Runnin...	M40	45	205	01:46:26.5
219	6858	m	Schneider, Klaus	LT Siebengebirge	M50	38	206	01:46:38.1
220	4015	m	Sieger, Stolzis	TuS Brauweiler	M45	57	207	01:46:38.1
221	6716	m	Gabel, Hans-Jürgen	TSV Bayer 04 Lev...	M50	39	208	01:46:38.3
222	6928	m	Merten, Arne	TSG Friedel 29	M35	23	209	01:46:49.5
223	6624	m	Newrzella, Stephan	Its my Birthday	M45	58	210	01:46:53.1
224	6646	m	Nasshoven, Marco	Leverkusen	M35	24	211	01:46:54.5
225	6496	m	Gickler, Dr. Wolfgang	Urbar	M50	40	212	01:46:57.1

226	6697	m		Taczynski, Dirk	Bergisch Gladbach	M40	46	213	01:46:57.1
227	6601	w		Küttner, Christiane	BSG Rheinpark	W40	7	14	01:46:59.8
228	6492	m		Altmann, Dr. Dieter	Rheinhöhenlauf	M50	41	214	01:47:01.3
229	6376	w		Nettekoven, Jeannine	JDAV Rheinland...	WHK	2	15	01:47:09.0
230	6346	m		Putsch, Frank	Wilpu Running ...	M30	17	215	01:47:16.5
231	6614	m		Zerwas, Gerd	Rheinhöhenlauf	M45	59	216	01:47:17.6
232	6508	w		Nawroth, Margret	Bergisch Gladbach	W45	1	16	01:47:22.0
233	6335	m		Lentner, Christian	KIDS	M40	47	217	01:47:38.8
234	6397	m	NED	van der Sant, Andreas	LT Neersen	M35	25	218	01:47:45.0
235	6338	m		Aldiek, Ludger	Bergkamen	M45	60	219	01:47:57.3
236	6757	w		Schumacher, Gabi	LT Alpenrod-Lo...	W50	1	17	01:47:58.1
237	6985	m		Lautner, Christian	Lohmar	MHK	17	220	01:48:02.1
238	6693	w		Kölsch, Petra	Wilnsdorf	W40	8	18	01:48:05.3
239	6688	m		Beltermann, Rainer	ASC Weißbachtal	M40	48	221	01:48:05.6
240	6949	m		Sieburg, Mike	BSG Evonik Wes...	M50	42	222	01:48:06.8
241	6433	w		Cramer, Carmen	SG Deutsche Bank	W35	4	19	01:48:07.1
242	6552	m		Weichbrodt, Frank	LT Schubertstr...	M40	49	223	01:48:15.7
243	6648	m		Alof, Lutz	Bergisch Gladbach	M30	18	224	01:48:17.5
244	6979	m		Krämer, Rudolfo	TTG Radevormwald	M60	3	225	01:48:17.6
245	6640	m		Vogel, Tobias	Niederkassel	M35	26	226	01:48:18.3
246	6575	m		Poos, Jörg	Solinger LC	M45	61	227	01:48:18.5
247	6408	m		Schubert, Volker	DBAG Netz Köln	M45	62	228	01:48:21.1
248	6524	m		Zimmermann, Christoph	LC Overath	M40	50	229	01:48:23.0
249	6580	m		Over, Markus	Rheinhöhenlauf	MJugB	2	230	01:48:25.1
250	2629	w		von Ardenne- Lichtenberg, Pia	Bergisch Gladbach	W30	3	20	01:48:26.8
251	2628	w		Warm- Frenzel, Peggy	Bergisch Gladbach	W40	9	21	01:48:28.3
252	2693	m		Altendorf, Oskar	TV Refrath	M55	9	231	01:48:32.3
253	6987	m		Simon, Jim	Wadu Geilenkir...	M50	43	232	01:48:36.3
254	6671	m		Worch, Marc	Eitorf	M35	27	233	01:48:39.0
255	6472	m		Sauer, Armin	LG RWE Power	M45	63	234	01:48:41.0
256	6596	m		Vandevenne, Peter	TTR08	M35	28	235	01:48:44.7
257	7683	m		Kimmel, Christoph	Ennert Sportpa...	M45	64	236	01:48:55.3
258	6622	m		Deuß, Dr. Ulrich	Running Devils	M50	44	237	01:49:02.3
259	6490	m		Bardenhewer, Christoph	Köln	M45	65	238	01:49:15.8
260	6750	m		Pies, Dr. Christoph	Aachen	M35	29	239	01:49:16.1
261	6659	m		Siemer, Dirk	DLC Aachen	M30	19	240	01:49:24.3
262	6714	m		Pagers, Sven	ESV Gremberghoven	M40	51	241	01:49:28.1
263	6720	w		Odenius, Gaby	Elsdorf	W45	2	22	01:49:30.0
264	6852	m		Droste, Christian	Sportpark Ennert	M50	45	242	01:49:31.3
265	6307	m		Franssen, Michael	TV 08 Lohmar	M45	66	243	01:49:37.1
