

Königsforst-Marathon - TEAMSOFT-Sportzeit

Ergebnisse Königsforst-HM, 26.03.2011

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Platz	St.-Nr.	m/w	Nat.	Verein	AK	AK-Pl.	m/w-Pl.	Zeit
1	9375			Leins, Sebastian	Kölner Triath...	MHK	1	01:14:07.6
2	9340			Jungbluth, Uwe	Kölner Triath...	MHK	2	01:14:34.8
3	7708			Wilms, Robert	Schalksmühle	MHK	3	01:18:32.3
4	9415			Wagner, Thomas	Spiridon Frank...	M45	1	01:20:18.6
5	7954			Trapp, Andreas	Plettenberg	M40	1	01:20:43.3
6	3459			Knauf, Albert	LG Mützenich	M45	2	01:21:11.0
7	3383			Wester, Bernd	SV Bergisch Gl...	M40	2	01:21:25.1
8	9334			Boerner, Frank	TuS 08 Lintorf	M45	3	01:21:55.1
9	9473			Kramer, Ulrich	SV Bergisch Gl...	M45	4	01:23:04.2
10	3133			Henger, Marius	Pulheimer SC	MHK	4	01:23:42.6
11	7778			Wilmes, Heiko	TV Refrath	M40	3	01:24:08.8
12	2452			Heitze, Georg	AWD Team TVE N...	M40	4	01:25:11.0
13	9412			Roland, Marc	Bratwurst Runners	M35	1	01:25:18.0
14	3162			Kloss, Mehmet	Pulheimer SC T...	M40	5	01:25:23.6
15	2433			Holthausen, Manfred	SSF Bonn	M40	6	01:25:24.3
16	3345			Dizk, Nils	BSG Springorum...	M30	1	01:25:28.1
17	2490			Homann, Guido	Attendorn	M35	2	01:25:37.3
18	2376			Amling, Jörn	TMK Triathlon ...	M45	5	01:25:50.5
19	7728			Putz, Harry	TV 1908 Neunkirchen	M50	1	01:26:02.6
20	9360			Theisen, Erik	Pena Ihse Roth...	M40	7	01:26:05.6
21	7701		IRE	Cronin, Ing. Ger	Dromin AC Ireland	M40	8	01:26:22.1
22	1514			Moran, Salvatore	ATV Hückeswagen	M45	6	01:26:32.2
23	7871			Späte, Florian	Hilden	M40	9	01:26:32.7
24	9401			Horaki, Jörg	LT Decksteiner...	M45	7	01:27:11.2
25	3417			Kallidat, Matthias	Drabenderhöhe...	M30	2	01:27:13.8
26	7729			Feldenkirchen, Nikolai	Köln	M30	3	01:27:20.8
27	9300			Jörgens, Marc	SV 09-35 Wermelski...	M35	3	01:27:48.3
28	1618			Meinecke, Philipp	Frankfurt	M35	4	01:27:49.5
29	3173			Atenhan, Kai	Köln	MHK	5	01:28:02.0
30	2381			Saupe, Marcel	Rheinbach	M45	8	01:28:05.1
31	3095			Dmoch, Thomas	LT Decksteiner...	M45	9	01:28:11.1
32	9482			Neumann, David	RT Wind Immobi...	M35	5	01:28:16.8
33	9458			Heitkamp, Michael	SV AXA	M45	10	01:28:18.7
34	7817			Tusch, Jonas	Köln	MHK	6	01:28:20.3
35	9422			Trautmann, Georg	RT Wind Immobi...	MHK	7	01:28:24.0
36	7744			Hofmann, Jörg	Krefeld	M40	10	01:28:29.3
37	7863			Tesch, Norbert	LLG St. Augustin	M50	2	01:28:38.2
38	7862			Krause, Eckhard	TV Refrath	M45	11	01:28:49.3
39	3062			Hofmann, Hans-Peter	Düsseldorf	M40	11	01:29:15.5
40	3476			Körbs, Joe	www.laufen-im-...	M40	12	01:29:33.3
41	1617			Hummelsheim, Stefan	Langenfeld	M45	12	01:29:35.3

42	7705		Schuler, Wolfgang	Kölner Triath...	M40	13	42	01:29:37.8
43	8000		Stöhr, Michael	SV 09-35 Wermelski...	M45	13	43	01:29:45.8
44	7628		Hogrete, Dirk	TV Refrath	M55	1	44	01:29:55.6
45	3332		Pöpper, Roland	ASV Köln Tria...	M40	14	45	01:30:07.3
46	3020		Abe, Steffen	Aachen	M40	15	46	01:30:13.6
47	3422		Bergmann, Martin	LC Euskirchen	M40	16	47	01:30:48.3
48	3011		Kullmann, Thomas	BSG Evonik Wes...	M40	17	48	01:30:51.0
49	7864		Kucher, Olaf	LLG St. Augustin	M45	14	49	01:31:12.3
50	2451		Geuer, Philippe	Germanwings	M35	6	50	01:31:12.6
51	3206		Stinn, Frank	VfL Engelskirchen	M40	18	51	01:31:16.3
52	2473		Sehnke, Peter	LTV Remscheid	M40	19	52	01:31:16.3
53	3205		Hermes, Georg	LG Gummersbach	M45	15	53	01:31:16.6
54	9385		Janthur, Christoph	Rockstore Wupp...	M45	16	54	01:31:35.1
55	9448		Röttgen, Wolfgang	DJK Wipperfeld	M45	17	55	01:31:49.3
56	3425	RNI	Alhassan, Zakaria	Köln	M35	7	56	01:31:56.8
57	9354		Kurth, Frank	SV 47 Mutscheid	M45	18	57	01:32:01.9
58	3420		Nieder, Patrick	Duisburg	M50	3	58	01:32:28.4
59	3321		Oppermann, Eckhard	Königswinter	M50	4	59	01:32:42.4
60	7786		Nouvertné, Lars	TV Witzhelden	M45	19	60	01:32:57.0
61	3344	w	Schmitz, Jutta	LC Duisburg	WHK	1	1	01:33:06.4
62	2450		Haack, Gunnar	Siegburg	M40	20	61	01:33:26.9
63	7731		Rahl, Frank	DJK RS Grafschaft	M45	20	62	01:33:35.6
64	7988	w	Raabe, Inge	Skiclub Remscheid	W45	1	2	01:33:42.3
65	7800		Müller, Siegfried	DFS	M45	21	63	01:33:42.5
66	3109		Ley, Heinz-Dieter	SV Windhagen	M50	5	64	01:33:42.6
67	3132		Benning, Patrick	Laufgabe.de	M35	8	65	01:33:45.1
68	9357		Laur, Rüdiger	LT Bittermark ...	M45	22	66	01:33:51.7
69	9413		Henze, Günter	SSV Elspe	M60	1	67	01:33:54.8
70	3006		Lanzerath, Rolf	LC Euskirchen	M50	6	68	01:34:02.0
71	3184		Riem, Christoph	LT Decksteiner...	M40	21	69	01:34:15.0
72	2439	FIN	Vauhkonen, Sami	Järvenpää	M45	23	70	01:34:20.3
73	7635		Hahn, Helmut	SG Neukrchen H...	M45	24	71	01:34:31.4
74	3075		Haupt, Alexander	Köln	M40	22	72	01:34:37.1
75	3373		Eicker, Sven	Union Blau-Wei...	MHK	8	73	01:34:41.1
76	9484		Bernhardt, Nikolai	TV Witzhelden	M45	25	74	01:34:41.2
77	3172		Lütticke, Winfried	Hützemerter SV	M55	2	75	01:34:41.6
78	7736		Jener, Marius	MJ Power	M35	9	76	01:34:48.1
79	2391		Schmitz, Volker	Team Erdinger ...	M35	10	77	01:34:50.3
80	7747		Hagemann, Udo	Burscheid	M40	23	78	01:34:52.8
81	3472		Peters, Uwe	LG RWE Power	M50	7	79	01:35:05.0
82	3055		Thomas, Martin	TSV Bayer 04 Lev...	M30	4	80	01:35:10.5
83	7834		Frank, Patrick	Köln	M30	5	81	01:35:17.3
84	3051		Bolte, Norbert	Lauffreunde Eigen	M50	8	82	01:35:30.5
85	7722		Görtz, Thomas	Frechen	MHK	9	83	01:35:31.8
86	7856		Mausbach, Gerd	LT Decksteiner...	M45	26	84	01:35:32.7
87	7733		Breidenbach, Frank	Union Blau Wei...	M40	24	85	01:35:36.4

