

Platz	St.-Nr.	m/w	Nat.	Verein	AK	AK-Pl.	m/w-Pl.	Zeit
1	4750	m		Nawrocki, Philipp	Aachener TG	M30	1	02:49:53.7
2	4220	m		Skopnik, Manuel	TV Refrath	M35	2	02:51:56.5
3	4743	m		Leins, Sebastian	Kölner Triath...	MHK	3	02:55:06.3
4	4763	m		Krüger, Dr. Achim	Tri Team Siwig	M45	4	03:03:00.8
5	4904	m		Piechocki, Michael	ASV Duisburg	M35	5	03:03:58.2
6	4537	m		Burgmer, Martin	SV Lieg	M45	6	03:04:28.1
7	4944	m		Henger, Marius	Warm Up	MHK	7	03:06:13.6
8	4887	m		Wachowiak, Jörg	TSG-Siegen	M40	8	03:08:53.8
9	4539	m		Winkler, Ingolf	TG Neuss	M35	9	03:09:00.8
10	4219	m		Kratz, Jan	Bergisch-Gladbach	MHK	10	03:09:48.3
11	4891	m		Stoppenbach, Dietmar	www.schneider-...	M40	11	03:10:39.7
12	4883	m		Hardenack, Frank	Neuenkleusheim	M30	12	03:10:58.2
13	4897	m		Müller, Harald	Meddys LWT Kob...	M45	13	03:11:02.5
14	4875	m		Lindner, Tobias	Rot Weiß Merl	MHK	14	03:14:25.8
15	4540	m		Beckmann, Stefan	TV Borken	M50	15	03:14:56.3
16	4917	m		Hill, Frank	Piesport	M50	16	03:15:03.3
17	4809	m		Wannig, Holger	Köln	M30	17	03:16:53.0
18	4937	m		Frings, Eule	SV Selbstläuf...	M50	18	03:17:02.8
19	4717	m		Wagner, Erwin	LT SV Westum	M55	19	03:17:04.6
20	4973	m		Overhage, Lothar	DJK-FV Aachen-...	M45	20	03:19:25.2
21	4958	m		Weber, Burkhard	Rott Runner Wu...	M45	21	03:20:01.8
22	4930	m		Werbonat, Jens	DUV	M35	22	03:20:17.2
23	4939	m		Marson, Guido	Dorsten	M40	23	03:21:00.2
24	4746	m		Houben, Rudolf	LLG 80 Nordpark ...	M55	24	03:21:01.3
25	4595	m		Karakus, Nusret	Wuppertal	M50	25	03:21:05.8
26	4898	m		Gorissen, Michael	Kölntriathlon	M35	26	03:21:21.2
27	4600	m		Hummelsheim, Stefan	Langenfeld	M45	27	03:21:35.5
28	4549	m		Voat, Wolfgang	Feuerwehr SV D...	M50	28	03:21:49.8
29	4865	m		Schürmann, Rolli	Stadt Bochum Team	M40	29	03:22:23.7
30	4594	m		Rings, Sebastian	Jülich	M45	30	03:22:51.1
31	4529	m		Sander, Uwe	TURA Remscheid...	M50	31	03:23:00.5
32	4979	m		Katthagen, Dirk	Remscheider TV	M35	32	03:23:18.0
33	4902	m		Klein, Dieter	DJK Löwe Hambach	M40	33	03:24:31.8
34	4909	m		Daniel, Thomas	DJK Löwe Hambach	M35	34	03:24:32.4
35	4558	m		Just, Jörg	Solingen	M40	35	03:24:45.7
36	4947	m	BEL	Van Loo, Chris	Brühl	M50	36	03:26:41.1
37	4218	m		Raeymaekers, Ludovic	Brabo Atletiek	M55	37	03:26:48.3
38	2083	m		Aepfelbach, Tim	Triathlon Team...	M35	38	03:26:48.7
39	4927	m		Prüller, Christian	Leverkusen	M40	39	03:28:38.2
40	4756	m		Volpe, Marcello	Team Erdinger ...	M40	40	03:28:38.6