266	4618	m		Ackermann, Detlev	LG ASV DSHS Köln	M35	30	244	01:49:38.6
267	6615	m		Ehrler, Marc	Jette Runners	M35	31	245	01:49:43.5
268	6581	m		Schüller, Thorsten	Mediterrana-Run	M35	32	246	01:49:43.6
269	4110	m		Rose, Raimund	Bergisch Gladbach	M55	10	247	01:49:49.0
270	6843	m		Offermann, Markus	TVH	M35	33	248	01:49:50.5
271	6727	m	BEL	Kara, Ali	Sparta Vilvoorde	M30	20	249	01:49:54.1

272	6684	m		Wieland, Markus	Kommando Lever...	M35	34	250	01:49:56.4
273	6810	m		Dommasch, Siegfried	VfL Hamm	M45	67	251	01:49:56.6
274	6887	m		Oppermann, Axel	Köln	M50	46	252	01:49:58.0
275	6668	w		Kudermann, Miriam	Bonn	W30	4	23	01:50:02.0
276	6403	m		Bechtel, Jan	Knickfööss	M35	35	253	01:50:06.1
277	6543	m		Bea, Dominik	Leverkusen	M30	21	254	01:50:10.1
278	6968	m		Ritterhaus, Jörg	DSD Düsseldorf	M40	52	255	01:50:10.8
279	6679	m	ESP	Martinez Pimentel, Juan carlos	SCB Horrem	M35	36	256	01:50:22.7
280	7690	m		Schulte-Kleff, Stefan	Bergisch Gladbach	M45	68	257	01:50:26.1
281	6632	m		Hansmann, Jörg	SSV Dhünn	M45	69	258	01:50:26.6
282	6501	m		Scherer, Roy	Rösrath	M40	53	259	01:50:27.6
283	6371	w		Pfeil-Bonnin, Beate	bikeandrun-Sie...	W45	3	24	01:50:28.0
284	6893	m		Schuppan, Dr. Dr. Knut	Dauerlaufschul...	M65	2	260	01:50:28.8
285	6372	w		Teske, Angelika	bikeandrun-Sie...	W45	4	25	01:50:31.1
286	6489	m		Wesseling, Thomas	Köln	M40	54	261	01:50:31.8
287	6756	w		Hendle, Doris	Rennmäuse	W40	10	26	01:50:34.9
288	6635	m		Sellner, Andreas	Diözesan-Cari...	M50	47	262	01:50:35.6
289	6417	m		Moeller, Stefan	Run und Fun	MHK	18	263	01:50:37.3
290	6329	m		Doppelfeld, Mark	Halve Lung	M35	37	264	01:50:50.8
291	6703	m		Hagemann, Thorsten	Dreamteam	M35	38	265	01:50:52.3
292	6702	m		Baumgart, Jost	Dreamteam	M35	39	266	01:50:53.5
293	6442	m		Schelkmann, Rolf	Triathlon TSV ...	M60	4	267	01:50:54.6
294	2694	m		Wilmink, Jürgen	Ohligser TV	M40	55	268	01:50:59.2
295	6970	m		Chudalla, Michael	Ländle-Läufer	M40	56	269	01:51:06.0
296	6802	m		Röhrig, Olaf	THC RW Bergisc...	M40	57	270	01:51:18.3
297	7687	m		Fischer, Uwe	Ratingen	M30	22	271	01:51:18.8
298	6497	w		Heilmann, Roswitha	LG RWE Power	W45	5	27	01:51:24.3
299	6598	m		Berning, Peter	Düsseldorf	M35	40	272	01:51:27.6
300	6677	m		Spoelgen, Bernd	Düren	M40	58	273	01:51:30.8
301	6722	m		Hand, Jürgen	Kerpen	MHK	19	274	01:51:31.3
302	6665	m		Hans-Peter, Fischer	LT Alpenrod-Lo...	M50	48	275	01:51:31.5
303	6803	w		Rohrig, Katinka	THC RW Bergisc...	W40	11	28	01:51:32.2
304	7681	m		Duschanck, Helmut	LT Siebengebirge	M45	70	276	01:51:35.1
305	6696	m		Bubenzer, Christoph	Wiehl	M40	59	277	01:51:35.5
306	6574	m		Haringer, Heiko	Solinger LC	M45	71	278	01:51:35.6
307	6356	m		Dieper, Ralf	Köln	M40	60	279	01:51:38.0
308	6986	m		Schmitz, Volker	Lohmar	M35	41	280	01:51:38.2
309	6678	m		Weidenfeld, Günter	SCB Horrem	M50	49	281	01:51:39.6
310	2586	m		Burkelc, Adrian	SS HB	MHK	20	282	01:51:43.6
311	6866	m		Rausch, Georg	Gummersbach	M55	11	283	01:51:44.8
312	7685	w		Mataré, Birgit	TPSK	W45	6	29	01:51:45.3
313	6424	w		Hornig, Gudrun	Hürth	W40	12	30	01:51:46.2
314	6853	m		Kettner, Bernd	LT Katterbach	M55	12	284	01:51:54.6