88	2477		Lonnes, Markus	Kaarst	M35	11	86	01:35:37.8
89	9373		Wichmann, Thomas	LT Köln Süd	M40	25	87	01:36:02.6
90	1631		Kröger, Burkard	LT Heggen	M45	27	88	01:36:03.3
91	3463	GBR	Haywood, Charlie	Oberursel	MJugB	1	89	01:36:04.8
92	2322		Almasan, Augustin-Dan	Düsseldorf	M30	6	90	01:36:11.1
93	9370		Möschter, Ingo	Köln	M35	12	91	01:36:21.8
94	3482		Ziegler, Dr. Michael	Marathon Finan...	M45	28	92	01:36:30.1
95	7829		Gassen-Wendler, Frank	Union Blau-Wei...	M50	9	93	01:36:37.0
96	9353		Cramer, Rüdiger	LC Euskirchen	M45	29	94	01:36:40.0
97	7997		Müller, Klaus	Köln	M50	10	95	01:36:44.1
98	3126		Menne, Manfred	Skiclub Olpe	M40	26	96	01:36:53.3
99	3010		Dupain, Uwe	Euskirchen	M45	30	97	01:36:57.5
100	7978		Mücke, Hans-Jürgen	TV Hasperbach 1898	M45	31	98	01:37:00.0
101	3001		Lenzen, Robert	RTC Frechen 80	M45	32	99	01:37:02.2
102	7721	w	Mertens, Corinna	LG Wuppertal	W40	1	3	01:37:03.1
103	2336		Schmidt, Sebastian	Team Luftwaffe...	M30	7	100	01:37:03.2
104	3374		Mühlwinkel, Oliver	Bonn	M40	27	101	01:37:09.6
105	7806		König, Bernd	Köln	M40	28	102	01:37:10.8
106	3457		Bubenzer, Christoph	Wiehl	M45	33	103	01:37:14.0
107	2465		Welk, Thomas	Kronos Aktiv	M40	29	104	01:37:17.5
108	3214		Bartels, Björn	Pulheim	M30	8	105	01:37:20.1
109	3507		Marczinski, Götz	CIM Aachen	M50	11	106	01:37:21.8
110	2429		Grass, Rene	Rolling Stones	M40	30	107	01:37:34.2
111	7787		Bungarz, Dirk	Wuppertal	M45	34	108	01:37:44.3
112	3094		Kaiser, Daniel	LT Decksteiner...	M35	13	109	01:37:50.8
113	9355		Cramer, Christian	LC Euskirchen	M45	35	110	01:37:51.8
114	9420		Schneider, Udo	LT TuS Meindorf	M45	36	111	01:37:52.6
115	7739	NED	Claessen, Paul	Opoeteren	M50	12	112	01:37:53.0
116	9386		Lohoff, Wilm	RCL 98	M35	14	113	01:38:01.0
117	3160		Baltes, Martin	1. FC Köln	M35	15	114	01:38:17.5
118	9378		Litzner, Thorsten	Frechen	M40	31	115	01:38:19.1
119	7886		Steinfeld, Markus	ASV Köln	M35	16	116	01:38:35.3
120	7888		Brüning, Robert	ATV Hückeswagen	M35	17	117	01:38:39.8
121	9377		Liesegang, Stefan	Fortuna Düsse...	M45	37	118	01:38:43.3
122	3346		Wehr, Thomas	Wuppertal	M45	38	119	01:38:46.5
123	7994		Köster, Heinz-Werner	Skiclub Olpe	M65	1	120	01:38:49.1
124	2475		Wurm, Ulrich	FC Altenhof	M50	13	121	01:38:51.6
125	7999		Emde, Thomas	SV 09-35 Wermelski...	M40	32	122	01:38:52.6
126	3307		Schröder, Ulf	Tri Power Rhei...	M45	39	123	01:38:59.0
127	3023		Stilez, Christian	TSV Bayer 04 Lev...	M50	14	124	01:39:04.5
128	2304		Spitzley, Ing. Stefan	Leverkusen	M35	18	125	01:39:04.9
129	3137		Jähde, Frank	Köln	M45	40	126	01:39:11.1
130	9326		Müller, Harald	LLG St. Augustin	M40	33	127	01:39:16.6
131	2495	w	Scholzen, Jenni	Schoschis Lauf...	W35	1	4	01:39:21.5
132	7911		Volkmann, Andreas	Lohmar-Höffen	M30	9	128	01:39:23.8
133	9387		Höß, Mario	SV Windhagen	M40	34	129	01:39:31.0

134	7779		Loersch, Christian	Köln	MHK	10	130	01:39:33.6
135	7865		Dürr, Gerd	LLG St. Augustin	M55	3	131	01:39:34.5
136	7771		Euskirchen, Julian	Köln	MHK	11	132	01:39:34.8
137	3196	w	Rentergent, Carola	SG Zons	W45	2	5	01:39:40.5
138	9483		Dahs, Sebastian	RT Wind Immobi...	M30	10	133	01:39:47.9
139	3210	w	Balzer, Nadja	Rommerskirchen	W30	1	6	01:39:48.1
140	7830		Rohde, Martin	Köln	MHK	12	134	01:39:49.1
141	3081		Burbach, Karl-Bernd	Köln	M50	15	135	01:39:49.1
142	7914		Krutmann, Yannick	Elsdorf	MHK	13	136	01:39:49.3
143	2375		Blaesen, Stefan	Goch	MHK	14	137	01:39:59.8
144	2289		Ruthmann, Dr. Ludger	Bergisch Gladbach	M45	41	138	01:40:00.5
145	7735		Zimmermann, Sebastian	Bonn	MHK	15	139	01:40:06.0
146	3118		Rissmann, Dirk	GSV Porz	M45	42	140	01:40:09.8
147	3078		Müller-Rubens, Wolfgang	SG Siegen-Gier...	M55	4	141	01:40:20.3
148	9372		Schmitz, Maximilian	LAZ Puma	MJugA	1	142	01:40:20.4
149	3046	w	Reute, Christiane	TSV Bayer 04 Lev...	W40	2	7	01:40:27.3
150	3136		Teusch, Frank	Skiclub Olpe	M40	35	143	01:40:28.2
151	7737		Weghaus, Stephan	Köln	M35	19	144	01:40:32.6
152	3149		Börste, Andreas	Troisdorf	M35	20	145	01:40:42.0
153	3343		Lange, Hartmut	Team Thomasberg	M50	16	146	01:40:42.1
154	9369		Aydemir, Gürhan	ASV Köln Tria...	M40	36	147	01:40:47.3
155	9492		Niemann, Heribert	1. BC Beuel	M60	2	148	01:41:07.5
156	3017		Isken, Dominik	Düsseldorf	M35	21	149	01:41:08.3
157	2292		Kasper, David	Nacktschnecken...	M35	22	150	01:41:11.3
158	3054		Hemmer, David Gabriel	Bergisch Gladbach	MHK	16	151	01:41:17.4
159	2484		Reinartz, Leo	Köln	M50	17	152	01:41:19.6
160	7913		Krutmann, Andreas	Elsdorf	M50	18	153	01:41:25.6
161	9480		Lentner, Christian	Kids	M45	43	154	01:41:26.6
162	7992	w	Brutzer, Birgit	Skiclub Olpe	W50	1	8	01:41:37.3
163	3426		Frey, Stephan	Rösrath	M40	37	155	01:41:43.2
164	3119		Höck, Reiner	GSV Porz	M55	5	156	01:41:55.1
165	7621		Over, Markus	Rheinhöhenlauf	MJugA	2	157	01:41:59.1
166	2355		Scheppe, Rüdiger	Wenden	M35	23	158	01:41:59.7
167	2397		Wotzlaw, Mathias	ASV Köln Tria...	M45	44	159	01:42:03.1
168	3096		Mörschbach, Udo	LT Decksteiner...	M45	45	160	01:42:06.1
169	3498		Frings, Sam	Rheinhöhenlauf	MJugA	3	161	01:42:09.3
170	9344	w	Herrmann, Marietta	PV Triathlon W...	WHK	2	9	01:42:18.0
171	3198		Hofstadt, Klaus-Peter	SG Zons	M50	19	162	01:42:23.5
172	7738		Taczynski, Dirk	Bergisch Gladbach	M40	38	163	01:42:24.5
173	9361		Giuseppe, Guzzo	Rheinbach	M55	6	164	01:42:31.6
174	9350		Krinop, Fritz	SV Kelz	M45	46	165	01:42:31.6
175	9381		Hackenbroich, Wolfgang	LT Köln-Esch	M50	20	166	01:42:31.8
176	9416		Braun, Andreas	SG Zons	M45	47	167	01:42:43.0
177	4059		Becker, Marc	Kürten	MHK	17	168	01:42:45.6
178	9468		Pitsch, Markus	Nümbrecht	M40	39	169	01:42:57.3
179	7775		Siedenbiedel, Frank	TSV Bayer 04 Lev...	M35	24	170	01:43:05.5

