

Platz	St.-Nr.	m/w	Nat.	Verein	AK	AK-Pl.	m/w-Pl.	Zeit
1	7359	m		Koller, Martin	TV Refrath	M40	1	01:15:46.0
2	2221	m		Maul, Christian	RC Lüdenscheid 98	M40	2	01:18:11.0
3	2023	m		Werner, Till	Olpe	MHK	1	01:19:58.0
4	2239	m		Teicher, Ralf	TV Refrath	M40	3	01:21:16.0
5	1833	m		Körbs, Joe	www.laufen-im-...	M40	4	01:21:41.0
6	1793	m		Grabowski, Jan	LT Siebengebirge	M45	1	01:22:29.0
7	2226	m		Knauf, Albert	LG Mützenich	M45	2	01:22:35.0
8	2218	m		Neumann, Frank	Marienheide	M40	5	01:22:55.0
9	1795	m		Wieland, Rene	Luftwaffe Köln	M35	1	01:23:19.0
10	2267	m		Baumm, Roland	SC Bayer 05 Uerd...	M55	1	01:23:57.0
11	2237	m		Singer, Michael	Rösrath	M45	3	01:23:59.0
12	2246	m		Poischen, Thomas	Rhein Energie	M40	6	01:24:36.0
13	2106	m		Frorath, Ralf	LG Hückeswagen	M45	4	01:25:05.0
14	2094	m		Tepper, Oliver	LT Morsbach	M35	2	01:25:51.0
15	2222	m		Stunz, André	HBS	M30	1	01:26:02.0
16	2261	m		Lohe, Matthias	Rockstore Wupp...	M45	5	01:26:18.0
17	1870	m		Nolte, Franz-Josef	Greif-Club Ber...	M45	6	01:26:41.0
18	2232	m		Wagner, Michael	TV 08 Lohmar	M45	7	01:27:17.0
19	1288	m		Wester, Bernd	SV Bergisch Gl...	M40	7	01:27:29.0
20	1508	m		Tusch, Jonas	Köln	MHK	2	01:27:32.0
21	1566	m		Hofmann, Jörg	Krefeld	M40	8	01:27:40.0
22	6000	m		Pohler, Frank	TV Refrath	M45	8	01:27:49.0
23	1707	m		Drees, Volker	Solinger LC-Wi...	M40	9	01:27:52.0
24	2068	m		Girschick, Dominik	RSV Aachen	M30	2	01:27:56.0
25	2186	m		Rahnke, Gerhard	SSK Kerpen	M45	9	01:28:07.0
26	2287	m		Küpper, Jörg	Sportpuls	M35	3	01:28:25.0
27	1828	m		Kropp, Kevin	Tus Rhode	MHK	3	01:28:30.0
28	2235	m		Von Den Steinen, Ralf	Aachen	M45	10	01:28:34.0
29	2211	m		Schmitz, Bernd	LG Gummersbach	M40	10	01:28:53.0
30	1293	m		Haaser, Matthias	TV Witzhelden	M40	11	01:28:55.0
31	1946	m		Gawehn, Peter	LAC Veltins Ho...	M50	1	01:29:01.0
32	2253	w		Eschweiler, Marion	TV Refrath	W35	1	01:29:13.0
33	1858	m		Schneider, Udo	LT Tus Meindorf	M40	12	01:29:23.0
34	2276	m		Niemann, Daniel	RT Wind Immobi...	M35	4	01:29:38.0
35	1290	m		Weidenhaupt, Friedhelm	Cool Runnings	M45	11	01:29:38.0
36	7641	m		Thiers, Philippe	Köln	M40	13	01:29:47.0
37	2285	m		Rasch, Torsten	LT Siebengebirg	M45	12	01:29:54.0
38	2044	m		Deli, Housein	RT Wind Immobi...	M30	3	01:30:10.0
39	1949	m		Cattepoel, Torsten	LG Alsbach	M40	14	01:30:26.0
40	5261	m		Hogrefe, Dirk	TV Refrath	M55	2	01:30:32.0
41	1282	m		Peifer, Ralf	SV Weitersburg	M35	5	01:30:38.0

42	1602	m		Gerdes, Florian	LT Decksteiner...	M30	4	41	01:30:39.0
43	2093	m		Weber, Stefan	LT Morsbach	M40	15	42	01:30:41.0
44	1283	m		Pieper, Martin	Leverkusen	M35	6	43	01:30:41.0
45	2021	m		Möllmann, Carsten	VFL Engelskirchen	M40	16	44	01:30:52.0
46	4755	m		Meinecke, Philipp	Frankfurt	M35	7	45	01:31:09.0
47	2100	m		Jonen, Christian	1. FC Köln	MHK	4	46	01:31:11.0
48	2153	m		Bergmann, Martin	LC Euskirchen	M40	17	47	01:31:13.0
49	1821	m		Krause, Eckhard	TV Refrath	M40	18	48	01:31:22.0
50	6942	m		Müll, Stephan	Storm Team Tri...	M40	19	49	01:31:27.0
51	1732	m		Reuter, Patrick	Rösrath	MHK	5	50	01:31:33.0
52	1907	m		Stupak, Andrey	SV Bergisch Gl...	M35	8	51	01:31:41.0
53	2251	m		Arentz, Oliver	Köln	M35	9	52	01:31:46.0
54	2116	m		Heiter, Werner	Overath	M60	1	53	01:32:06.0
55	1494	m		Jener, Marius	MJ Power	M35	10	54	01:32:07.0
56	1796	m		Nickolaus, Michael G.	BSG Evonik Wes...	M45	13	55	01:32:08.0
57	2283	m		Brüning, Paul	Rheinhöhenlauf	M45	14	56	01:32:12.0
58	2052	m		Lichter, Jörg	Leverkusen	M40	20	57	01:32:15.0
59	2062	m		Ziegler, Dr. Michael	Marathon Finan...	M45	15	58	01:32:21.0
60	1637	m		Sehnke, Peter	Hückeswagen	M40	21	59	01:32:33.0
61	2187	m		Hofmann, Daniel	Agfa Healthcor...	M30	5	60	01:32:47.0
62	2049	w		Bröer, Renate	ASC Düsseldorf	W45	1	2	01:32:58.0
63	1906	m		Dammer, Christian	SV Bergisch Gl...	M40	22	61	01:33:01.0