315	6462	m		Pelzer, Oliver	TV Obermaubach	M40	61	285	01:51:57.6
316	6569	m		Blankenhagen, Hubert	Solinger LC	M40	62	286	01:52:07.0
317	6516	m		Kühne, Kai	Kaufhof Sportv...	M40	63	287	01:52:27.1

318	6617	m		Lamers, Michael	Laufzentrum Ma...	M45	72	288	01:52:31.5
319	6860	m		Krause, Andreas	Rösrath	M45	73	289	01:52:38.0
320	6914	m		Thiemonds, Michael	Bergisch Gladbach	M40	64	290	01:52:46.8
321	4009	m		Vogt, Wolfgang	Feuerwehr SV D...	M50	50	291	01:52:50.5
322	6572	m		Miletisch, Heinz	Solinger LC	M50	51	292	01:52:53.5
323	6704	m		Gietz, Thomas	Ratingen	M40	65	293	01:52:55.1
324	6396	m		Mengel, Frank	BSG Barmenia V...	M50	52	294	01:52:56.8
325	6443	m		Ketzler, Rainer	Bobenheim-Roxheim	M40	66	295	01:52:57.5
326	6740	w		Beckmann, Edith	Köln	W30	5	31	01:52:59.2
327	6832	m		Janovsky, Michael	Köln	M40	67	296	01:53:07.0
328	4012	m		Frielingsdorf, Markus	Musikverein Loope	M35	42	297	01:53:21.3
329	7603	m		Salingré, Michael	Ingenieurbüro...	M55	13	298	01:53:30.2
330	6687	m		Müller, Heiko	LG Gummersbach	MHK	21	299	01:53:31.8
331	4656	m		Franzke, Martin	Intercity Hote...	MHK	22	300	01:53:32.8
332	4667	m		Boelen-Theile, Claus	Rösrath	M40	68	301	01:53:36.0
333	6584	m		Koch, Marcel	Köln	M35	43	302	01:53:36.8
334	6554	w		Degand, Beatrice	Renault Bank	W40	13	32	01:53:37.5
335	6410	m		Brüning, Robert	Hückeswagen	M35	44	303	01:53:39.1
336	6835	m		Janzen, Harthmuth	BPW Bergische ...	M55	14	304	01:53:41.2
337	6699	m		Rehaag, Dirk	SG Worringen	M45	74	305	01:53:46.6
338	6708	w		Stuff, Simone	Skiclub Olpe	W50	2	33	01:53:49.8
339	6533	m		Ziegenhagen, Rainer	Rader Hobby Fi...	M50	53	306	01:53:50.3
340	6963	w		Brenk, Marita	LT Alpenrod-Lo...	W50	3	34	01:53:53.5
341	6813	w		Durry, Andrea	Köln	W35	5	35	01:53:54.3
342	2675	m		Gremmel, Jens	Veedefighters.de	M35	45	307	01:54:05.2
343	2630	m		Riepelmeier, Ulrich	Köln	M40	69	308	01:54:11.6
344	6604	m		Kranjc, Matthias	Wermelskirchen	M40	70	309	01:54:22.8
345	6649	w		Berger, Theresa	Rückenschule ...	WJugA	2	36	01:54:23.6
346	6674	m		Nesgen, Christoph	Friedberg	M40	71	310	01:54:24.1
347	6390	m		Duikers, Patrick	Köln	M45	75	311	01:54:26.8
348	6650	m		Pötschke, Rainer	LV Marathon M□..	M40	72	312	01:54:27.1
349	6389	m		Pöhlemann, Christian	Köln	MHK	23	313	01:54:29.0
350	6337	m		Dieckmann, Wolfgang	jogmap.de	M50	54	314	01:54:36.8
351	6354	m		Jäcker, Prof. Dr. Lutz	Düsseldorf	M40	73	315	01:54:39.5
352	6889	m		Maurer, Christian	SV 09 35 Wermelski...	M35	46	316	01:54:50.0
353	7613	w		Wedde, Katja	LG Monheim-Bau...	W40	14	37	01:54:56.0
354	6874	m		Hübner, Ralf	TV Witzhelden	M40	74	317	01:55:01.3
355	4083	m		Schepputat, Michael	Leverkusen	M45	76	318	01:55:01.9
356	2596	m		Burkele, Wolfgang	SSHB	M50	55	319	01:55:04.8
357	6342	m	GBR	Douthwaite, Richard	Blau Weiß Wah...	M50	56	320	01:55:09.7
358	6826	m		Wood, David	DAV Köln	M55	15	321	01:55:10.9
359	6446	m		Lomberg, Torsten	SC Janus	M35	47	322	01:55:23.3
360	6735	w		Hensel, Angelika	VfL Engelskirchen	W45	7	38	01:55:25.3
361	6582	m	ITA	Alfieri, Toni	Elia-Run	M30	23	323	01:55:34.3
362	6980	m		Avermiddig, Ingo	Zeltverleiher.de	M45	77	324	01:55:35.0