41	4757	m		Michels, Harry	Team Erdinger ...	M45	41	03:28:38.7

42	4858	m		Dornseifer, Peter	SG Wenden	M35	9	42	03:29:11.6
43	4742	m		Dighe, Ravi	Tri Force	M40	9	43	03:30:32.3
44	4824	m		Grossmann, Rainer	TV Haibach	M50	8	44	03:30:43.1
45	4739	m		Dietrich, Thomas	Laufen Aktuell	M45	9	45	03:31:16.6
46	4855	m	NED	Van Der Linden, Heinz	SSK Kerpen	M50	9	46	03:31:40.2
47	4956	m		Decker, Andreas	Meddys LWT Kob...	M40	10	47	03:31:47.5
48	4890	w		Meuser, Karin	TV Refrath	W40	1	1	03:31:53.7
49	4869	m		Schierbaum, Jörg	Laufteam Louis...	M40	11	48	03:32:40.0
50	4769	m		Stürzebecher, Lothar	Alfterer SC	M50	10	49	03:32:56.7
51	4926	m		Hoffmann, Norbert	SC Selters	M70	1	50	03:33:05.7
52	4836	m		Kösters, Sven	Sportler 4 a ch...	MHK	5	51	03:33:14.8
53	4959	w		Stader, Claudia	Team Campana	W40	2	2	03:33:18.5
54	4807	m		Körner, Ralph	SV Funkstreife...	M30	4	52	03:33:32.5
55	4754	m		Braun, Wolfgang	LG Mützenich	M55	4	53	03:33:42.1
56	4544	m		Geyer, Andreas	TV Attendorn	M45	10	54	03:34:01.5
57	4928	m		Hennig, Wolfgang	TG Boppard	M40	12	55	03:34:52.4
58	4894	m		Hackenholt, Josef	Erkelenz	M45	11	56	03:35:41.3
59	4745	w		Staeves, Anne	LG Trampeltier	W40	3	3	03:36:28.6
60	4905	m		Schillo, Karsten	SSV Oppen	M30	5	57	03:36:38.0
61	4753	w		Nikelowski, Renate	LT Köln- Esch	W45	1	4	03:36:44.1
62	4976	w		Mandziara, Patricia	ESV Gremberghoven	W40	4	5	03:37:13.3
63	4847	m		Probst, Thorsten	TV Uftort-Eick	M40	13	58	03:37:13.7
64	4552	m		Krömer, Heinz-Werner	1. FC Spich	M50	11	59	03:37:14.2
65	4803	m		Brattig, Jochen	Köln	M40	14	60	03:37:42.8
66	4906	m		Wehling, Walter	Running TV Bed...	M45	12	61	03:37:43.7
67	4838	m		Schmidt-Soltau, Peer	www.spassamlau...	MHK	6	62	03:39:33.7
68	4945	m		Ludewig, Björn	Köln	M30	6	63	03:39:54.6
69	4872	m		Pretorius, Dirk	LG Donatus Erf...	M40	15	64	03:40:47.1
70	4963	m		Köhne, Heinz-Werner	VFL Engelskirchen	M40	16	65	03:40:52.2
71	4834	m		Kara, Deniz	Leverkusen	M35	10	66	03:41:07.3
72	4550	m		Schurna, Udo	LT Haumannplat...	M55	5	67	03:42:11.6
73	4535	m		Grömling, Michael	Pulheim	M45	13	68	03:42:39.0
74	4962	m		Pohler, Andreas	VFL Engelskirchen	M35	11	69	03:43:00.6
75	4896	m		Neuendorf, Andreas	Team Erdinger ...	M45	14	70	03:43:05.6
76	4941	m		Flach, Torsten	ASV-LT Kemperdick	M45	15	71	03:43:22.0
77	4718	m		Roettgen, Wolfgang	Djk Wipperfeld	M40	17	72	03:43:46.1