64	2200	m		Zasche, Matze	SSK Kerpen Tri...	M45	16	62	01:33:09.0
65	1787	m		Hagemann, Udo	Burscheid	M40	23	63	01:33:17.0
66	2273	m		Mädje, Ingo	Team Erdinger ...	M45	17	64	01:33:31.0
67	2031	m		Gatzen, Harald	Central Team	M35	11	65	01:33:36.0
68	1505	m		Pillatzke, Robert	BSG Evonik Wes...	M45	18	66	01:33:48.0
69	1941	m		Bolte, Norbert	Lauffreunde Eigen	M50	2	67	01:33:52.0
70	1831	m		Haupt, Alexander	Köln	M40	24	68	01:33:53.0
71	2082	m		Lanzerath, Rolf	LC Euskirchen	M45	19	69	01:33:54.0
72	1628	m		Müller, Siegfried	DFS	M45	20	70	01:34:02.0
73	1570	m		Guthmann, Andreas	Düsseldorf	M40	25	71	01:34:05.0
74	1723	m		Kullmann, Thomas	BSG Evonik Wes...	M40	26	72	01:34:12.0
75	4744	m		Gestel, Andreas	Sportclub Optimum	M30	6	73	01:34:20.0
76	2018	m		Preuß, Alexander	VFL Engelskirchen	M35	12	74	01:34:23.0
77	1824	m		Baltes, Achim	Köln	M35	13	75	01:34:28.0
78	2084	w		Frisch-Klinkhammer, Gudrun	KTSV Preussen ...	W40	1	3	01:34:37.0
79	2144	w		Rey, Claudia	LAZ Puma Trois...	W40	2	4	01:34:42.0
80	1622	m		Herrmann, Michael	Gummersbach	M30	7	76	01:34:43.0
81	2230	w		Wietscher, Antje	TV Witzhelden	W50	1	5	01:34:44.0
82	1503	m		Reusch, Florian	Deesen	M30	8	77	01:34:46.0
83	2262	m		Janthur, Christoph	Schönes Erbsc...	M45	21	78	01:34:47.0
84	1990	m		Botti, Jörg	Rösrath	M40	27	79	01:34:47.0
85	7358	m		Schiffer, Volker	Der Will Nur S...	M40	28	80	01:34:49.0
86	1506	m	GRE	Dimoglou, Sawas	Evonik Wesseling	MHK	6	81	01:35:02.0
87	1805	m		Breidenbach, Frank	Union Blau Wei...	M40	29	82	01:35:17.0

88	1543	m		Otto, Dr. Christoph	Rennsanis Thom...	M45	22	83	01:35:42.0
89	1834	m		Gassen-Wendler, Frank	Blau-Weiß Bie...	M50	3	84	01:35:47.0
90	1429	m		Wieland, Markus	TSV Bayer 04 Lev...	M35	14	85	01:35:52.0
91	7666	m		Heitkamp, Michael	LT AXA	M45	23	86	01:36:06.0
92	1976	m		Neugebauer, Dieter	Anlauf Siegen	M45	24	87	01:36:19.0
93	1607	m		Wenda, Heiner	ATV Hückeswagen	M45	25	88	01:36:24.0
94	2247	m		Sauerbrey, Mario	Sportclub Optimum	MHK	7	89	01:36:27.0
95	1971	m		Groll, Andreas	BEW Laufgruppe	M40	30	90	01:36:29.0
96	1788	m		Wichmann, Thomas	Lauftreff Köl...	M40	31	91	01:36:31.0
97	2020	m		Eschbach, Ralf	VFL Engelskirchen	M45	26	92	01:36:34.0
98	1719	m		Wilden, Heinz	Abteiläufer	M50	4	93	01:36:38.0
99	2210	m		Okraj, Georg	TV Refrath	M60	2	94	01:36:42.0
100	1926	m		Lerschen, Achim	Baesweiler	M35	15	95	01:36:46.0
101	1969	m		Friedrich, Harry	Hürth Efferen	M50	5	96	01:36:58.0
102	1422	m		Friedeler, Thomas	Hilden	M45	27	97	01:36:58.0
103	1410	m		Schmitz, Volker	Lohmar	M35	16	98	01:37:02.0
104	5056	m		Schulz, Wolfgang	Overath	M40	32	99	01:37:02.0
105	1884	m		Ratzmer, Andreas	Düsseldorf	M45	28	100	01:37:05.0
106	1599	m		Kaiser, Daniel	LT Decksteiner...	M35	17	101	01:37:17.0
107	1847	m		Spanel, Andreas	Union Blau Wei...	MHK	8	102	01:37:17.0
108	7642	m		Nuber, Michael	Tricologne	M40	33	103	01:37:19.0
109	5044	m		Lipke, Sebastian	BAST	M30	9	104	01:37:22.0
110	2245	w		Krienen, Gabriela	LT Cloversoft	W45	2	6	01:37:27.0
111	5267	m		Unterbörsch, Heinz	Bergisch- Glad...	M55	3	105	01:37:38.0
112	1981	w		Greß, Ines	Ski Club Olpe	W40	3	7	01:37:39.0
113	7418	w		Schröer, Julia	Bonn	W30	1	8	01:37:43.0
114	2217	m		Wojtkowski, Georg	Troisdorf	M55	4	106	01:37:51.0
115	2229	m		Henze, Günter	SSV Elspe	M60	3	107	01:37:52.0
116	1569	m		Bodes, Theo	LT Wachtberger...	M50	6	108	01:37:56.0
117	1687	m		Dürr, Gerd	LLG St. Augustin	M55	5	109	01:37:58.0
118	1614	m		Hegemann, Holger	Marathon Finan...	M30	10	110	01:38:00.0
119	1671	m		Vitzer, Robert	Komm Gängster	M45	29	111	01:38:04.0
120	2041	m		Kroege, Mark	Witten	M35	18	112	01:38:11.0
121	2102	m		Walenciak, Georg	TuS Erpel	M60	4	113	01:38:12.0
122	2268	m		Hilgers, Markus	BSG Rheinpark	M45	30	114	01:38:12.0
123	1857	m		Richter, Jens	TC Finnentrop ...	MHK	9	115	01:38:12.0