363	6973	w		Straimer, Dr. Anna	Alfterer SC	W60	1	39	01:55:36.6

364	6381	m		Kramer, Michael	TS 79 Bergisch-G...	M40	75	325	01:55:42.2
365	7604	m		Franken, Michael	Köln	M45	78	326	01:55:59.3
366	4665	m		Weiss, Martin	Stolperhexe Sc...	M50	57	327	01:56:07.0
367	6471	m		Boxberg, Paul	Kürten	M50	58	328	01:56:13.3
368	6594	m		Reinartz, Jan Wilhelm	Jülich	MJugB	3	329	01:56:14.6
369	7689	m		Dornieden, Martin	TK Grevenbroich	M40	76	330	01:56:16.1
370	6595	m		Reinartz, Thomas	Odenthal	M45	79	331	01:56:19.4
371	2673	m		Siebers, Frank	Bergisch Gladbach	M40	77	332	01:56:20.0
372	6362	m		Meyer, Friedrich	St. Augustin	M30	24	333	01:56:22.6
373	6454	m		Wagner, Stefan	Remscheid	M40	78	334	01:56:25.9
374	6642	m	GBR	Gray, Terence	Bergheim	M50	59	335	01:56:27.5
375	6641	w	GBR	Gray, Carrie	Bergheim	WHK	3	40	01:56:27.6
376	6535	m		Schroers, Dr. Benn	Kanu Sport Gem...	M45	80	336	01:56:29.1
377	6435	m		Cramer, Dr. Matthias	Bonn	M45	81	337	01:56:32.6
378	7684	m		Brüssel, Frank Maximilian	Yeti Jünger Bonn	M45	82	338	01:56:33.1
379	6836	m		Müller, Ralf	Union Blau-Wei...	M45	83	339	01:56:34.7
380	6427	m		Schneider, Rolf	Rapid Rottbitze	M40	79	340	01:56:38.6
381	6706	m		Kroppenberg, Oliver	MABO	MHK	24	341	01:56:45.0
382	6705	m		Hagel, Bernhard	MABO	M50	60	342	01:56:45.2
383	6950	w		Graf, Daniela	Köln	WHK	4	41	01:56:47.3
384	6529	m		Beullens, Ward	Rösrath	M45	84	343	01:56:50.6
385	6655	m		Schulte, Josh	Köln	M50	61	344	01:56:56.3
386	6977	m		Althoff, Oliver	TC RW Bad Oeye...	M40	80	345	01:56:56.6
387	6608	m		Mylius, Andreas	TuS Altenrath	M45	85	346	01:56:57.6
388	6643	w		Siermann, Heike	Köln	W40	15	42	01:56:57.7
389	6517	w		Volkman, Heike	Kürten	W35	6	43	01:56:57.8
390	6303	m		Pauleit, Marc	KIBO Runners	M35	48	347	01:57:04.0
391	6636	m		Görtz, Thomas	Frechen	MHK	25	348	01:57:05.8
392	6682	m		Breidenbach, Peter	Der Badorfer	M50	62	349	01:57:17.5
393	6583	m		Pels, Dietmar	Römerseehaie ...	M40	81	350	01:57:31.6
394	6625	w		Clemens, Elke	Köln	W45	8	44	01:57:37.0
395	6589	m		Kramer, Ralf	Bergisch Gladbach	M40	82	351	01:57:38.1
396	6539	m		Laux, Joachim	Köln	M40	83	352	01:57:47.8
397	6954	m		Sollik, Klaudius Peter	Wiehl	M40	84	353	01:57:48.0
398	6578	w		Riedel, Anke	Düsseldorf	W45	9	45	01:57:53.2
399	7601	m		Knieper, Bernd	Leverkusen	M45	86	354	01:58:00.8
400	7602	w		Salingré, Ruth	Ingenieurbüro...	W55	1	46	01:58:01.0
401	6864	m		Klancic, Stefan	Eitorf	M45	87	355	01:58:01.6
402	6983	m		Zander, Christian	Köln	M30	25	356	01:58:04.3
403	6865	m		Eckhardt, Bernd	BC Oberzier	M40	85	357	01:58:16.3
404	6351	m		Schneider, Gerd	FC 08 Düren-Nie...	M40	86	358	01:58:17.8
405	6953	w		van Rienen, Ulrike	Marathon Mülheim	W45	10	47	01:58:20.7
406	6419	w		Knopf, Andrea	Köln	W45	11	48	01:58:26.6
407	6438	m		Nachstedt, Uwe	NoBrainNoPain	M45	88	359	01:58:33.6
408	6540	m		Orlikowski, Dr. Ing. Philipp	Wiehl	M60	5	360	01:58:35.1
409	6828	w		Schneider, Alexandra	Wiehl	W40	16	49	01:58:38.6

410	6547	m		Horsten, Dr. Jörg	Bergisch Gladbach	M50	63	361	01:58:38.7
411	6573	w		Oberhäuser, Angelika	Solinger LC	W55	2	50	01:58:44.6
412	6863	w		Sawadsky, Petra	Lauftreff Pude...	W45	12	51	01:58:47.4