180	3053		Bea, Dominik	Leverkusen	M30	11	171	01:43:14.0
181	7776		Dresing, Jens	Hobbyjogger Do...	MHK	18	172	01:43:14.3
182	3251		Wegner, Dr. Martin	Meckenheim	M40	40	173	01:43:19.6
183	9331		Zachan, Michael	Solinger LC	M50	21	174	01:43:22.0
184	9356	w	Kolsch, Petra	ASC Weißbachtal	W40	3	10	01:43:24.5
185	3123		Brücher, Jens	Radevormwald	M50	22	175	01:43:28.1
186	3024		Gabel, Hans-Jürgen	TSV Bayer 04 Lev...	M50	23	176	01:43:28.8
187	3092		Feltens, Lars	LT Decksteiner...	M35	25	177	01:43:41.0
188	3372		Rohland, Bernd	PSV Bonn Triat...	M50	24	178	01:43:43.3
189	7869		Bittmann, Erik	SSV Dhünn	M45	48	179	01:44:02.6
190	7976		Unflath, Pekka	TV Hasperbach 1898	M40	41	180	01:44:04.5
191	2332		Ley, Thomas	LT Rösrathers...	M45	49	181	01:44:08.8
192	7759		Sträßer, Markus	Rösrath	M45	50	182	01:44:09.1
193	3009		Kreie, Peter	LT Cloversoft	M50	25	183	01:44:10.0
194	4779		Gerber, Peter	RTB Remscheid ...	M55	7	184	01:44:10.8
195	7955		Barth, Christian	Plettenberg	M45	51	185	01:44:11.1
196	9392		Hofmann, Daniel	Trathlon Team ...	M30	12	186	01:44:11.6
197	3114		Schmidt-Volkmar, Armin	Meckenheim	M40	42	187	01:44:14.1
198	3443		Seggewiß, Johannes	1. FC Köln	M55	8	188	01:44:17.0
199	3088		Hennecken, Stefan	Baesweiler	M40	43	189	01:44:20.4
200	2710		Trumm, Richard	TV Ransbach	M55	9	190	01:44:24.9
201	9465		Lautner, Christian	Lohmar	M30	13	191	01:44:26.3
202	7704	w	Voges, Kirstin	TuS Opladen	W35	2	11	01:44:32.3
203	3347	w	Graf, Melanie	Kölner Triath...	W30	2	12	01:44:32.5
204	3348		Meuer, Dieter	Kölner Triath...	M40	44	192	01:44:32.6
205	7703		Voges, Harry	TuS Opladen	M50	26	193	01:44:32.6
206	3411		Hümbs, Wolfgang	LC Duisburg	M55	10	194	01:44:33.0
207	3439		Otto, Ulrich	LG Donatus Erf...	M50	27	195	01:44:35.2
208	9400		Rothkopf, Dominikus	LT Saaler Mühle	M45	52	196	01:44:37.0
209	7807		Drees, Volker	Köln	M45	53	197	01:44:45.1
210	4014		Klingen, Reinhard	QS Frechen	M45	54	198	01:44:45.8
211	2432		Rosenberg, Lars	Düsseldorf	M30	14	199	01:44:54.6
212	2384		Heyne, Karl-Heinz	Remscheid	M50	28	200	01:44:56.1
213	7760		Bonnermann, Arnd	Wetter	M45	55	201	01:44:58.8
214	3441		Köhnke, Oliver	LC Altendorn	M40	45	202	01:45:01.8
215	7767		Achtruth, Lars	Köln	M30	15	203	01:45:02.6
216	2468		Giesen, Thomas	Never Give Up	M45	56	204	01:45:04.1
217	7746		Röllgen, Thomas	HDL Perle	M35	26	205	01:45:04.1
218	7882		Kuckhermann, Stefan	Düsseldorf	M35	27	206	01:45:07.0
219	3082		Ergenzinger, Götz	Bergisch Gladbach	M45	57	207	01:45:08.1
220	3003		Schünke, Ulrich	Köln	M45	58	208	01:45:09.1
221	9459		Larwin, Michel	Frankreich	M35	28	209	01:45:18.0
222	7792		Vogt, Reiner	DLRG Wirges	M45	59	210	01:45:20.0
223	9456	w	Pfeil-Bonnin, Beate	PSV Bonn Triat...	W50	2	13	01:45:23.6
224	7766		Bender, Michael	VFL Wehbach	M50	29	211	01:45:25.3
225	7709		Galonska, Jan	Dormagen	M30	16	212	01:45:27.8

226	3093		Kowalski, Robyn	LT Decksteiner...	M40	46	213	01:45:29.8
227	7820		Last, Christoph	TSV Rönsahl 1886	M30	17	214	01:45:31.0
228	7842		Herder, Arhat	Köln	M40	47	215	01:45:31.7
229	3042	w	Minor, Astrid	ASV Köln	W35	3	14	01:45:35.3
230	7852		Dabrée, Michael	Köln	M45	60	216	01:45:39.6
231	2467		Killat, Frank	Bergisch Gladbach	M45	61	217	01:45:45.5
232	9333		Reininghaus, Volker	TV 08 Neunkirchen	M50	30	218	01:45:52.0
233	3084		Glowka, Torben	TSC Eintracht ...	MHK	19	219	01:45:52.3
234	2326		Heinen, Richard	Köln	M40	48	220	01:45:55.8
235	1699		Bürger, Kai	SC Vickerath LT	M35	29	221	01:45:58.8
236	2404		Werner, Martin	Bewotec	M35	30	222	01:46:02.1
237	3317		Laute, Hartwig	Bonn	M40	49	223	01:46:04.0
238	3077		Stefener, Bernd	SG Siegen-Gier...	M50	31	224	01:46:07.1
239	3448		Tischler, Joerg	Düsseldorf	M35	31	225	01:46:07.1
240	7979		Schmückert, Dieter	TV Hasperbach 1898	M55	11	226	01:46:17.6
241	3370		Schmitz, Dario	Bergisch Gladbach	MHK	20	227	01:46:21.8
242	3489		Unterbörsch, Heinz	Bergisch Gladbach	M55	12	228	01:46:33.6
243	2369		Liedtke, Frank	Monheim	M45	62	229	01:46:38.3
244	3318		Stienemeier, Frank	Pony Runners R...	M40	50	230	01:46:39.5
245	7616		Gillmeister, Stefan	LF Jennecken	M45	63	231	01:46:42.3
246	3496		Gauchel, Ralf	TV Geislar	M40	51	232	01:46:45.8
247	3208		Poersch, Heiko	Förderverein ...	M40	52	233	01:46:47.6
248	9343		Jung, Hermann	TPSK-Triathlon...	M50	32	234	01:46:59.8
249	9434		Fiedler, Bernd	BSG Delphi Draka	M55	13	235	01:47:04.0
250	9439		Beltermann, Rainer	ASC Weißbachtal	M45	64	236	01:47:04.8
251	2442		Janssen, Heinz-Otto	Morsbach	M55	14	237	01:47:05.1
252	9485	w	Daleki, Stephanie	SV Weitersburg	W40	4	15	01:47:17.9
253	3076		Hellmann, Thomas	SG Siegen-Gier...	M45	65	238	01:47:26.9
254	3171		Myslisch, Frank	Frechen	M35	32	239	01:47:27.1
255	7716		Weigl, Georg	Köln	M35	33	240	01:47:27.5
256	3115		Oberheim, Ralf	GSV Porz	M40	53	241	01:47:33.1
257	7872		Sauer, Armin	LG RWE Power	M45	66	242	01:47:33.6
258	7832		Sauerwald, Markus	ELLUKITE Ippen...	M45	67	243	01:47:38.0
259	7768		Rumpf, Stefan	Langenfeld	M30	18	244	01:47:41.0
260	7821		Reckers, Ing. Raimond	Mönchengladbach	M50	33	245	01:47:44.6
261	3308		Velden, Wolfgang	Inden	M45	68	246	01:47:48.5
262	3108		Prieß, Frank	Pulheim	M45	69	247	01:47:53.1
263	9471		Hißeler, Wolfgang	TS 79 Bergisch G...	M55	15	248	01:48:01.0
264	7762		Lange, Peter	Köln	M55	16	249	01:48:03.1
265	3060	w	Langkopf, Nina	Steinfort-Rubb...	W40	5	16	01:48:07.4
266	3061		Langkopf, Florian	Aldenhoven	M35	34	250	01:48:07.9
267	3129		Breker, Markus	Dortmund	M40	54	251	01:48:20.3
268	3112	w	Wohlfahrt, Marion	SV Windhagen	W45	3	17	01:48:22.8
269	4039		Vering, Wilfried	GSV Porz	M50	34	252	01:48:23.1
270	2494		Seemann, Dietmar	TV Stammheim	M50	35	253	01:48:26.8
271	4049		Wendler, Stefan	Bergisch Cycling	M40	55	254	01:48:30.3