124	1697	w	BEL	Teygeman, Diana	Antwerpen	W50	2	9	01:38:12.0
125	5084	m		Borsbach, Hermann-Josef	TV Hoffnungsthal	M50	7	116	01:38:16.0
126	2212	m		Wirths, Wolfgang	Much	M45	31	117	01:38:17.0
127	1827	m		Haack, Gunnar	Siegburg	M35	19	118	01:38:22.0
128	2064	m		Schulze, Thomas	Wir sind Sandh...	M40	34	119	01:38:30.0
129	2223	m	NED	Van Schaik, Mathieu	SlT	M50	8	120	01:38:35.0
130	1420	m		Klößner, Thomas	SV Frielingsdorf	M45	32	121	01:38:38.0
131	1708	m		Hoffstadt, Thomas	Wipperfürth	M45	33	122	01:38:51.0
132	1496	m		Schmidt, Ronald	Jena Graz Conn...	MHK	10	123	01:38:51.0
133	1439	m		Euler, Michael	Mimavoca Langel	M45	34	124	01:38:53.0

134	2072	m		Wichmann, Jörg	Lauffreunde Eigen	M50	9	125	01:39:13.0
135	1785	m		Klefishch, Michael	Leverkusen	M35	20	126	01:39:16.0
136	5024	m		Henrichs, Marco	Team Erdinger ...	M35	21	127	01:39:23.0
137	1826	m		Brandt, Kai	Rommerskirchen	M35	22	128	01:39:32.0
138	2242	m		Podzus, Horst	Overath	M45	35	129	01:39:33.0
139	1289	m		Ehlke, Tobias	Ohne	M30	11	130	01:39:37.0
140	1519	m		Oppermann, Eckhard	Königswinter	M50	10	131	01:39:41.0
141	1639	m		Steinfeld, Markus	ASV Köln	M35	23	132	01:39:43.0
142	1553	m		Görtz, Thomas	Frechen	MHK	11	133	01:39:45.0
143	1421	m		Bender, Matthias	SG Deutsche Bank	M50	11	134	01:39:52.0
144	2696	m		Patt, Ulrich	LT Schöllerhof	M45	36	135	01:39:53.0
145	1542	m		Ciesielski, Stefan	Köln	M35	24	136	01:39:59.0
146	2075	m		Reuter, Thomas	Feuerwehr Troi...	M45	37	137	01:40:34.0
147	1620	m		Saver, Mike	Köln	M45	38	138	01:40:39.0
148	1701	m		Haringer, Heiko	Solinger LC	M50	12	139	01:40:39.0
149	1944	m		Theobald, Sebastian	SV Frielingsdorf	MHK	12	140	01:41:04.0
150	1897	m	ITA	Lichtenthaler, Stephan	Atletica Avis ...	M45	39	141	01:41:05.0
151	7640	m		Levermann, Werner	Ford FCSD	M60	5	142	01:41:08.0
152	1453	m		Schink, Oliver	Köln	M30	12	143	01:41:14.0
153	4832	m		Fröhlich, Marcel	Kilometerfresser	MHK	13	144	01:41:16.0
154	1984	w		Schulze, Birgit	Ski Club Olpe	W30	2	10	01:41:17.0
155	1516	w		Krahn, Eva-Marie	Wiehl	W40	4	11	01:41:18.0
156	5046	w		Kukies, Petra	BAST	W35	2	12	01:41:25.0
157	2087	m		Schönfuß, Steffen	Dellespurties	M45	40	145	01:41:27.0
158	1692	m		Last, Christoph	TSV Rönsahl	M30	13	146	01:41:29.0
159	2227	m		Roland, Marc	Bratwurst Runners	M30	14	147	01:41:34.0
160	1689	m		Giesen, Thomas	Never Give Up	M40	35	148	01:41:48.0
161	1586	m		Nerowski, Markus	Ski Club Fretter	M35	25	149	01:41:51.0
162	7361	m		Cramer, Dietmar	Bergisch- Glad...	M45	41	150	01:41:52.0
163	2197	m		Neubauer, Wolfgang	Seelscheid	M40	36	151	01:41:55.0
164	1753	m		Krohn, Falk	Moers	M30	15	152	01:41:59.0
165	1750	m		Dubben, Nicolai	Bonn	M40	37	153	01:42:08.0
166	1458	m		Müller, Ralf	Köln	M45	42	154	01:42:11.0
167	2107	w		Hoffmann, Sigrid	SC Selters	W45	3	13	01:42:14.0
168	1612	m		Jachimowicz, Jon	University of ...	MHK	14	155	01:42:17.0
169	2263	m		Fröhlich, Andre	Wiehl	MHK	15	156	01:42:32.0
170	1690	w		Scholzen, Jenni	Bonn	W35	3	14	01:42:40.0
171	2104	m		Albishausen, Rainer	ASV Köln Team 42	M40	38	157	01:42:42.0
172	2074	m	ITA	Richichi, Raffaele	Laufzentrum Ma...	M50	13	158	01:42:45.0
173	1492	m		Heyne, Karl-Heinz	Remscheid	M45	43	159	01:42:47.0
174	2155	m		Guzzo, Guiseppe	Lauftreff Mart...	M55	6	160	01:42:47.0
175	1559	m		Meyer, Klemens	Leichlingen	M40	39	161	01:42:48.0
176	2252	m		Zinke, Gert	Bonn	M50	14	162	01:43:03.0
177	1601	m		Kowalski, Robyn	LT Decksteiner...	M40	40	163	01:43:10.0
178	1626	m		Beullens, Ward	Rösrath	M45	44	164	01:43:15.0
179	1567	m		Fischer, Bernd	Bergheim	M50	15	165	01:43:18.0

180	2220	m	Groll, Ralf	Neuenrade	M45	45	166	01:43:19.0
181	2050	m	Radon, Frank	Dortmund	M35	26	167	01:43:25.0
182	6937	m	Möschter, Ingo	Köln	M35	27	168	01:43:26.0