413	7655	m		Korn, Guido	Lenter Shop	M40	87	362	01:58:56.9
414	6400	m		Ley, Thomas	LT Rösrathers...	M40	88	363	01:58:57.3
415	6464	w		Sutor, Petra	Joetten	W40	17	52	01:58:58.6
416	6862	m		Schneider, Reiner	Lauftreff Pude...	M55	16	364	01:58:59.0
417	7610	w		Ahrens, Heike	BSG Stadt Köln	W40	18	53	01:58:59.1
418	6999	m		Werle, Helmut	Rösrath	M60	6	365	01:58:59.2
419	6538	m		Schmitz, Konrad	TuS Mechernich 1897	M45	89	366	01:59:01.1
420	6947	w		Knöppel, Sigrid	FeG Gummersbach	W55	3	54	01:59:04.9
421	6886	m		Wleklinski, Helmut	Bergisch gladbach	M55	17	367	01:59:08.6
422	6885	m		Schmitz, Herbert	BSG Sparkasse ...	M60	7	368	01:59:10.9
423	4613	m		Büscher, Manfred	TV Refrath	M55	18	369	01:59:19.3
424	6448	w		Volkandt, Gabi	Wermelskirchen	W45	13	55	01:59:22.8
425	6672	m		Dresen, Engelbert	Wermelskirchen	M55	19	370	01:59:23.1
426	6667	m		Stegemann, Prof. Dr. Torsten	Ole	M40	89	371	01:59:25.0
427	6425	m	NED	Evers, Felix	ASV Köln Team 42	M55	20	372	01:59:34.2
428	6847	m		Hottenbacher, Hans-Erich	Wuppertal	M55	21	373	01:59:35.9
429	6331	m		Becker, Bernd	Troisdorf	M40	90	374	01:59:36.6
430	6823	m		Simon, Meik	Fat Fire Flyer...	M35	49	375	01:59:39.8
431	4096	w		Abraham, Cornell	Köln	W30	6	56	01:59:46.5
432	2687	m		Stienemeier, Frank	Rösrath	M35	50	376	01:59:46.8
433	6559	m		Ullmann, Stephan	Rösrath	M35	51	377	01:59:55.3
434	7686	m		Steinke, Gerhard	Köln	M65	3	378	01:59:59.5
435	6755	m		Rischer, Bernd	Meerbusch	M40	91	379	02:00:07.1
436	2590	m		Hildebrandt, Oliver	LT Leidenhausen	M45	90	380	02:00:11.3
437	7652	m		Conrad, Heribert	1. FC Saarbrücken	M55	22	381	02:00:14.6
438	6851	w		Graw, Anne	Köln	W35	7	57	02:00:23.3
439	6511	m		Müller, Michael	Bergisch Gladbach	M45	91	382	02:00:27.3
440	6634	w		Lind, Cathrin	Düsseldorf	W35	8	58	02:00:30.8
441	6993	m		Berthold, Klaus	Team Laufcampus	M50	64	383	02:00:31.3
442	2588	m		Hadzic, Werner	SG Langenfeld	M60	8	384	02:00:32.4
443	6388	m		Lander, Stefan	Moers	M40	92	385	02:00:36.0
444	6491	m		Kemper, Thomas	Köln	M50	65	386	02:00:49.8
445	6392	m		Krebs, Jürgen	Leverkusen	M45	92	387	02:00:52.6
446	6676	m		Müller, Rainer	ASC Loope	M45	93	388	02:00:52.8
447	6315	m		Reinert, Werner	Köln	M45	94	389	02:01:00.0
448	6876	m		Schmitz, Ralf	LF Jennecken	M40	93	390	02:01:00.5
449	6690	m		Kassing, Michael	PF Kevelaer	M40	94	391	02:01:03.1
450	6541	m		Drockenmüller, Roberto	Düsseldorf	M45	95	392	02:01:09.4
451	6509	m		Oppenberg, Frank	Köln	M40	95	393	02:01:09.9
452	6728	w		Roehnert, Eva	Haan-Gruiten	W45	14	59	02:01:21.8
453	6618	m		Fründ, Edwin	Leverkusen	M35	52	394	02:01:25.6
454	2678	w		Scheele, Petra	Altendorf	W40	19	60	02:01:30.8
455	6423	w		Kramp, Lydia	ASV Köln Team 42	W50	4	61	02:01:31.5

456	6629	w	Schulz, Birgitt	St. Katharinen	W45	15	62	02:01:33.3
457	6570	m	Schnitzker, Wolfgang	Solinger LC	M50	66	395	02:01:35.8
458	6385	m	Harnischmacher, Markus	SG Attendorn	M40	96	396	02:01:37.6
459	6811	m	Götten, Jürgen	VfL Hamm	M40	97	397	02:01:39.1
460	6378	m	Minhöfer, Wolfgang	Düsseldorf	M55	23	398	02:01:45.4
461	6393	m	Schulz, Hartmut	Willich	M55	24	399	02:01:46.0