272	9444		Boelter, Thomas	Ergo Sports La...	M45	70	255	01:48:32.1
273	3083		Glowka, Arvid	TSC Eintracht ...	MHK	21	256	01:48:38.0
274	7791		Lippert, Ludger	Remscheid	M50	36	257	01:48:38.5
275	2305		Zeies, Markus	Höhr-Grenzhausen	M40	56	258	01:48:39.8
276	3116		Issel, Ulf	GSV Porz	M50	37	259	01:48:48.1
277	3068		Runge, Günther	VfL Engelskirchen	M60	3	260	01:48:48.3
278	2486		Arras, Volker	Oldies Kerpen	M45	71	261	01:48:51.7
279	7826		Krutmann, André	Menden	M45	72	262	01:48:58.0
280	3178		Lietz, Olaf	Kürten	M45	73	263	01:48:59.6
281	2403		Horn, Michael	Wuppertal	M30	19	264	01:49:11.3
282	2441		Quirin, Marc	Morsbach	M30	20	265	01:49:11.7
283	3312		Meisen, Andreas	Monheim-Baumberg	M45	74	266	01:49:12.1
284	9349		Duschanek, Harald	Kürten	M45	75	267	01:49:14.8
285	9329		Filippov, Dimitrii	Jüdische Geme...	MHK	22	268	01:49:15.6
286	2165		Abdel Kafi, Hussam	Krüger Runnin...	M45	76	269	01:49:18.1
287	7727		Arnold, Jörg	Deutsche Ärzt...	M45	77	270	01:49:18.3
288	4126	w	Yoshida, Katinka	Essen	W35	4	18	01:49:20.5
289	9380		Krüger, Gerhard	TV Refrath	M70	1	271	01:49:20.5
290	7873		Heine, Harald	Turbo-Schnecke...	M50	38	272	01:49:24.5
291	7824		Gassen, Heinz	Sinzig	M55	17	273	01:49:24.8
292	7673	w	Wippich, Sarah	Köln	WHK	3	19	01:49:27.0
293	3375		Heidchen, Michael	LeoGoesRunning...	M55	18	274	01:49:42.5
294	9393	w	Landgrebe, Claudia	Köln	W45	4	20	01:49:44.1
295	3049		Salingré, Michael	Ingenieurbüro...	M55	19	275	01:49:45.3
296	3106		Schulte, Willi	LT Langenfeld	M65	2	276	01:49:52.6
297	9442		Hanke, Volker		M45	78	277	01:49:54.9
298	3158	BEL	Moraga, Feliciano	Maasmechelen	M55	20	278	01:50:06.6
299	3056		Miletisch, Heinz	Solinger LC	M55	21	279	01:50:09.1
300	9463		Plachta, Detlef	Bike u. Run Si...	M40	57	280	01:50:12.1
301	1700		Nolte, Andreas	SC Vickerath LT	M45	79	281	01:50:16.6
302	1740		Hauptmann, Dietmar	SC Vickerath LT	M40	58	282	01:50:17.0
303	2434		Urban, Volker	Hürth	M40	59	283	01:50:19.3
304	9478		Baldus, Alexander	ESV Gremberghoven	M40	60	284	01:50:19.6
305	7975		Teichert, René	BSV Profil Hü...	M30	21	285	01:50:22.1
306	7889	w	Büttgenbach, Eva	Köln	W40	6	21	01:50:26.3
307	3013		Michalski, Martin	Köln	MHK	23	286	01:50:28.5
308	2401		Goer, Christopher	Köln	M40	61	287	01:50:34.1
309	3209		Wichard, Norbert	Köln	M30	22	288	01:50:39.8
310	9430		Goeser, Thomas	Düsseldorf	M50	39	289	01:50:40.6
311	9328		Aibache, Malik	Düsseldorf	M40	62	290	01:50:42.2
312	3165		Macherey, Peter	Leverkusen	M50	40	291	01:50:42.6
313	3310		Kreuzer, Gregor	LT Marialinden	M40	63	292	01:50:47.5
314	9476		Limbach, Markus Maximilian	Solingen	M40	64	293	01:50:48.4
315	7875		Duschanek, Helmut	LT Wahlfeld	M50	41	294	01:50:48.7
316	7501		Büscher, Manfred	TV Refrath	M55	22	295	01:50:51.3
317	9347		Kratz, Jan	7-Hills Runners	MHK	24	296	01:50:51.6

318	9398			Soler Monte, Jorge	Wermelskirchen	M45	80	297	01:50:57.3
319	3043	w		Engel, Petra	Köln	W40	7	22	01:51:04.3
320	3041			Seithümmer, Karl-Wolfgang	TG Lage	M55	23	298	01:51:06.1
321	7630			Thiemonds, Michael	Bergisch Gladbach	M45	81	299	01:51:07.5
322	3069			Hoffmann, Dirk	Bergisch Gladbach	M40	65	300	01:51:10.2
323	7906			Rüngeler, Lucas	Köln	MHK	25	301	01:51:17.6
324	7870			Van Beek, Wolfgang	Amprion	M55	24	302	01:51:19.1
325	9391			Franken, Michael	Köln	M45	82	303	01:51:29.3
326	3025			Seck, Christian	SV AXA Köln	M30	23	304	01:51:38.0
327	4798			Schurna, Udo	LT Haumann Pla...	M55	25	305	01:51:45.5
328	4095			Schmidt, Klaus	Kinderkrebshil...	M40	66	306	01:51:47.3
329	3063	w		Blass, Ulrike	Lindlar	W40	8	23	01:51:49.0
330	3326			van den Bogaard, Marc	Leverkusen	MHK	26	307	01:51:51.8
331	3031	w	AUT	Kelting, Eveline	Turbo-Schnecke...	W45	5	24	01:51:52.6
332	2293			Carlé, Thomas	Köln	M40	67	308	01:51:55.7
333	2464			Kamps, Michael	Köln	M35	35	309	01:52:02.1
334	3155	w		Nebel, Helga	Union Blau-Wei...	W40	9	25	01:52:02.3
335	9351			Pelzer, Jochen	Dürener TV 1847	M45	83	310	01:52:08.0
336	9359	w		Schmolke, Annette	Bergisch Gladbach	W35	5	26	01:52:08.5
337	3213			Hehl, Michael	Maxsain	M35	36	311	01:52:10.8
338	3002			Sasse, Lutz	Aggertal Lauf-Cup	M50	42	312	01:52:23.6
339	2398			Gottschalk, Ralf	Köln	M45	84	313	01:52:24.1
340	7972			Ueberberg, Markus	Lindlar	M35	37	314	01:52:30.8
341	7971			Feldhoff, Marco	Lindlar	MHK	27	315	01:52:34.8
342	9432	w		Salingré, Ruth	Ingenierbüro ...	W55	1	27	01:52:43.4
343	3415			Sandmann, Matthias	Herdecke	M30	24	316	01:52:50.5
344	7837			Ehlen, Andreas	TSV 09 Stockheim	M40	68	317	01:52:55.8
345	9403			Gelbert, Bruno	Löhnberg	M50	43	318	01:53:05.1
346	3166	w		Macherey-Diese, Silke	Leverkusen	W45	6	28	01:53:09.5
347	9469			Icks, Wolfgang	LF Blücherpark	M45	85	319	01:53:11.6
348	2367			Pons, Georges	Braunsfeld	M35	38	320	01:53:18.9
349	9457			Weinkopf, Marcus	Deutsche Telekom...	M45	86	321	01:53:19.8
350	7887			Vogelsang, Volker	Turbo-Schnecke...	M55	26	322	01:53:23.0
351	7891	w		Heilmann, Roswitha	LG RWE Power	W50	3	29	01:53:23.8
352	7893	w		Wienands, Marion (Läuferin ist LG RWE Power		W45	7	30	01:53:24.1
353	2400	w		Suhr, Monika	Köln	W50	4	31	01:53:25.8
354	3018			Annas, Michael	Wuppertal	M35	39	323	01:53:27.1
355	4072			Boelen-Theile, Claus	Rösrath	M45	87	324	01:53:28.1
356	2472			Hoff, Ing. Klaus-Uwe	Hückeswagen	M45	88	325	01:53:28.5
357	3026			Sellner, Andreas	Diözesa-Cari...	M50	44	326	01:53:31.2
358	3376			Fröhlich, Marcel	Kilometerfresser	M30	25	327	01:53:35.1
359	3377			Lanser, Gerd	Bornheim	M45	89	328	01:53:35.5
360	7751			Fassbender, Frank	Köln	M50	45	329	01:53:36.5
361	2357			Uvarovski, Dmitri	Köln	MHK	28	330	01:53:39.7
362	3203			Rausch, Georg	LG Gummersbach	M55	27	331	01:53:40.5
363	3488			Keck, Michael	TV Refrath	M50	46	332	01:53:45.5