183	1908	m	Jehrke, Dr. Michael	Capitalent Tri...	M45	46	169	01:43:28.0
184	2208	m	Pilz, Andreas	Hürth	M35	28	170	01:43:30.0
185	2277	m	Schulte- Kleff, Stefan	Running Devils	M45	48	172	01:43:39.0
186	5060	w	Timm, Hanja	Bergisch-Gladbach	WHK	1	15	01:43:39.0
187	2228	m	Kröger, Burkhard	LF Heggen	M45	47	171	01:43:39.0
188	2058	m	Bollig, Peter	VfL Meckenheim	M40	41	173	01:43:41.0
189	2092	m	Brors, Stefan	Tie Break Troi...	M35	29	174	01:43:44.0
190	1415	m	Hummel, Michael	Bonn	M35	30	175	01:44:00.0
191	1982	w	Brutzer, Birgit	Ski Club Olpe	W50	3	16	01:44:00.0
192	1763	m	Daniel, Thilo	Wenden	M35	31	176	01:44:01.0
193	1541	w	Ciesielski, Sandra	Düsseldorf	W35	4	17	01:44:02.0
194	1986	m	Köster, Heinz-Werner	Ski Club Olpe	M60	6	177	01:44:02.0
195	2038	m	Harlacher, Christian	Mannheim	M35	32	178	01:44:07.0
196	2284	m	Prangenberg, Frank	Rheinhöhenlauf	M40	42	179	01:44:16.0
197	7662	m	Saleh, Andreas	Düsseldorf	M40	43	180	01:44:18.0
198	1448	w	Degand, Beatrice	Erfstadt	W40	5	18	01:44:18.0
199	1791	m	Gross, Swen	Niederkassel	M40	44	181	01:44:21.0
200	1730	m	Köllges, Oliver	Ratingen	M30	16	182	01:44:23.0
201	1888	m	Aretz, Manfred	Alfterer SC	M60	7	183	01:44:28.0
202	1696	m	Feltens, Lars	Lauftreff Deck...	M35	33	184	01:44:30.0
203	1747	m	Hirtz, Udo	FunRunRichterich	M50	16	185	01:44:34.0
204	5231	m	Egger, Andy	Handelshof	M30	17	186	01:44:45.0
205	2101	m	Libertus, Robert	Neuss	M30	18	187	01:44:49.0
206	1731	m	Kuckhermann, Stefan	Düsseldorf	M35	34	188	01:44:50.0
207	1734	m	Schubert, Volker	DB Netz AG	M45	49	189	01:44:52.0
208	1296	m	Hellmann, Thomas	SG Siegen-Gier...	M45	50	190	01:45:00.0
209	1511	m	Trost, Stefan	Laufzentrum Ma...	M50	17	191	01:45:04.0
210	2047	m	Gabel, Hans-Jürgen	TSV Bayer 04 Lev...	M50	18	192	01:45:08.0
211	1945	m	Bigalke, Uwe	TV Witzhelden	M50	19	193	01:45:09.0
212	1558	m	Wendler, Stefan	Bergisch Cycling	M40	45	194	01:45:12.0
213	1675	m	Franssen, Michael	TV 08 Lohmar	M50	20	195	01:45:12.0
214	1807	m	Müller, Harald	LLG St. Augustin	M40	46	196	01:45:12.0
215	1829	m	Hübel, Dr. Kai	Bergisch Gladbach	M45	51	197	01:45:13.0
216	1679	m	Wolf, Mario	Bernburg	M45	52	198	01:45:14.0
217	1425	m	Holz, René	Köln	M35	35	199	01:45:16.0
218	1549	m	Bartels, Björn	Pulheim	MHK	16	200	01:45:16.0
219	1703	m	Miletisch, Heinz	Solinger LC	M55	7	201	01:45:23.0
220	2048	m	Schorn, Ralf	ASC Düsseldorf	M45	53	202	01:45:24.0
221	1468	m	Wasser, Thorsten	Köln	M30	19	203	01:45:26.0
222	7357	m	Praski, Robert	Wuppertal	M35	36	204	01:45:31.0
223	2056	m	Wurm, Heiner	LT Meckenheim	M50	21	205	01:45:40.0
224	2207	m	Balzer, Reinhold	Ratingen	M55	8	206	01:45:45.0
225	2224	w	Stumpf, Petra	TV Attendorn	W50	4	19	01:45:45.0

226	7115	m		Krüger, Gerhard	TV Refrath	M70	1	207	01:45:53.0
227	1928	m		Vollmann, Ingo	LT Wipperfürth	M50	22	208	01:45:55.0
228	1855	m		Schulz, Bodo	Rheinhöhenlau...	M45	54	209	01:46:01.0
229	1852	w		Mücke, Carolin	Anlauf Siegen	W35	5	20	01:46:04.0
230	1967	m		Weichbrodt, Frank	Bergisch Gladbach	M40	47	210	01:46:05.0
231	1469	m		Hansen, Mario	Köln	M40	48	211	01:46:05.0
232	1851	m		Nießen, Stefan	Rommerskirchen	M40	49	212	01:46:11.0
233	1881	w		Bruch, Viola	SG Siegen-Gier...	W40	6	21	01:46:12.0
234	1898	m		Sträßer, Markus	Rösrath	M45	55	213	01:46:13.0
235	1880	m		Bruch, Olaf	SG Siegen-Gier...	M40	50	214	01:46:13.0
236	2255	m		Schumacher, Dieter	Schiedsrichter...	M55	9	215	01:46:21.0
237	2196	w		Schurna, Esther	Köln	WHK	2	22	01:46:39.0
238	7424	m		Schlichting, Hans-Dieter	Team Erdinger ...	M50	23	216	01:46:42.0
239	2055	m		Bittmann, Erik	SSV Dhünn	M45	56	217	01:46:43.0
240	4841	m		Kleist, Harald	Feuerwehr Woll...	M50	24	218	01:46:52.0
241	1905	w		Schulz, Anja	SV Bergisch Gl...	W40	7	23	01:46:52.0
242	1766	m	FRA	Krusinski, Raphael	Forbach	M40	51	219	01:46:56.0