78	4557	m		Hillmann, Henry	Die Torten Bonn	M50	12	73	03:44:06.0
79	4749	m		Willems, André	Troisdorfer LG	M40	18	74	03:44:08.8
80	4748	m		Halder, Roland	TPSK Triathlon	M40	19	75	03:44:09.7
81	4831	m	BEL	Rypens, Arnold	Rumst	M55	6	76	03:44:19.0
82	4964	m		Zimmermann, Frank	VFL Engelskirchen	M40	20	77	03:44:20.7
83	4835	w		Ebert, Silke	k1-media	W40	5	6	03:44:53.8
84	4907	m		Boerenkamp, Rainer	Nettetal	M50	13	78	03:46:05.1
85	4839	m		Vater, Roland	DAV Köln	M50	14	79	03:46:07.0
86	4531	m		Hagel, Thomas	DJK Gillrath 1911	M45	16	80	03:46:07.2
87	4559	m		Moitroux, Hans-Leo	Jahn Kapellen	M65	1	81	03:46:42.7

88	4587	m		Tiggelkamp, Ferdinand	TV Jahn 06 Kapel...	M60	1	82	03:46:43.3
89	4527	m		Grigoleit, Axel	Leichlingen	M45	17	83	03:47:37.7
90	4970	m		Keller, Willi	Wülfrath	M45	18	84	03:47:44.2
91	4854	m		Kunze, Michael	Bergisch Gladbach	MJugA	1	85	03:47:45.1
92	4738	m		Perau, Dieter	Running Veg. K...	M45	19	86	03:47:55.7
93	4747	m		Blome, Uwe Manfred	SSV Allendorf	M50	15	87	03:47:57.1
94	4918	m		Heißing, Peter	SuS Grün-Wei...	M40	21	88	03:48:36.7
95	4975	m		Peeters, Felix	Neuwied	M30	7	89	03:48:55.3
96	4816	m		Heinz, Peter	VfL Bergheide	M50	16	90	03:49:00.1
97	4596	m		Schemkes, Frank	ASV Köln	M50	17	91	03:50:18.0
98	4852	w		Ueberholz, Antje	Meddys LWT Kob...	W40	6	7	03:50:35.8
99	4734	m		Lücking, Markus	Endorphinjunk...	M35	12	92	03:50:36.1
100	4819	m		Bickendorf, Josef	Running TV Bed...	M45	20	93	03:51:12.1
101	4736	m		Bäcker, Ralf	TURA Remscheid...	M45	21	94	03:51:47.5
102	4953	m		Henscheid, Stefan	Team Tibet	M45	22	95	03:51:55.6
103	4770	m		Zander, Markus	LT Köln Süd	M35	13	96	03:52:02.2
104	4551	m	NED	Van De Weerot, Jef	Zweitlanceurs ...	M60	2	97	03:52:14.5
105	4913	m		Treptow, Thorsten	ASC Teuschnitz...	M45	23	98	03:52:25.2
106	4555	m		Nofftz, Klaus	Neukirchener TV	M50	18	99	03:52:45.1
107	4864	m		Lodenkämper, Klaus	Stadt Bochum Team	M45	24	100	03:52:52.6
108	4863	m		Klingenberg, Jörg	Stadt Bochum Team	M55	7	101	03:52:53.8
109	4861	m		Otto, Wolfgang	Stadt Bochum Team	M45	25	102	03:52:54.3
110	4762	m		Van Som, Arnout	Alfter	M40	22	103	03:53:27.7
111	4851	m		Liesegang, Stefan	LA Fortuna Dü...	M45	26	104	03:53:53.1
112	4086	m		Schramm, Torsten	Alpine 2010	M45	27	105	03:53:54.5
113	4919	m		Wiemer, Michael	Deichläufer	M45	28	106	03:54:16.6
114	4859	m		Forbes, Alistair	LG Bad Soden	M40	23	107	03:54:19.0