462	6451	m	Wichary, Dr. Reiner	Köln	M40	98	400	02:01:52.8
463	6861	m	Huber, Eduard	Siegen	M30	26	401	02:02:20.6
464	6969	w	Eckle, Iris	Köln	W45	16	63	02:02:22.3
465	6383	w	Flintrop, Anne	KTC Gold-Weiss	W55	4	64	02:02:24.9
466	2625	w	Bose, Daniela	Rösrath	W35	9	65	02:02:40.0
467	6407	m	Schmidt, Karl-Heinz	Köln	M45	96	402	02:02:58.6
468	6742	m	Brauer, Bernd	Rösrath	M40	99	403	02:03:01.1
469	6741	m	Kurth, Anno	Lohmar	M40	100	404	02:03:02.0
470	6593	m	Langer, Thomas	BSG DGT Radevo...	M30	27	405	02:03:03.0
471	6639	m	Strüver, Dr. Werner	Leverkusen	M60	9	406	02:03:07.3
472	2688	m	Wagner, Timo	Köln	MHK	26	407	02:03:14.8
473	6465	w	Koopmann, Edda	Joetten	W35	10	66	02:03:30.3
474	6653	w	Neitzel, Birgit	LLG St. Augustin	W45	17	67	02:03:40.3
475	6991	m	Rudolph, Michael	Bochum	M50	67	408	02:03:40.9
476	6450	m	Vetten, Christoph	Köln	MHK	27	409	02:03:45.5
477	6319	m	Galonska, Jan	SG Zons Handball	M30	28	410	02:04:05.8
478	6513	w	Feldhaus, Doris	Köln	W60	2	68	02:04:08.2
479	6895	m	Engelberth, Dietmar	DJK Marienstadt	M50	68	411	02:04:21.6
480	6748	w	Hoffmann, Dr. Andrea	TC Kirchhundem	W50	5	69	02:04:42.8
481	6544	m	Marsch, Peter	TuS Weiershagen	M65	4	412	02:05:14.3
482	4070	m	Madadi-Sanjani, Ing. Modjtaba	Frechen	M50	69	413	02:05:15.6
483	6701	w	Nebel, Helga	Union Blau-Wei...	W40	20	70	02:05:18.1
484	6859	m	Engel, Sascha	Www.nekoelsche...	M30	29	414	02:05:27.6
485	6579	m	Kämmerer, Dr. Ralf	Feld Runners	M45	97	415	02:05:28.3
486	6958	w	Ney, Nicole	Bergisch Gladbach	W40	21	71	02:05:29.0
487	6536	m	Scheit, Eckard	Ratingen	M45	98	416	02:05:30.5
488	6478	m	Schmitz, Markus Ernst Friedhe	Tus BW Hiddenh...	MHK	28	417	02:05:32.5
489	6609	m	Schenker, Michael	Bergisch Gladbach	M40	101	418	02:05:36.0
490	6995	m	Limbach, Markus Maximilian	Solingen	M40	102	419	02:05:38.5
491	6739	m	Wiedenhoeft, Mark	Wiehl	M40	103	420	02:05:42.1
492	6827	w	Köster, Evelyn	Wiehl	W30	7	72	02:05:42.3
493	6312	m	Klose, Michael	ESV Gremberghoven	M45	99	421	02:05:52.2
494	6500	w	Holl, Brigitte	Lauftreff Alpe...	W45	18	73	02:06:03.0
495	6692	m	Burchart, Jörg	Meerbusch	M40	104	422	02:06:05.6
496	6484	m	Kettler, Ralf	Wuppertal	M40	105	423	02:06:09.1
497	6302	m	Mangold, Jochen	Bergisch Gladbach	M40	106	424	02:06:11.3
498	2595	m	Früchtenicht, Jens	EVL LT	M40	107	425	02:06:22.1
499	6565	m	Reuter, Hans-Jürgen	Solinger LC	M65	5	426	02:06:44.1
500	2671	w	Zehnter, Irene	Köln	W45	19	74	02:06:49.6
501	6474	w	Schlichtmann, Susanne	Laufen für he...	W35	11	75	02:07:10.0

502	6551	w	Koppelberg, Anette	Köln	W40	22	76	02:07:10.3
503	6900	w	Scheja, Birgitt	LT TuS Meindorf	W40	23	77	02:07:15.0
504	6822	m	Schoon, Karl-Heinz	ASV LT Kemperdick	M60	10	427	02:07:36.8
505	6368	w	Voigt, Manuela	Köln	W35	12	78	02:07:55.5
506	6880	m	Apfelbaum, Willi	Bad Honnef	M40	108	428	02:07:55.8
507	6369	w	Reslo, Susanne	Köln	W35	13	79	02:07:56.5
508	6323	m	Böttger, Björn	Solingen	M35	53	429	02:08:05.1
509	6324	m	Böttger, Bernd	Radevormwald	M50	70	430	02:08:05.6
510	6996	m	Bartelt, Thomas	Niederkassel	M45	100	431	02:08:16.6
511	6380	m	Krafft, Dr. Ulrich	Rösrath	M50	71	432	02:08:19.4