243	2265	m		Winkler, Uwe	SV 09-35 Wermelski...	M45	57	220	01:47:00.0
244	1456	m		Kakuschke, Dr. Alexander	Running Devils	M45	58	221	01:47:20.0
245	1942	m		Honsel, Werner	TV Witzhelden	M55	10	222	01:47:23.0
246	1406	m		Haas, Harald	Köln	M40	52	223	01:47:23.0
247	2061	w		Kubat, Konny	Art-of-running	W40	8	24	01:47:23.0
248	4804	m		Becker, Tim	TB Triathlon S...	M35	37	224	01:47:25.0
249	1530	m		Jäink, Marcus	Düren	M40	53	225	01:47:26.0
250	1547	w		Haschke, Melanie	RWE Starlight ...	W35	6	25	01:47:30.0
251	1475	m		Spitzley, Ing. Stefan	Leverkusen	M35	38	226	01:47:31.0
252	5232	m		Bürger, Kai	SC Vilkerath LT	M35	39	227	01:47:32.0
253	1865	w		Sutor, Petra	Joetten	W40	9	26	01:47:35.0
254	1445	m		Laarmann, Andreas	Lohmar	M40	54	228	01:47:35.0
255	2234	m		Sieburg, Mike	BSG Eronik Wes...	M50	25	229	01:47:39.0
256	4842	m		Tenhaef, Heinz-Gerd	First fifty	M50	26	230	01:47:42.0
257	2249	m		Cela, Samir	TC Milstenau	M35	40	231	01:47:42.0
258	2269	m		Kalsbach, Mirco	Köln	M30	20	232	01:47:51.0
259	1713	m		Bea, Dominik	Leverkusen	M30	21	233	01:47:54.0
260	1533	m		Helfer, Hans	Düren	M40	55	234	01:47:55.0
261	7643	m		Icanca, Coskun	Köln	M30	22	235	01:47:59.0
262	1698	m		Hauptmann, Dietmar	SC Vilkerath L...	M40	56	236	01:48:03.0
263	1922	m		Kieselbach, Marco	TVE Weiher	M30	23	237	01:48:04.0
264	1875	m		Köhnke, Oliver	LC Attendorn	M40	57	238	01:48:05.0
265	1401	w		Röblitz, Beate	Köln	W40	10	27	01:48:07.0
266	1407	m		Winkelmann-Beek, Ralf	Everswinkel	M45	59	239	01:48:07.0
267	1603	m		Hippler, Frank	LT Decksteiner...	M45	60	240	01:48:07.0
268	2019	w		Hensel, Angelika	VFL Engelskirchen	W45	4	28	01:48:09.0
269	1912	m		Sasse, Lutz	Union Blau Wei...	M50	27	241	01:48:11.0
270	1432	m		Brüning, Robert	ATV Hückeswagen	M35	41	242	01:48:13.0
271	1579	m		Peeters, Wolfgang	TuS Mechernich	M60	8	243	01:48:16.0

272	2278	m		Hintz, Frank	Bergisch- Glad...	M45	61	244	01:48:17.0
273	1522	m		Geppert, Dr. Dietmar	Bergisch Gladbach	M40	58	245	01:48:20.0
274	1551	m		Ley, Thomas	LT Rösrathers...	M45	62	246	01:48:23.0
275	2195	w		Weber, Sigrid	SV Hellas Sieg...	W50	5	29	01:48:39.0
276	1882	m		Stefener, Bernd	SG Siegen-Gier...	M50	28	247	01:48:40.0
277	2051	w		Lichter, Eva	Leverkusen	W40	11	30	01:48:42.0
278	1873	m		Glockner, Hans-Joachim	Bochum	M60	9	248	01:48:43.0
279	2088	m		Baldus, Alexander	ESV Gremberghoven	M40	59	249	01:48:46.0
280	1596	w		Franzen, Alexandra	LT Decksteiner...	W30	3	31	01:48:48.0
281	1934	m	TÜR	Sanri, Osman	Rösrath	M50	29	250	01:48:51.0
282	1980	w		Schwarz, Kerstin	Ski Club Olpe	W45	5	32	01:49:05.0
283	1983	m		Nemenz, Edgar	Ski Club Olpe	M55	11	251	01:49:05.0
284	1724	m		Schünke, Ulrich	Köln	M45	63	252	01:49:08.0
285	1665	w		Küttner, Christiane	BSG Rheinpark	W40	12	33	01:49:15.0
286	1534	m		Ramm, Wolfgang	Düren	M45	64	253	01:49:17.0
287	7665	m		Friesdorf, Andreas	Ohne	M40	60	254	01:49:20.0
288	1668	m		Mallek, Christoph	Langenfeld	M45	65	255	01:49:24.0
289	1710	m		Hennecken, Stefan	Baesweiler	M35	42	256	01:49:28.0
290	1291	w		Klein, Irmgard	TV Attendorn	W50	6	34	01:49:37.0
291	2213	w		Pfeifer, Cornelia	Skiclub Olpe	W40	13	35	01:49:40.0
292	2264	m		Tamis, Nikolaos	SCSW Attendorn	M60	10	257	01:49:41.0
293	2236	w		Gansen, Vera	Gummersbach	W40	14	36	01:49:41.0
294	2288	m		Herbrandt, Volker	Renntiere	M45	66	258	01:49:45.0
295	2280	m		Weber, Till	Flatlano Runsport	MHK	17	259	01:49:48.0
296	2071	m		Reucher, Marc	Köln	M40	61	260	01:49:50.0
297	1959	m		Duschaneck, Helmut	LT Siebengebirge	M50	30	261	01:49:54.0
298	1958	m		Hönscheid, Klaus	LT Siebengebirge	M50	31	262	01:49:54.0
299	1812	m		Zwick, Jürgen	Bayer Business...	M45	67	263	01:49:59.0
300	1810	m		Schlungs, Andreas	Bayer Business...	MHK	18	264	01:50:00.0
301	1694	m		Esser, Jörg	Lauftreff Deck...	M35	43	267	01:50:04.0
302	1965	m		Switalla, Dirk	Köln	M40	62	265	01:50:04.0