364	9352		Jedwabny, Wolfgang	Deutsche Ärzt...	M45	90	333	01:53:53.0
365	7905		Küffner, Andreas	Köln	MHK	29	334	01:53:58.1
366	3139		Honsel, Werner	TV Witzhelden	M55	28	335	01:54:00.6
367	7711		Mertens, Andreas	Köln	M40	69	336	01:54:02.6
368	7712		Kirst, Lothar	Köln	M35	40	337	01:54:03.3
369	2168		Schmitt, Frank	Köln	M45	91	338	01:54:04.3
370	2319		Nawrath, Jörg	Herzogenrath	M50	47	339	01:54:06.0
371	2295		Reusch, Dr.Matthias	LT Bittermark ...	M65	3	340	01:54:08.3
372	4006		Gerschau, Dirk	Team Erdinger ...	M40	70	341	01:54:10.8
373	7699		Engels, Berthold	SG Olpe	M50	48	342	01:54:15.5
374	7814		Bogdan, Niels	Leverkusen	M40	71	343	01:54:22.0
375	7977		Brinker, Martin	TV Hasperbach 1898	M40	72	344	01:54:22.3
376	2166		Schmitz, Dirk	Bergisch Gladbach	M45	92	345	01:54:24.3
377	9327	w	Walter, Anna	Köln	WHK	4	32	01:54:27.9
378	9438		Hagemann, Thorsten	Köln	M35	41	346	01:54:30.7
379	3057		Schnitzker, Wolfgang	Solinger LC	M50	49	347	01:54:31.1
380	2368		Dormin, Marko	Köln	M35	42	348	01:54:31.5
381	9447		Laudenberg, Ludwig	TV Witzhelden	M60	4	349	01:54:32.2
382	2306		Neschen, Dirk	Wermelskirchen	M45	93	350	01:54:33.2
383	7773		Sanri, Osman	Rösrath	M50	50	351	01:54:33.3
384	9335		Zander, Christian	Köln	M35	43	352	01:54:35.8
385	3169	w	Nußbaum, Claudia	Hardtseemafia	W40	10	33	01:54:40.2
386	2374		Goldberg, Alexander	Goldberg Recht...	M45	94	353	01:54:40.4
387	2377	w	Kroh, Jeannette	TMK Triathlon ...	W40	11	34	01:54:44.0
388	3414	w	Werthmann, Katrin	Köln	WHK	5	35	01:54:46.6
389	1555		Reusch, Wolfgang	Bergisch Gladbach	M50	51	354	01:54:50.0
390	7896		Nessmann, Axel	Düsseldorf	M50	52	355	01:54:51.1
391	2393	w	Menngen, Sabrina	Helferskirchen	WHK	6	36	01:54:54.6
392	2390	w	Fries, Susanne	Wirges	W30	3	37	01:54:54.9
393	9467		Schumacher, Peter	Köln	M50	53	356	01:54:59.3
394	2302		Neschen, Reiner	Wuppertal	M50	54	357	01:55:02.3
395	9382	w	Feige, Claudia	TV Refrath	W35	6	38	01:55:05.6
396	3022		Horsten, Dr. Jörg	Bergisch Gladbach	M50	55	359	01:55:10.3
397	7827		Zerwas, Gerd	Rheinhöhenlauf	M45	95	358	01:55:10.3
398	3021		Wichary, Dr. Reiner	Dynamo Zitrone	M40	73	360	01:55:11.1
399	7973		Mankel, Thorsten	Kreuztal	M40	74	361	01:55:12.0
400	7900		Wagner, Andreas	Kreuztal	M35	44	362	01:55:12.3
401	4083	w	Roth, Heike	ESV Gremberghoven	W40	12	39	01:55:12.3
402	3029		Weber, Dr. Georg	Lauftreff Inde...	M50	56	363	01:55:15.5
403	9452		Wolf, Marcel	Kiel	M30	26	364	01:55:16.7
404	7880		Werthmann, Ing. Klaus-Dieter	TuS Stöcken D...	M55	29	365	01:55:17.0
405	3107		Witez, Tobias	TS 79 Bergisch G...	M40	75	366	01:55:17.5
406	4075	w	Schneiders, Daniela	Bergisch Gladbach	W40	13	40	01:55:18.5
407	4152		Johanshon, Andreas	LAZ Siegburg	M40	76	367	01:55:24.3
408	4136		Kleeb, Michael	RTB Remscheid	M50	57	368	01:55:26.9
409	7795	w	Dunkel, Sandra	Leverkusen	W40	14	41	01:55:31.8

410	3142	w		Hindenburg, Dagmar	Velbert	W45	8	42	01:55:38.0
411	3150			Lehnert, Wolfgang	HuGo´s Cölle	M50	58	369	01:55:51.5
412	7904			Koelman, Manuel	Köln	M30	27	370	01:55:55.7
413	3101			Schmitz, Albert	Lohmar	M60	5	371	01:55:56.3
414	3102			Schmitz, Ing. Mario	Lohmar	MHK	30	372	01:56:04.4
415	9424			Körfgen, Stefan	BSG Evonik Wes...	M30	28	373	01:56:07.6
416	9427			Pillatzke, Robert	BSG Evonik Wes...	M45	96	374	01:56:08.3
417	3140			Bigalke, Uwe	TV Witzhelden	M50	59	375	01:56:10.6
418	9408			Walter, Michael	Rösrath	M55	30	376	01:56:13.0
419	9475			Riedel, Kai	Leverkusen	M45	97	377	01:56:14.6
420	9338			Hess, Georg	Düsseldorf	M45	98	378	01:56:21.8
421	3305			Spanka, Jürgen	Bergisch-Gladbach	M45	99	379	01:56:22.2
422	7860			Sosnowski, Manfred	Tri Team Bluts...	M40	77	380	01:56:23.6
423	7726			Launert, Cedrik	Kürten	MHK	31	381	01:56:26.5
424	7953			Michalsky, Rainer	Plettenberg	M50	60	382	01:56:28.5
425	3306	w		Riedel, Anke	Düsseldorf	W45	9	43	01:56:31.7
426	2410			Schlüter, Thorben	Aachen	MHK	32	383	01:56:33.1
427	9411	w		Buchholz, Marianna		W30	4	44	01:56:33.3
428	7781	w		Fischer-Appelt, Anke	Köln	W35	7	45	01:56:37.0
429	7785			Brueckner, Wolfgang	Brühl	M60	6	384	01:56:39.3
430	3316			Klee, Christian	Lindlar	M40	78	385	01:56:42.6
431	3170			Wiedenhöft, Mark	Wiehl	M40	79	386	01:56:43.0
432	7957			Floeth, Thomas	Süchteln	M40	80	387	01:56:46.3
433	7828			Müller, Rainer	ASC Loope	M45	100	388	01:57:02.8
434	4776			Kerpen, Thomas	Köln	M30	29	389	01:57:08.6
435	4777			Schachten, Johannes	Köln	MHK	33	391	01:57:09.3
436	7877			Bongen, Ulrich	DJK Niederwipper	M45	101	390	01:57:09.3
437	3086			Schneider, Markus	Frankfurt	MHK	34	392	01:57:12.1
438	7634	w		Houben, Verena	Triathlon Wald...	W30	5	46	01:57:15.0
439	2324			Zierold, Ing. Andreas	RWE BSG EW Sie...	M50	61	393	01:57:16.5
440	9388			Ingeney, Franz-Josef	LT Bittermark ...	M55	31	394	01:57:24.0
441	7799	w		Obermüller, Carina	Köln	WHK	7	47	01:57:31.0
442	3080	w		Wukadinowitsch, Ute	SG Siegen-Gier...	W50	5	48	01:57:34.0
443	3183			Rabsch, Michael	Würselen	M50	62	395	01:57:37.3
444	7725			Launert, Jürgen	Karate-Do Overath	M45	102	396	01:57:37.6
445	7981			Knieps, Peter	Bad Honnef	M45	103	397	01:57:38.6
446	3167			Bahling, Stefan	Team Erdinger ...	M40	81	398	01:57:39.2
447	7801			Eickholt, Markus	Heiligenhauser...	M40	82	399	01:57:43.1
448	7838			Grünewälder, Arend	Köln	M40	83	400	01:57:48.2
449	3483			Müller, Wilfried	Marathon Finan...	M45	104	401	01:57:49.1
450	2482	w		Bolz-Friedmann, Carina	Köln	W40	15	49	01:57:50.6
451	7853			Blankenhagen, Hubert	Solingen	M45	105	402	01:57:53.0
452	3161			Van Der Ven, Dr. Christian	Köln	M45	106	403	01:57:57.5
453	3447	w	USA	Isbrandt, Laura	DLC Aachen	W30	6	50	01:57:59.6
454	3311			Kreitzberg, Martin	Laufpapis Fort...	M45	107	404	01:58:03.8
455	3499			Schmitz, Günter	Rheinhöhenlauf	M40	84	405	01:58:18.0