115	4761	m		Schnödewind, Uwe	RTC Frechen 80	M45	29	108	03:54:22.3
116	4848	m		Wysocki, Wolfgang	SV Straelen	M50	19	109	03:54:41.2
117	4853	m		Wolgast, Leif	Köln	M30	8	110	03:54:52.1
118	4929	m		Thome, Niko	Meddys LWT Kob...	M40	24	111	03:55:06.1
119	4741	m	LUX	Emringer, Louis	C.S.L. Luxemburg	M55	8	112	03:55:12.1
120	4820	m		Kaiser, Ing. Oliver	Mechernich	M40	25	113	03:55:23.2
121	4946	m		Schmidt, Rudi	Leverkusen	M55	9	114	03:55:36.7
122	4873	m		Winkelmann, Sven	LG Donatus Erf...	M35	14	115	03:57:02.4
123	4771	m		Heim, Dietmar	LG Warstein-R...	M45	30	116	03:57:06.7
124	4974	m		Mühlhoff, Martin	LKW-Runner	M45	31	117	03:57:22.0
125	4899	m		Barth, Bruno	Alemannia Aachen	M55	10	118	03:58:12.2
126	4737	m		Keller, Harald	Ohne	M50	20	119	03:58:52.1
127	4954	m		Leven, Kalle	marathon-onlin...	M45	32	120	03:59:17.3
128	4934	m		Kosiahn, Stefan	SG Siegen-Gier...	M45	33	121	03:59:40.6
129	4931	m		Groß, Tobias	SG Siegen-Gier...	M35	15	122	03:59:41.1
130	4882	m		Siegemund, Sven	Team Erdinger ...	M30	9	123	03:59:45.5
131	4845	m		Holst, Hansi	Endorphinjunki...	M45	34	124	03:59:53.3
132	4889	m		Drescher, Hans	Solinger LC	M50	21	125	04:00:02.3
133	4884	m		Jozefczyk, Adam	Rheinberg	MHK	7	126	04:00:08.0

134	4844	m		Hopfenzitz, Kuno	Kölner GSV	M45	35	127	04:00:08.5
135	4765	m		Seibert, Johannes	LT Alpenrod-Lo...	M50	22	128	04:00:11.7
136	4922	w		Schumacher, Gabi	LT Alpenrod-Lo...	W45	2	8	04:00:37.3
137	4923	m		Käckermann, Frank	LT Alpenrod-Lo...	M45	36	129	04:00:38.0
138	4921	m		Wilke, Andreas	LT Alpenrod-Lo...	M50	23	130	04:00:39.2
139	4597	m		Wolfgramm, Klaus	RC Endspurt He...	M50	24	131	04:01:13.5
140	4924	w		Becker, Sabine	SC Delphin Esc...	W35	1	9	04:01:18.2
141	4764	m		Klee, Daniel	Köln	MHK	8	132	04:01:22.7
142	4538	m		Ley, Helmut	Homberger TV	M60	3	133	04:01:54.5
143	4740	m		Kleinmann, Klaus	LT Sus Grün W...	M50	25	134	04:03:07.6
144	4893	m		Kruse, Jochen	LT Hemsbach	M40	26	135	04:03:16.6
145	4860	m		Kramer, Thorsten	LT Decksteiner...	M30	10	136	04:03:20.7
146	4876	m		Baader, Volker	München	M40	27	137	04:03:32.1
147	4719	m		Rätsch, Walter	LT Taunusstein...	M60	4	138	04:03:49.3
148	4735	m		Schikowsky, Christian	Endorphingjunk...	MHK	9	139	04:04:11.6
149	4530	m		Saadi, Robert	LG Rheinbach	M40	28	140	04:04:42.4
150	4880	m		Theissen, Markus	LG Mützenich	M45	37	141	04:04:47.6
151	4823	m		Pedretti, Devid	Odenthal	M40	29	142	04:05:52.5