303	1068	m		Büscher, Manfred	TV Refrath	M55	12	266	01:50:04.0
304	1933	m		Schneiders, Simon	Troisdorf	MHK	19	268	01:50:08.0
305	1426	m		Lotz, Dieter	SSK Kerpen	M50	32	269	01:50:12.0
306	1691	m		Seemann, Dietmar	TV Stammheim	M50	33	270	01:50:13.0
307	5752	m		Thiemonds, Michael	Bergisch- Glad...	M45	68	271	01:50:35.0
308	1584	m		Krusbersky, Michael	Solingen	M45	69	272	01:50:37.0
309	1839	w		Heiskanen, Anu	Rösrath	W40	15	37	01:50:38.0
310	6938	m		Lindemann, Kalle	VHS Selm	M50	34	273	01:50:43.0
311	1764	m		Poll, Werner	AXA Marathon T...	M60	11	274	01:50:44.0
312	1441	m		Johanshon, Hans-Dieter	HSV Troisdorf	M55	13	275	01:50:47.0
313	1540	m		Albrecht, Uwe	Neuwieder Jach...	M45	70	276	01:50:58.0
314	1970	m		Häger, Hermann-Josef	Lohmar	M55	14	277	01:51:03.0
315	1789	m		Glavina, Gianni	Engelskirchen-...	M35	44	278	01:51:06.0
316	2040	m		Koller, Markus	Köln	M45	71	279	01:51:19.0
317	1144	m		Falkner, Gerhard	LT Reinbek	M70	2	280	01:51:27.0

318	1462	m	Schmitz, Mario	Lohmar	MHK	20	281	01:51:28.0
319	1988	m	Schmitz, Ing. Markus	Lohmar	M35	45	282	01:51:35.0
320	1685	m	Schmidt, Ralf	LG Kalsbach	M50	35	283	01:51:36.0
321	1461	m	Schmitz, Albert	Lohmar	M60	12	284	01:51:36.0
322	1720	m	Heidchen, Michael	LeoGoesRunning...	M55	15	285	01:51:39.0
323	1666	m	Zöller, Sascha	Team Erdinger ...	M30	24	286	01:51:41.0
324	2254	w	Blömken, Susanne	LG Hückeswagen	W50	7	38	01:51:43.0
325	2148	m	Mecker, Ing. Michael	Rösrath	M40	63	287	01:51:50.0
326	4846	m	Boelen-Theile, Claus	Rösrath	M40	64	288	01:51:50.0
327	1951	m	Wüst, Hans Werner	Köln	M60	13	289	01:51:53.0
328	1623	w	Wick, Birgit	Troisdorf	W50	8	39	01:51:55.0
329	1910	m	Pielka, Manuel	Greven	M35	46	290	01:51:57.0
330	1978	m	Schlösser, Wolfgang	Köln	M45	72	291	01:52:08.0
331	6806	m	Schmitz, Herbert	BSG Sparkasse ...	M65	1	292	01:52:09.0
332	1751	m	Lentner, Christian	KIDS	M40	65	293	01:52:14.0
333	2103	m	Gerstenberger, Ralf	Run-for-Fun Vi...	M40	66	294	01:52:17.0
334	7313	m	Neudeck, Bodo	TV Uftorf-Eick	M60	14	295	01:52:19.0
335	1657	m	Bardenheuer, Christoph	Köln	M45	73	296	01:52:40.0
336	1658	m	Wesseling, Thomas	Köln	M40	67	297	01:52:40.0
337	7114	m	Göpel, Volker	Pulheimer SC	M60	15	298	01:52:49.0
338	1862	m	Richter, Jan	Ski Club Olpe	M35	47	299	01:53:08.0
339	1979	m	Zdrojewski, Thomas	Ski Club Olpe	M40	68	300	01:53:14.0
340	2214	w	Heite, Kornelia	Skiclub Olpe	W40	16	40	01:53:17.0
341	2244	w	Landgrebe, Claudia	Ohne	W45	6	41	01:53:28.0
342	1437	m	Horn, Michael	Wuppertal	M30	25	301	01:53:37.0
343	1871	m	Hemmer, Thomas	Sportlerherz.de	M45	74	302	01:53:43.0
344	7663	m	Schröder, Frank	Sportlerherz	M40	69	303	01:53:43.0
345	7668	m	Globisch, Kornel	Dormagen	M35	48	304	01:53:56.0
346	1412	m	Eberhard, Thorsten	Bonn	M35	49	305	01:53:58.0
347	1806	m	Rudolph, Oliver	Running Boys U...	M35	50	306	01:54:02.0
348	2147	m	Humpert, Marc	Overath	M30	26	307	01:54:08.0
349	2286	m	Limbach, Markus Maximilian	Solingen	M40	70	308	01:54:10.0
350	2080	w	Tepel, Heike	ASC Düsseldorf	W45	7	42	01:54:10.0
351	1859	w	Mönikes, Ursula	LT Siebengebirge	W45	8	43	01:54:12.0
352	1861	m	Froböse, Ingo	BSG Delphi Draka	M60	16	309	01:54:18.0
353	1572	m	Oest, Klaus	Bornheim	M50	36	310	01:54:22.0
354	2259	m	Krings, Fritz	SV Kelz	M45	75	311	01:54:25.0
355	2260	m	Pelzer, Jochen	Dürener TV 1847	M45	76	312	01:54:26.0
356	1794	w	Pithan, Ulrike	TuS Deuz	W60	1	44	01:54:26.0
357	1502	m	Ley, Dr. Josef	Running Devils	M45	77	313	01:54:27.0
358	2151	m	Okrus, Claus	Wermelskirchen	M40	71	314	01:54:27.0
359	2160	m	Salingré, Michael	Ingenieurbüro...	M55	16	315	01:54:30.0
360	1617	m	Zerwas, Gerd	Rheinhöhenlau...	M45	78	316	01:54:37.0
361	2243	w	Feige, Claudia	SV AXA	W35	7	45	01:54:37.0
362	1800	m	Utkulu, Andreas	Lohmar	M30	27	317	01:54:46.0