456	7956		Schneckenberg, Thomas	Viersen	M40	85	406	01:58:19.9
457	3501	w	Moseke, Sabine	Solinger LC	W55	2	51	01:58:22.7
458	7851	w	Drees, Bärbel	Köln	W45	10	52	01:58:28.1
459	9332		Kieselbach, Marco	TVE Weiher	M30	30	407	01:58:30.8
460	3421		Issberger, Dr. Ulrich	Solingen	M40	86	408	01:58:31.6
461	7987	w	Biermann, Irmgard	LT Schöllerhof	W55	3	53	01:58:34.5
462	7833		Arends, Sebastian	FC Oldersum	M30	31	409	01:58:36.3
463	7803	w	Nöschel, Sabine	Korschenbroich	W40	16	54	01:58:37.5
464	7858		Campodonico, Mario	Bergisch Gladbach	M40	87	410	01:58:39.0
465	7892		Emde, Robert	Ennepetal	MHK	35	411	01:58:41.9
466	9404		Bender, Tom	Wittlaer Roadr...	M45	108	412	01:58:42.8
467	3067		Scherf, Marcel	Köln	MHK	36	413	01:58:51.1
468	9441		Jäger, Edgar	Köln	M50	63	414	01:58:53.4
469	2405		Mangold, Jochen	Bergisch Gladbach	M40	88	415	01:58:54.3
470	1464		Vosen, Dietrich		M40	89	416	01:59:17.1
471	9394		Schulz, Alfred	LT Köln-Süd	M45	109	417	01:59:17.6
472	3197		Gnidowski, Kunibert	SG Zons	M35	45	418	01:59:19.9
473	9379		Vinola, Alain	Frechen	M55	32	419	01:59:30.9
474	7984		Petrich, Dieter	LLG Haan-Hilden	M50	64	420	01:59:40.0
475	7983		Ling, Joachim	LLG Haan-Hilden	M45	110	421	01:59:41.8
476	9337		Hürten, Holger	Troisdorf	M40	90	422	01:59:45.1
477	3452		Rhein, Christian	Laufteam Rügen	M30	32	423	01:59:45.5
478	3504	w	Schurna, Esther	Köln	WHK	8	55	01:59:47.1
479	3283	w	Ross, Greta	Marie-Curie-Re...	WJugB	1	56	01:59:57.5
480	9477	w	Mertens-Nelles, Karin	Aachen	W50	6	57	02:00:09.5
481	3064		Sühring, Hans	Lindlar	M55	33	424	02:00:16.3
482	7784	w	Schlemmer, Sarah	Idar-Oberstein	WHK	9	58	02:00:23.8
483	2415		Steffl, Ernst	Bewotec	M40	91	425	02:00:25.0
484	2316		Menzel, Frank	Siegen	M35	46	426	02:00:26.0
485	2492	w	Kramp, Lydia	ASV Köln Team 42	W50	7	59	02:00:28.1
486	3371		Steinke, Gerhard	Köln	M65	4	427	02:00:32.0
487	4052		Lotze, Andreas	Big C	M45	111	428	02:00:45.2
488	2428		Fezer, Wolfgang	Kibo Runners	M55	34	429	02:00:58.3
489	3138	w	Rypholz, Monika	ASV Köln Tria...	W50	8	60	02:01:01.3
490	2379	w	Petzold, Andrea	Odenthal	W40	17	61	02:01:10.0
491	7782	w	Lyne, Jaeggi	Selfkant-Saeff...	W40	18	62	02:01:13.1
492	2455		Baier, Markus	Jülich	MHK	37	430	02:01:13.3
493	7805		Wittig, Gunther	Overath	M30	33	431	02:01:15.1
494	2424		Knoch, Mike	Rösrath	M30	34	432	02:01:17.3
495	2461		Volker, Simon	Spocht Club GL...	M40	92	433	02:01:18.1
496	3412		Clauberg, Marcus	TV Greetsiel	M35	47	434	02:01:18.8
497	4023		Finger, Mark	Bergheim	M45	112	435	02:01:36.4
498	2418		Stoll, Christoph	Köln	M40	93	436	02:01:47.6
499	9348	w	Knöppel, Sigrid	FeGGM	W55	4	63	02:02:01.5
500	3019	w	Ebelshäuser, Claudia	1. Kölner Lauf...	W45	11	64	02:02:03.1
501	7839		Schepers, Thomas	1. Kölner Lauf...	M45	113	437	02:02:03.5

502	7823			Brückner, Jörg	Lauftreff TuS 82...	M45	114	438	02:02:08.0
503	3074	w		Volknandt, Gabi	Wermelskirchen	W45	12	65	02:02:15.0
504	7804			Kirchhoff, Ernst-Eugen	Köln	M50	65	439	02:02:19.1
505	7752			Schreyer, Thilo	Leverkusen	M45	115	440	02:02:20.2
506	2356	w		Krooss, Christin	Köln	WHK	10	66	02:02:23.6
507	7783	w	CAN	Switzer, Della	Gangelt	W45	13	67	02:02:25.3
508	7883			Seeger, Lutz	Köln	M40	94	441	02:02:28.1
509	9450			Verleger, Achim	TVG Kaiserau	M45	116	442	02:02:30.3
510	7629	w		Redekop, Larissa	Köln	WHK	11	68	02:02:32.3
511	2334			Wielke, Ralf	Köln	M45	117	443	02:02:40.6
512	7908			Vigelius, Joel	Odenthal	MHK	38	444	02:02:45.6
513	7907			Moch, Oliver	Kürten	MHK	39	445	02:02:45.8
514	9402	w		Gelbert, Gerwid	Radiergummilig...	W45	14	69	02:02:50.3
515	7815			Schmitt, Joachim	Bergisch Gladbach	M40	95	446	02:02:57.6
516	9406	w		Schuster, Susann	Gummersbach	W35	8	70	02:03:13.8
517	9407			Gross, Uwe	Fighting 71	M40	96	447	02:03:16.1
518	3450			Berg, Karl Heinz	Turbo-Schnecke...	M65	5	448	02:03:24.5
519	7724			Hoffmann, Michael	Schwetzingen	M45	118	449	02:03:34.6
520	2343			Erfurth, Jonny	Team Erdinger ...	M30	35	450	02:03:37.3
521	9339	w		Wedde, Katja	LG Monheim-Bau...	W40	19	71	02:03:39.8
522	4068			Backes, Dr. Andreas	Schuhsohle Zü...	M40	97	451	02:03:39.9
523	2371	w		Sefzig, Dr. Renate	LT Dünnwalder TV	W50	9	72	02:03:40.0
524	2444			Borm, Wolfgang	ERGO Sports Kl...	M55	35	452	02:03:52.6
525	2469			Buckmann, Uli	Bergisch Gladbach	M65	6	453	02:03:55.8
526	7876			Hottenbacher, Hans-Erich	Wuppertal	M55	36	454	02:04:00.1
527	2311	w		Saupp, Carola	Monday Runners	W50	10	73	02:04:12.6
528	2313	w	CH	Jannes, Yvonne	Monday Runners	W35	9	74	02:04:13.3
529	7974	w		Schiller, Martina	Kürten	W35	10	75	02:04:13.9
530	2312	w	CAN	Kampmann, Claire	Monday Runners	W45	15	76	02:04:18.8
531	3032			Reinle, Dominik	Köln	M45	119	455	02:04:27.1
532	3004	w		Hanly, Maria	Rösrath	W35	11	77	02:04:36.4
533	7998			Burkelc, Wolfgang	SSHB	M55	37	456	02:04:42.5
534	3104			Becker, Claus	Cegelec Wallabies	M60	7	457	02:04:47.1
535	3505			Güsgen, Hermann-Josef	Gangelt	M60	8	458	02:04:52.0
536	3058	w		Wenske, Gisela	Solinger LC	W50	11	78	02:04:52.8
537	1622	w		Kraemer, Elisabeth	Alterer SC	W50	12	79	02:05:02.0
538	3455	w		Laub, Anja	SFD 75 Düsseldorf	WHK	12	80	02:05:12.1
539	9384			Hermanns, Tillmann	Köln	M60	9	459	02:05:17.3
540	1771			Krienke, Werner	TVF	M60	10	460	02:05:24.6
541	7884			Siegmund, Alexander	Köln	M35	48	461	02:05:26.7
542	7847			Meier, Hans-Jürgen	Turbo-Schnecke...	M65	7	462	02:05:29.3
543	2290			Baade, Ulf	Köln	M40	98	463	02:05:29.6
544	7808			Daudrich, Alexander	Köln	MHK	40	464	02:05:42.3
545	9435			Schör, Mario	Hünxe	M40	99	465	02:05:47.4
546	7995			Kettner, Bernd	LT Kattenbach	M55	38	466	02:05:51.6
547	2309			Schumacher, Frank	BSG Rheinpark	M40	100	467	02:05:53.8