512	6382	w	Hansel, Nicola	KTC Gold Weiss	W45	20	80	02:08:29.3
513	6731	w	Benner, Ruth	LT Alpenrod-Lo...	W50	6	81	02:08:40.8
514	6498	w	Wenzelmann, Gabriele	LT Alpenrod-Lo...	W50	7	82	02:08:41.3
515	6330	m	Schemuth, Stefan	UHU Overath	M40	109	433	02:08:45.0
516	6818	m	Schilling, Dr. Martin	Rengsdorf	M50	72	434	02:08:51.9
517	6587	m	Walpert, Jens	Laufteam Tisch...	M40	110	435	02:09:08.1
518	6395	w	Mengel, Brigitte	BSG Barmenia V...	W50	8	83	02:09:16.6
519	6619	m	Beckert, Hanno	Erkrath	M30	30	436	02:09:27.6
520	6495	w	Fey, Dr. Rita	Urbar	W45	21	84	02:09:29.7
521	6645	w	Nasshoven, Silvia	Leverkusen	W40	24	85	02:09:32.4
522	6463	m	Nebel, Jürgen	Union Blau-Wei...	M45	101	437	02:09:34.5
523	2672	m	Daubendiek, Frank	Bergisch Gladbach	M40	111	438	02:09:35.1
524	6816	m	Kerkow, Detlev	LT Düsseldorf...	M45	102	439	02:09:56.5
525	6537	w	Schmitz, Claudia	TuS Mechernich 1897	W45	22	86	02:10:07.3
526	6361	w	Fritze, Sylvia	St. Augustin	W30	8	87	02:10:19.0
527	6316	m	Lange, Peter	stadtfuehrunge...	M55	25	440	02:10:26.1
528	6426	w	Schneider, Birgit	Rapid Rottbitze	W40	25	88	02:10:29.5
529	6758	w	Schmitz, Ursula	TV Witzhelden	W75	1	89	02:10:43.0
530	6854	m	Maschinsky, Rolf	LT Isola	M50	73	441	02:11:07.5
531	6413	m	Hoffmann, Knut	Kickboxverein ...	M40	112	442	02:11:07.6
532	6414	m	Niederkorn, Roger	Marienheide	M40	113	443	02:11:08.5
533	6567	w	Schütz, Silvia	Solinger LC	W50	9	90	02:11:17.0
534	6630	w	Gerads-Schneider, Birgit	Köln	W45	23	91	02:11:54.3
535	6631	m	Schneider, Werner	Köln	M50	74	444	02:12:09.5
536	6680	m	Schaub, Horst	Center Shop	M45	103	445	02:13:02.8
537	6747	m	Hoffmann, Joachim	TC Kirchhudem	M50	75	446	02:13:11.3
538	6838	w	Müller, Simone	Marathon Finan...	W40	26	92	02:13:27.3
539	6839	m	Müller, Wilfried	Marathon Finan...	M45	104	447	02:13:27.9
540	6638	m	Leyendecker, Matthias	GfD - EDV für...	M45	105	448	02:13:42.5
541	6456	m	Lorenz, Bernd	Köln	M50	76	449	02:13:43.5
542	6951	m	Lanov, Viktor	Aachen	MHK	29	450	02:13:51.3
543	6628	m	Barth, Tobias	Team Generali ...	M30	31	451	02:14:15.6
544	6710	w	Zeppenfeld, Silvia	Skiclub Olpe	W30	9	93	02:14:40.1
545	6707	m	Rogge, Michael	Skiclub Olpe	M55	26	452	02:14:43.8
546	4337	m	Laumert, Hans	Köln	M55	27	453	02:14:51.8
547	6711	w	Maiworn, Desiree	Skiclub Olpe	W30	10	94	02:14:55.8

548	6486	m		Luthardt, Jack	Köln-Porz	M50	77	454	02:14:56.5
549	6531	w		Bolz-Friedmann, Carina	Köln	W40	27	95	02:14:57.0
550	6563	m		Grande, Jürgen	TG Camberg	M50	78	455	02:15:02.6
551	6334	m		Engels, Frank	Lindlar	M40	114	456	02:15:02.7
552	6546	m	FRA	Carlier, Philippe	Düsseldorf	M45	106	457	02:15:18.5
553	6404	m		Lis, Adam	Erfstadt	M40	115	458	02:15:19.7
554	6321	w		Hunfeld, Beate	Attendorn	W35	14	96	02:15:36.3
555	4024	w		Klein, Martina	Kreuzau	W40	28	97	02:15:36.6
556	6590	m		Klassen, Johannes	Hennef	M35	54	459	02:15:39.8
557	7000	m		Martin, Wolfgang	Rösrath	M55	28	460	02:16:12.2
558	6561	m		Schumaier, Martin	Turnverein Hof...	M50	79	461	02:16:14.2
559	6332	m		Hasbron-Blume, Klaus	TV Hoffnungsthal	M60	11	462	02:16:14.7
560	6974	w		Sapauschke, Wiltrut	Alfterer SC	W65	1	98	02:16:32.9