363	2161	w	Salingré, Ruth	Ingenieurbüro...	W55	1	46	01:54:47.0



364	1801	m		Kosbow, Michael	Siegburg	M35	51	318	01:54:57.0
365	1419	m		Christahl, Martin	Düsseldorf	MHK	21	319	01:55:04.0
366	1418	m		Münzing, Cedric	Düsseldorf	MHK	22	320	01:55:05.0
367	1402	w		Pickardt, Janine	Düsseldorf	W35	8	47	01:55:06.0
368	1808	m		Launert, Jürgen	Bayer Business...	M45	79	321	01:55:06.0
369	5055	m		Baumann, Fritz	Bergisch- Glad...	M45	80	322	01:55:12.0
370	4878	m	BEL	De Riemaeckers, Thierry	Vinderhoute	M35	52	323	01:55:18.0
371	1820	m		Fleischer, Wigand	The Haulbag	M35	53	324	01:55:23.0
372	1927	m		Smukal, Wilfried	Sportfreunde N...	M55	17	325	01:55:26.0
373	1931	m		Kohlhammer, Karsten	Leverkusen	M35	54	326	01:55:39.0
374	5230	m		Melchert, Arno	Köln	M45	81	327	01:55:42.0
375	1527	m		Gassen, Heinz	Sinzig	M50	37	328	01:55:47.0
376	7650	m		Kinder, Joachim	Köln	M45	82	329	01:55:47.0
377	2225	m		Wood, David	DAV Köln	M55	18	330	01:56:06.0
378	1814	m		Neumann, Marc	TSG Kastel 1846	M45	83	331	01:56:12.0
379	1709	m		Galonska, Jan	Dormagen	M30	28	332	01:56:15.0
380	1588	m		Walpert, Jens	Laufteam Tisch...	M40	72	333	01:56:17.0
381	1985	m		Werner, Willy	Ski Club Olpe	M55	19	334	01:56:37.0
382	1893	m		Kuhn, Maik	Lohmar	MHK	23	335	01:56:37.0
383	1427	m		Neschen, Reiner	DB Team Berlin	M50	38	336	01:56:40.0
384	1517	m		Grünwälder, Arend	Köln	M35	55	337	01:56:43.0
385	2054	w		Deml, Claudia	Bonn	W40	17	48	01:56:49.0
386	1565	m		Bahling, Stefan	Team Erdinger ...	M35	56	338	01:56:50.0
387	2258	m		Pütz, Wolfgang	Die Flotte Socke	M60	17	339	01:56:58.0
388	1417	m		Fischer, Hans-Peter	Mündersbach	M50	39	340	01:57:03.0
389	1659	m		Thiemann, Manfred	Haubergswetzer...	M55	20	341	01:57:10.0
390	1585	m		Fielenbach, Matthias	Kirchhudem	M30	29	342	01:57:12.0
391	1466	m		Mönkemeyer, Michael	Köln	M55	21	343	01:57:12.0
392	4950	m		Roth, Dr. Ing. Edwin	50 States Marath...	M55	22	344	01:57:14.0
393	1434	m		Weitz, Matthew	Neuss	M40	73	345	01:57:15.0
394	1488	m		Stoll, Christoph	Köln	M40	74	346	01:57:20.0
395	2206	m		Stroka, Norbert	Bergisch-Gladbach	M35	57	347	01:57:28.0
396	1987	m		Renfordt, Dirk	Ski Club Olpe	M50	40	348	01:57:45.0
397	2034	w		Scherrers, Anne	Europaläufer ...	W45	9	49	01:57:47.0
398	1993	m		Klein, Norbert	Europaläufer ...	M45	84	349	01:57:47.0
399	2191	m		Röllgen, Thomas	HDL Perle	M35	58	350	01:57:49.0
400	2027	m		Chané, Emmanuel	Köln	M30	30	351	01:57:49.0
401	2046	m		Hoffmann, Dirk	Bergisch Gladbach	M40	75	352	01:57:50.0
402	1498	m		Czogalla, Michael	Wipperfürth	M40	76	353	01:57:54.0
403	4948	m		Reinhardt, Frank	Köln	M45	85	354	01:57:54.0
404	2079	m		Wiesen, Sebastian	Remscheid	MHK	24	355	01:58:01.0
405	1594	w		Karbach, Christiane	LG Laacher See	W35	9	50	01:58:03.0
406	1844	w		Püschel, Julia	Leverkusen	WHK	3	51	01:58:09.0
407	1595	m		Karbach, Alexander	LG Laacher See	M35	59	356	01:58:10.0
408	1654	m		Weghaus, Stephan	Köln	M35	60	357	01:58:10.0
409	6130	m		Midermajer, Sigfrid	Köln	M55	23	358	01:58:13.0

410	1457	w	Volknandt, Gabi	Wermelskirchen	W45	10	52	01:58:16.0
411	1438	w	Bickendorf, Marion	Running TV Bed...	W45	11	53	01:58:17.0
412	2275	m	Weiß, Marco	Team Weinsport...	M30	31	359	01:58:18.0
413	4768	m	Jacobs, Klaas-Steffen	LG Badewanne	M50	41	360	01:58:19.0
414	5050	m	Daubendiek, Frank	Bergisch- Glad...	M40	77	361	01:58:19.0
415	7423	m	Großer, Leo	Triteam Merzbach	M55	24	362	01:58:23.0
416	1686	m	Hottenbacher, Hans-Erich	FeG W.-Ronsdorf	M55	25	363	01:58:26.0
417	1525	m	Kadansky, Mike	Meerbusch-Strümp	M50	42	364	01:58:30.0
418	1510	m	Wirth, Burkhard	Euskirchen	M55	26	365	01:58:40.0
419	1765	m	Pirrello, Antonio	Nörvenich	M40	78	366	01:58:41.0
420	1580	m	Schönwandt, Michael	Bergisch Gladbach	M40	79	367	01:58:46.0
421	5224	m	Vosen, Claus	TV Witzhelden	M50	43	368	01:58:48.0