548	2354		Fischer, Hans-Peter	Mündersbach	M50	66	468	02:05:58.6
549	2164		Barbian, Bernd	Tus Schildgen	M45	120	469	02:06:08.4
550	2167		Korn, Guido	Bergisch Gladbach	M40	101	470	02:06:10.1
551	7980	w	Fallert, Claudia	Hennef	W40	20	81	02:06:19.0
552	3303		Klement, Hansi	Bergisch Gladbach	M45	121	471	02:06:23.6
553	7850		Schröter, Ralph	Niederzier	M45	122	472	02:06:24.0
554	3156	BEL	Verdonschot, Frank	Maasmechelen	M45	123	473	02:06:32.8
555	7748	w	Teller, Julia	Köln	WHK	13	82	02:06:34.8
556	3304		Bauer, Bernd	Bergisch-Gladbach	M40	102	474	02:06:40.8
557	7867		Brasemann, Ralf	Wuppertal	M45	124	475	02:06:49.1
558	7996	w	Bachhofer, Christina	Anlauf-Siegen	W45	16	83	02:07:01.6
559	3154	BEL	Warson, Theo	Rekern	M70	2	476	02:07:06.1
560	3073	w	Winter, Heidrun	TG Lage	W45	17	84	02:07:16.1
561	3490		Tiedke, Maik	Rösrath	M40	103	477	02:07:20.5
562	2378		Spill, Marco	Köln	M30	36	478	02:07:22.6
563	2489		Naujokat, Carsten	DAV Elberfeld	M40	104	479	02:07:29.1
564	7740	w	Leenders, Ingrid	Opoeteren	W45	18	85	02:07:38.9
565	7741	NED	Brinkhoff, Math	Landgraaf	M45	125	480	02:07:39.0
566	3014		Kohnz, Dr. Harald	Oberhausen	M50	67	481	02:07:43.5
567	7879		Pösel, Detlef	M.k.B	M45	126	482	02:07:55.4
568	3315		Nowak, Rainer	ASV LT Kemperdick	M60	11	483	02:08:09.0
569	2449		Münchhalfen, Hans	Köln	M50	68	484	02:08:11.1
570	2320	w	Nawrath, Marlies	Herzogenrath	W55	5	86	02:08:23.8
571	3159	BEL	Vanderplasschen, Andre	Maasmechelen	M55	39	485	02:08:26.8
572	2460		Keull, Michael	Odenthal	M45	127	486	02:08:27.0
573	7835	w	Dünchem, Sylvia	Köln	W40	21	87	02:08:31.8
574	7952		Schröder, Martin	Heidewalker	M55	40	487	02:08:54.8
575	9449	w	Möller, Geli	LSM Elsdorf	W45	19	88	02:08:58.6
576	7810		Tils, Markus	Galeria Kaufhof	M30	37	488	02:09:00.5
577	7915		Krutmann, Jonas	Elsdorf	MJugB	2	489	02:09:01.2
578	1240		Thewes, Peter	Mediterrana	M55	41	490	02:09:04.5
579	7600	w	Kierdorf, Laura	Münster	WHK	14	89	02:09:10.3
580	3350	w	Kühhirt, Elisa	Remscheider SV	WHK	15	90	02:09:10.4
581	3349	w	Bruchmann, Kim	Wuppertal	WHK	16	91	02:09:10.5
582	3410	w	Happ, Lena	Köln	WHK	17	92	02:09:10.6
583	3487		Fischer, Florian	Wuppertal	MHK	41	491	02:09:12.1
584	9376		Fredrich, Wolfgang	L Bais La Ba	M45	128	492	02:09:15.0
585	4016		Sons, Stefan	Velbert	M40	105	493	02:09:15.5
586	9346	w	Windoffer, Michaela	Livestrong	W40	22	93	02:09:17.1
587	9345		Windhoffer, Stefan	Ivestrong	M45	129	494	02:09:17.5
588	3419		Gruschka, Gregor	Düsseldorf	M50	69	495	02:09:31.3
589	7816		Uhlhorn, Kurt	Kronos Aktiv	M50	70	496	02:09:36.5
590	4033		Mertens, Joachim	Wuppertal	M50	71	497	02:09:44.8
591	7948		Polkähn, Alexander	Heidewalker	M50	72	498	02:10:02.3
592	4024		Scheffold, Thomas	Mettmann	M50	73	499	02:10:12.8
593	7951	w	Sidow, Tina	Heidewalker	W30	7	94	02:10:22.8

594	9368	w		Zora, Susanne	Mülheim	W50	13	95	02:10:26.8
595	7777			Schiergens, Torsten	Wiehl	M45	130	500	02:10:44.4
596	7991	w		Sombert, Renate	Nümbrecht	W50	14	96	02:10:51.5
597	2425	w		Hansel, Nicola	KTC Goldweiss	W45	20	97	02:10:58.0
598	7993			Kowalewsky, Eckart	Köln	M45	131	501	02:10:59.3
599	2321	w		Mecker, Heike	Rösrath	W35	12	98	02:11:20.0
600	7756			Deuringer, Peter	Köln	M45	132	502	02:11:31.1
601	3079	w		Gruszka, Elena	SG Siegen-Gier...	W35	13	99	02:11:32.6
602	7840			Graf, Markus	Triandertaler ...	M35	49	503	02:11:33.0
603	7742			Wichmann, Wolfgang	Köln	M40	106	504	02:11:44.3
604	3503			Eilrich, Uwe	Lindlar	M50	74	505	02:11:47.6
605	4100			Peters, Werner	Running TV Bed...	M60	12	506	02:11:54.3
606	7702	w	FRA	Cornet, Stéphanie	Bonn	W30	8	100	02:12:08.3
607	3157		BEL	Wevers, Koen	Maasmechelen	M35	50	507	02:12:12.8
608	3087	w		Tillmann, Bindu	Sankt Augustin	WHK	18	101	02:12:57.8
609	9440	w		Biermanski, Brigitta	SF 09 Puderbach	W60	1	102	02:13:07.4
610	4799	w		Berg, Marita	TV Offenbach-H...	W45	21	103	02:13:13.7
611	4801			Speer, Rudi	Rumwo	M55	42	508	02:13:32.5
612	2335			Schöbel, Heinz	Wuppertal	M65	8	509	02:13:35.8
613	2310			Saupp, Norbert	Monday Runners	M45	133	510	02:14:03.7
614	7789	w		Boekstegers, Silke	TG Lage	W45	22	104	02:14:09.5
615	9474			Hasselblatt, Mauriz	Köln	MJugB	3	511	02:14:10.3
616	3066			Horzella, Rudolf	SV Vettelschoß...	M55	43	512	02:14:26.2
617	7846			Nanay, Walter	LT Dünnwalder TV	M55	44	513	02:14:31.3
618	3148			Hanner, Helmut	LT FC 06 Rurdorf	M40	107	514	02:14:31.5
619	7718			Bielemeier, Joachim	SV Vettelschoß...	M45	134	515	02:14:34.7
620	4796			Steinbach, Jürgen	LC Duisburg	M55	45	516	02:14:43.9
621	9358			Kämmerer, Ralf	Feld Runners	M45	135	517	02:14:46.6
622	7868			Leyendecker, Matthias	Köln	M50	75	518	02:14:48.1
623	9414	w		Köhne, Ulla	VFL Engelskirchen	W45	23	105	02:14:50.8
624	9405			Koch, Uwe	Cäcilia Neuho...	M45	136	519	02:14:51.6
625	2458			Kochta, Marco	Bergisch Gladbach	M35	51	520	02:14:57.0
626	2457	w		Heinrich, Nana	Berliner Bären	W30	9	106	02:14:57.6
627	7813			Ley, Thomas	Team Laufcampus	M50	76	521	02:15:03.4
628	2291	w		Appel, Birgit	Köln	W45	24	107	02:15:31.8
629	3070	w		Bütz, Angelika	St Augustin	W55	6	108	02:15:39.2
630	2338			Bleicher, Steffen	Bergisch Gladbach	M30	38	522	02:15:44.7
631	3430			Servos, Peter	Bergisch Gladbach	M60	13	523	02:15:54.8
632	3461	w		Lucas, Dr. Anne-Sibylle	LauTauTri-Lauf...	W50	15	109	02:16:15.3
633	3072		BEL	Weyens, Stefan	Heusden-Zolder	M50	77	524	02:16:25.9
634	3117			Weber, Klaus	GSV Porz	M65	9	525	02:16:26.1
635	7734			Galle, Pascal	Köln	M35	52	526	02:16:39.6
636	4097			Helle, Friedrich	Lage	M45	137	527	02:16:56.6
637	3442		BEL	D'agostino, Francesko	Houthalen	M55	46	528	02:16:56.9
638	7866			Menzel, Wolfgang	LLG St. Augustin	M55	47	529	02:17:07.1
639	3433			Schaefer, Alfons	Lohmar	M50	78	530	02:17:15.7