561	6612	w		Seidel, Katja	Köln	WHK	5	99	02:16:39.8
562	6363	m		Straube, Michael	Erkelenz	M40	116	463	02:16:41.3
563	6482	m		Herkenrath, André	TG Neuss	M40	117	464	02:16:46.0
564	6418	w		Moeller, Ulrike	Run und Fun	W55	5	100	02:17:03.1
565	6364	m		Keull, Michael	Odenthal	M45	107	465	02:17:21.7
566	6685	m		Schneider, Friedrich	TV Oberbantenberg	M60	12	466	02:17:49.0
567	6830	m		Schlösser, Uli	Köln	M50	80	467	02:17:51.1
568	6411	w		Gill, Verena	Koblenz	WHK	6	101	02:18:35.2
569	6412	m		Gill, Michael	Walporzheim	M35	55	468	02:18:35.3
570	6512	m		Klessen, Rudolf	Bonn	M55	29	469	02:18:36.5
571	6978	m		Hostert, Ludger	Lauftreff Moni	M45	108	470	02:19:13.7
572	6658	w		Steffgen, Dagmar	Tri Post Trier	W40	29	102	02:19:22.2
573	6467	w		Fokkema, Stefanie	Köln	W30	11	103	02:19:44.0
574	6466	m		Brachtendorf, Lars	Köln	M40	118	471	02:19:44.3
575	6675	m		Deuringer, Peter	Köln	M45	109	472	02:20:42.7
576	6510	w		Weihmann, Ellen	LG RWE Power	W55	6	104	02:21:25.3
577	6483	m		Reinitz, Peter	LG RWE Power	M50	81	473	02:21:26.0
578	6746	w		Philipi, Bea	Wuppertal	W45	24	105	02:22:08.5
579	6745	m		Philipi, Eddy	Wuppertal	M45	110	474	02:22:08.7
580	6743	w		Just-Hahn, Katharina	Köln	W45	25	106	02:22:09.2
581	6744	m		Beutler, Kai	Köln	M50	82	475	02:22:10.6
582	2589	m		Assmann, Jürgen	Turnerschaft	M65	6	476	02:23:27.1
583	2600	m		Roth, Norbert	Plattfuss Herk...	M60	13	477	02:23:49.0
584	6831	m		Eßer, Heinz	BSG SSK Düsse...	M55	30	478	02:24:32.8
585	6819	m		Börgers, Thomas	Borken	M40	119	479	02:25:56.2
586	6520	m		Schmidt, Thomas	Köln	MHK	30	480	02:26:14.7
587	6305	m		van Kampen, Heinz	LT Alsdorf-Ost	M55	31	481	02:26:57.5
588	6998	w		Schons, Ilona	Köln	W45	26	107	02:27:27.8
589	6997	w		Schneider, Andrea	Köln	W45	27	108	02:27:28.8
590	6430	m		Runzheimer, Joachim	Nideggen	M50	83	482	02:27:30.3
591	6313	m		Herrmann, Thomas	Köln-Porz	M45	111	483	02:27:31.3
592	6754	m		Müller, Martin	Bergisch Gladbach	M50	84	484	02:27:41.4
593	6606	m		Glander, Frank	Knochenmühle ...	M40	120	485	02:28:03.3

594	6686	w	Ley, Marianne	Köln	W55	7	109	02:29:17.0
595	2593	m	Mecker, Michael	Rösrath	M40	121	486	02:29:43.6
596	2594	w	Scheu genonnt Mecker, Heike	Rösrath	W30	12	110	02:29:44.3
597	6352	m	Bergerhausen, Dirk	Düren	M35	56	487	02:30:19.0
598	6347	m	Thews, Thomas	Lüdenscheid	M40	122	488	02:30:31.3
599	6662	w	Schleimer, Gisela	ASV Wesseling	W50	10	111	02:31:26.7
600	6479	m	Landes, Jochen Rüdiger	Köln	M30	32	489	02:31:29.3
601	6318	m	Binot, Heribert	SV AXA	M40	123	490	02:31:41.5
602	6434	w	Plagge, Dr. Sabine	Rösrath	W45	28	112	02:32:41.3
603	6797	m	Bartos, Ole	Heisse Hacken	MJugB	4	491	02:32:42.6
604	6881	w	Schröder, Beate	LC Duisburg	W45	29	113	02:34:06.5
605	6637	m	Golly, Klaus-Dieter	Düsseldorf	M45	112	492	02:36:06.5
606	1930	m	Bourry, Helmut	Lauftreff Wesel	M75	1	493	02:36:12.6
607	4042	m	Sygulla, Bernd	Bensberg	M50	85	494	02:37:30.1
608	6605	m	Wielpütz, Günther	Rösrath	M55	32	495	02:42:44.2
609	6399	w	Grothues, Dörte	Vettweiß	W55	8	114	02:44:09.0
610	6733	w	Schnier, Heike	LT Hemsbach	W45	30	115	02:49:17.3
611	6805	w	Falkner, Rosemarie	Lauftreff Reinbek	W70	1	116	02:57:06.1