152	4822	m		Franken, Michael	Köln	M45	38	143	04:06:06.1
153	4810	m		Wenzel, Christoph	100 Marathon Club	M50	26	144	04:06:18.2
154	4543	w		Kaufmann, Ursula	TV Attendorn	W45	3	10	04:06:50.3
155	4545	m		Kaufmann, Rolf	TV Attendorn	M45	39	145	04:06:50.8
156	4547	m		Komar, Ewald	LT Hemsbach	M60	5	146	04:07:38.5
157	4217	m		Strohmeyer, Thomas	Köln	M55	11	147	04:07:40.2
158	4911	w		Pörsch, Andrea	Meddys LWT Kob...	W40	7	11	04:07:42.7
159	4955	m	AUT	Wally, Gerhard	Club Supermara...	M50	27	148	04:07:54.5
160	4978	m		Düsberg, Volker	Düsseldorf	M45	40	149	04:08:05.3
161	4977	w		Schinköthe, Petra	Düsseldorf	W40	8	12	04:08:11.6
162	4802	m		Schmitz, Oliver	Köln	M40	30	150	04:08:12.8
163	4546	m		Schreiber, Stefan	LT Alsdorf-Ost	M45	41	151	04:08:32.1
164	4972	m		Rohrmann, Bernd	LT Hagen-Emst	M50	28	152	04:08:41.5
165	4066	m		Spölgen, Klaus	Alpine 2010	M45	42	153	04:09:40.3
166	4021	m		Steinacker, Uwe	Alpine 2010	M40	31	154	04:09:41.0
167	4758	m		Hanke, Volker	Köln	M40	32	155	04:10:08.5
168	4751	m		Krull, Karl	111 Marathons.com	M45	43	156	04:10:44.0
169	4874	m		Krimmel, Walter	LG Donatus Erf...	M55	12	157	04:10:48.3
170	4920	m	BEL	Van Bael, Kris	Nieuwrode	M35	16	158	04:10:58.1
171	4827	w		Turek, Anja	Köln	WHK	1	13	04:11:06.1
172	4925	m		Schmitt, Wolfgang	Mendig	M40	33	159	04:12:59.2
173	4806	m		Zender, Willibrord	Ultra Team Spi...	M50	29	160	04:13:03.8
174	4772	m		Hellwig, Benno	LG Bopard	M45	44	161	04:13:05.0
175	4752	w		Struck, Sandra	Brüggen	W30	1	14	04:13:16.7
176	4866	m		Kotysch, Christian	Tri Club Wuppe...	M35	17	162	04:13:32.5
177	4912	m	NED	Knipscheer, Eric	ZV Dinxperlo	M40	34	163	04:13:33.7
178	4849	w		Heidger, Sonja	Meddys LWT Kob...	W40	9	15	04:13:38.1
179	4868	m		Ackermann, Detlev	LG ASV DSHS Köln	M40	35	164	04:14:15.8

180	4933	w		Müller, Birgit	SG Siegen-Gier...	W45	4	16	04:15:16.2
181	4728	m		Beuschold, Klaus	DAV Köln	M55	13	165	04:15:46.3
182	4766	w		Alexi, Lisanne	Köln	W40	10	17	04:16:12.5
183	4935	m		Wukadinowitsch, Fred	SG Siegen-Gier...	M50	30	166	04:16:25.6
184	4830	m	BEL	Kindekens, Danny	Geraardsbergen	M50	31	167	04:17:25.2
185	4932	w		Schneider, Brigitte	SG Siegen-Gier...	W50	1	18	04:17:49.2
186	4961	w		Lamping, Martina	Köln	W30	2	19	04:18:10.3
187	4901	w		De Fries, Barbara	Germania 07 Dür...	W55	1	20	04:19:40.6
188	4916	m		Rühl, Clemens	SV Schleicher	M45	45	168	04:19:46.6