640	2382		Olfert, Thomas	Bergisch Gladbach	M30	39	531	02:17:22.4
641	7885		Poschen, Franz	LG RWE Power	M60	14	532	02:17:25.3
642	3434	w	Nickels-Höfer, Heidi	LG RWE Power	W45	25	110	02:17:25.3
643	3454		Hasbron-Blume, Klaus	Tv Hoffnungsthal	M60	15	533	02:17:44.8
644	2446		Hombach, Johannes	Köln	MHK	42	534	02:17:51.8
645	2445	w	Harke, Stephanie	Köln	WHK	19	111	02:17:52.0
646	4010		Schumann, Robert	Koblenz	M35	53	535	02:17:57.3
647	7963		Sievers, Bernd	LG Klosterhof	M45	138	536	02:18:04.8
648	7964		Schmitz, Stefan	LG Klosterhof	M50	79	537	02:18:05.7
649	7874		Klessen, Rudolf	Doktor-Knuffel.de	M55	48	538	02:18:06.3
650	7753		Deiters, Lothar	GSV Porz	M75	1	539	02:18:07.7
651	3122		Falkenberg, Simon	Brühl	MHK	43	540	02:18:09.0
652	4043		Froesch, Christian	Königswinter	M35	54	541	02:18:30.1
653	9472		Hasselblatt, Prof. Dr. Gordian	Köln	M50	80	542	02:18:35.3
654	7793		Zitzen, Bernd	LT Schneewittchen	M55	49	543	02:18:39.0
655	4086	w	Topfstedt, Birgit	LLG Haan-Hilden	W50	16	112	02:18:58.2
656	9304		Wölfer, Gernot	Waldbröl	M55	50	544	02:18:59.0
657	7959		Gramlich, Kay	Wiehl	M40	108	545	02:19:06.0
658	7958		Feige, Falk	Wiehl	M35	55	546	02:19:07.1
659	9462	w	Mauer, Andrea	LT Vickrath	W50	17	113	02:19:15.9
660	3163		Ossadnik, Frederik	Overath	MHK	44	547	02:19:29.7
661	7845	w	Niehues, Daniela	Radiergummilig...	W50	18	114	02:19:41.6
662	7717		Schlaudraff, Bastian	Blitz und Scha...	M35	56	548	02:19:57.3
663	7730	w	Senz, Nina	Blitz und Scha...	WHK	20	115	02:19:57.3
664	7895		Voigt, Oliver	Wilnsdorf	M40	109	549	02:20:02.8
665	7855	w	Becella, Anja	Solingen	W35	14	116	02:22:00.1
666	7854	w	Poradny, Sabine	Solingen	W45	26	117	02:22:00.3
667	3423	w	Klingbeil, Britta	RC Rabenhain	W35	15	118	02:22:01.0
668	3424	w	Zöller, Andrea	Wenden	WHK	21	119	02:22:01.2
669	3059		Reuter, Hans-Jürgen	Solinger LC	M65	10	550	02:22:03.0
670	9336		Erhart, Michael	Monheim	M50	81	551	02:22:37.1
671	2347	w	Neagoe, Adina Elena	Köln	W35	16	120	02:22:54.7
672	2414	w	Dzeyya, Sabine	TV Verl	W40	23	121	02:23:05.7
673	2413	w	Gehrke, Anja	TV Verl	W40	24	122	02:23:06.0
674	3085	w	Boell, Anna	TSC Eintracht ...	WHK	22	123	02:23:14.1
675	2308	w	Scholl, Petra	LT TuS Mondorf	W50	19	124	02:23:18.6
676	4134		Schlicht, Michael	TV Witzhelden	M45	139	552	02:23:43.1
677	9464		Knoch, Wilfried	ASV St. Augustin	M60	16	553	02:23:46.6
678	4773	w	Marschall, Patricia	LT Schneewittchen	W35	17	125	02:24:02.1
679	7425		Minarek, Erwin	Bochum	M60	17	554	02:24:07.3
680	4026		Michaelis, Henny	Rhens	M50	82	555	02:24:13.1
681	9365	w	Schmitz, Ursula	TV Witzhelden	W75	1	126	02:24:15.6
682	2387		Bausch, Dr. Jörg	Erlangen	M40	110	556	02:24:20.6
683	7794		Geppert, Dr. Dietmar	Bensberg	M40	111	557	02:24:21.0
684	9395		Karn, Nils	Köln	M30	40	558	02:25:54.4
685	2361		Pawlowski, Rainer	Leverkusen	M45	140	559	02:26:31.2

686	2402		Gessat, Manfred	Viermärker Do...	M60	18	560	02:26:37.6
687	3028		Schneider, Friedrich	TV Oberbantenberg	M60	19	561	02:26:52.5
688	4045		Franz, Dr. Wolf-Dieter	Rumiwo	M70	3	562	02:27:58.0
689	7982	w	Schmidt, Sonja	LLG Haan-Hilden	W45	27	127	02:28:29.3
690	3468	w	Kemmerich, Barbara	Wuppertal	W50	20	128	02:28:55.8
691	9461	w	Ayche, Karin	Radiergummilig...	W55	7	129	02:29:07.6
692	2436	w	Kokkonen, Marja	Düsseldorf	W35	18	130	02:30:35.7
693	2438	w	FIN Hallenberg, Tanja	Järvenpää	W40	25	131	02:30:35.8
694	2364	w	Lange, Ute	Leverkusen	W55	8	132	02:30:54.7
695	2365		Steinacker, Willi	Leverkusen	M50	83	563	02:31:31.1
696	2497		Schmitz, Gerd	LG URS 1874	M60	20	564	02:32:35.5
697	7765		Pietsch, Herbert	DJK Preußen 1911 ...	M60	21	565	02:33:07.8
698	7764		Pietsch, Günter	SSV Overath	M55	51	566	02:33:14.2
699	4171	w	Petzka, Julia	Leipzig	WHK	23	133	02:33:23.7
700	4142		Schneider, Guido	Köln	M40	112	567	02:34:25.5
701	3099	w	Ciulla, Gesa	Eckmannshausen	W40	26	134	02:35:19.8
702	3100		Ciulla, Vito	Eckmannshausen	M40	113	568	02:35:20.7
703	3418		Walden, Bakel	Koeln	M35	57	569	02:35:34.3
704	7859		Niedermeyer, Tobias	Köln	M30	41	570	02:35:36.9
705	2416	w	Breisser, Bigi	Bewotec	W40	27	135	02:36:06.1
706	2359	w	Beyer, Annika	Köln	W30	10	136	02:38:27.0
707	2358		Peter, Dirk	Köln	M40	114	571	02:38:27.8
708	7797		Busen, Herbert	Odenthal	M60	22	572	02:41:08.2
709	7985		Topfstedt, Klaus	LLG Haan-Hilden	M60	23	573	02:44:21.6
710	7857	w	Thome, Birgit	Meddys LWT Kob...	W45	28	137	02:44:43.3
711	2422	w	Held, Alina	Leichlingen	WHK	24	138	02:47:39.8
712	2420		Ohligschläger, Dennis	Leichlingen	MHK	45	574	02:47:40.1
713	1151	w	Hanrath, Annemarie	Bergisch Gladbach	W70	1	139	03:07:48.6