189	4554	m		Skemski, Niko	Alfter	MHK	10	169	04:19:47.2
190	4968	m		Strickland, Jonathan	ASV Duisburg	M45	46	170	04:20:38.8
191	4881	m		Kelbel, Joe	marathon4you.de	M45	47	171	04:21:48.2
192	4843	m		Pretz, Udo	LT Mythos Stol...	M55	14	172	04:22:00.2
193	4553	m		Herzog, Peter	Mönchengladbach	M45	48	173	04:22:20.3
194	4556	m		Osadnik, Klaus	Bochum	M50	32	174	04:23:12.0
195	4533	m		Croon, Franz-Josef	Europaläufer ...	M50	33	175	04:23:34.8
196	4966	w	FIN	Kiiskinen, Nadja	Finnland	WHK	2	21	04:23:50.7
197	4960	m		Klug, Bernd	Lindlar	M40	36	176	04:24:12.7
198	4870	m		Scheu, Peter	Köln	M50	34	177	04:25:42.2
199	4840	m		Kortyka, Joachim	Speyer	M55	15	178	04:25:52.3
200	4949	m		Roth, Ing. Wolfgang	Köln	M40	37	179	04:26:18.2
201	4548	m		Schomburg, Michael	Erlar Sportgem...	M50	35	180	04:26:22.5
202	4821	m		Herkenhöfner, Andreas	St. Augustin	M40	38	181	04:26:29.6
203	4733	w		Heil, Sabine	Endorphingjunk...	W35	2	22	04:26:44.7
204	4767	m		Waffenbach, Manfred	Mega Runners K...	M45	49	182	04:26:59.3
205	4877	m		Gather, Thorsten	Team Erdinger ...	MHK	11	183	04:31:32.5
206	4862	w		Hähnel, Nicole	Stadt Bochum Team	W40	11	23	04:33:42.7
207	4886	m		Giersberg, Andreas	Stadt Bochum Team	M45	50	184	04:33:43.1
208	4879	m		Breidenbach, Jakob	LF Brohltal	M60	6	185	04:35:04.0
209	4938	m		Lindlar, Wolfgang	SuS Grün-Weis...	M45	51	186	04:36:08.7
210	4915	w		Schleder, Andrea	Rheinbach	W45	5	24	04:36:23.2
211	4759	w		Nussbaum, Claudia	Holgyman	W40	12	25	04:36:45.5
212	4760	m		Hölzel, Holger	Holgyman	M35	18	187	04:36:46.4
213	4536	m		Lempken, Uwe	Homberger TV	M45	52	188	04:37:09.5
214	4867	m		Bsdurek, Martin	Stadt Bochum Team	M45	53	189	04:38:05.5
215	4900	m		Peters, Mathias	LC Nettetal	M45	54	190	04:38:05.8
216	4716	m		Mels, Stefan	LC Duisburg	M50	36	191	04:38:48.5
217	4526	m		Petermann, Olaf	Köln	M50	37	192	04:38:53.3
218	4967	m	CAN	Gagnon, Robert André	Chicoutimi Qu... Lac Beauport	M65	2	193	04:40:50.7
219	4542	m		Fensky, Ulrich	LT Mythos Stol...	M55	16	194	04:41:17.2
220	4888	m		Menzel, Wolfgang	LLG St. Augustin	M55	17	195	04:42:32.7
221	4908	m		Rösner, Karl-Ernst	100 Marathon Club	M70	2	196	04:43:56.5
222	4534	m		Spelsberg, Bernd	Gummersbach	M45	55	197	04:48:30.7
223	4850	m		Hanner, Helmut	LT FC 06 Rurdorf	M40	39	198	04:49:44.5
224	4541	m		Weber, Dietmar	LT Mythos Stol...	M55	18	199	04:50:12.5
225	4980	m		Mickeleit, Uwe	Pulheim	M40	40	200	04:50:21.3