422	2159	w	Mann, Irmgard	TV Bitburg	W60	2	54	01:58:50.0
423	1292	m	Wendler, Frank	Kerpen	M40	80	369	01:58:51.0
424	5091	m	Wolf, Hendrik	Leverkusen	MJugA	1	370	01:58:53.0
425	5086	m	Van Den Bogaard, Marc	Leverkusen	MHK	25	371	01:58:55.0
426	2078	m	Wiesen, Harald	Wuppertal	M50	44	372	01:59:05.0
427	1509	m	Volberg, Thomas	Lohmar	M40	81	373	01:59:08.0
428	1557	m	Brauner, Joachim	Bad Kreuznach	M45	86	374	01:59:10.0
429	2154	m	Altun, Mahmut	Köln c/o Alic...	M35	61	375	01:59:11.0
430	1532	m	Schneider, Gerd	Düren	M40	82	376	01:59:17.0
431	2202	m	Miton, Nicolas	Köln	M40	83	377	01:59:18.0
432	1653	m	Heinze, Tobias	Köln	MHK	26	378	01:59:20.0
433	2241	m	Peric, Dragan	Düsseldorf	M50	45	379	01:59:21.0
434	1485	m	Lange, Peter	Köln	M55	27	380	01:59:22.0
435	1463	m	Ullmann, Stephan	Rösrath	M35	62	381	01:59:31.0
436	1568	w	Schulze, Jasmin	Düsseldorf	WHK	4	55	01:59:37.0
437	5253	m	Carlé, Thomas	Köln	M40	84	382	01:59:42.0
438	1693	m	Müller, Michael	Bergisch Gladbach	M50	46	383	01:59:42.0
439	2105	m	Horsten, Dr. Jörg	Bergisch Gladbach	M50	47	384	01:59:43.0
440	1860	w	Lambrecht, Claudia	SCV Vilkerath	W40	18	56	01:59:52.0
441	1856	w	Schulz, Birgitt	Rheinhöhenlau...	W50	9	57	01:59:59.0
442	1518	m	Sado, Michael	WSG Bad Marien...	M45	87	385	02:00:03.0
443	1140	m	Krause, Andreas	Rösrath	M45	88	386	02:00:15.0
444	1515	m	Fischer, Frederik	Köln	MJugA	2	387	02:00:17.0
445	7314	m	Schumacher, Wastel	Ohne	M50	48	388	02:00:21.0
446	1403	m	Sprungmann, Sebastian	Vatos Locos	MHK	27	389	02:00:36.0
447	2035	m	Müller, Rainer	ASC-Loope	M45	89	390	02:00:42.0
448	1925	m	Klingenberg, Ing. Florian	Lindlar	MHK	28	391	02:00:46.0
449	1936	m	Urban, Volker	Hürth	M40	85	392	02:00:47.0
450	1950	w	Grupinski, Kerstin	LG Falkenberg	W35	10	58	02:00:54.0
451	2099	w	Rosowski, Martina	Köln	W40	19	59	02:00:59.0
452	2272	m	Benna, Thomas	LT Alpenrod-Lo...	M55	28	393	02:01:23.0
453	1911	w	Frohn, Sandra	Pulheim	WHK	5	60	02:01:25.0
454	1688	m	Hauch, Thomas	Basisgruppe Ville	M50	49	394	02:01:27.0
455	4969	w	Bilo, Sandra	ASV Duisburg	W30	4	61	02:01:28.0

456	7360	w	Schmitt, Andrea	TS 79 Bergisch-G...	W30	5	62	02:01:34.0
457	4828	m	Fröhlich, Wolfgang	Höher Runners	M55	29	395	02:01:43.0
458	2233	m	Pfisterer, Jörg	Köln	M50	50	396	02:01:51.0
459	7664	m	Burchart, Jörg	Meerbusch	M40	86	397	02:02:07.0
460	1531	w	Hendle, Doris	Düren	W40	20	63	02:02:28.0
461	1883	m	Kiehl, Thomas	SG Siegen-Gier...	M45	90	398	02:02:37.0
462	7414	w	Cramer, Elfriede	TS 79 Bergisch-G...	W45	12	64	02:02:49.0
463	1550	w	Morig, Nicole	Köln	W40	21	65	02:02:53.0
464	1563	m	Herper, Thomas	Solingen	M45	91	399	02:03:00.0
465	7667	m	Laudenberg, Ludwig	TV Witzhelden	M60	18	400	02:03:05.0
466	1879	m	Ditsche, Reimund	SG Siegen-Gier...	M55	30	401	02:03:11.0
467	1877	w	Stötzel-Ditsche, Christiane	SG Siegen-Gier...	W50	10	66	02:03:12.0
468	2270	m	Jäcker, Lutz	Düsseldorf	M40	87	402	02:03:14.0
469	2024	m	Vetter, Patrick	SV Hellas Sieg...	M40	88	403	02:03:18.0
470	2025	w	Koch, Romana	Köln	W40	22	67	02:03:18.0
471	1786	m	Saupp, Norbert	Kreuzau	M45	92	404	02:03:34.0
472	1631	w	Mallee-Laske, Viola	Dortmund	W50	11	68	02:03:36.0
473	1632	m	Laske, Matthias	Dortmund	M50	51	405	02:03:36.0
474	2699	m	Hildebrandt, Oliver	LT Leidenhausen	M45	93	406	02:03:37.0
475	1546	m	Klose, Michael	ESV Gremberghoven	M45	94	407	02:03:47.0
476	1704	w	Wenske, Gisela	Solinger LC	W50	12	69	02:03:50.0
477	1705	w	Wilbuer, Claudia	Solinger LC	WHK	6	70	02:03:50.0
478	1702	m	Reuter, Hans-Jürgen	Solinger LC	M65	2	408	02:03:54.0
479	1571	m	Eich, Dr. Christian	Bensberg	M60	19	409	02:03:55.0
480	1484	m	Hillebrand, Andreas	LT Düsseldorf...	M40	89	410	02:04:04.0
481	1745	m	Oppenberg, Frank	Dormagen	M40	90	411	02:04:52.0
482	1939	m	Sosnowski, Manfred	DRK-BSD-TriSta...	M35	63	412	02:04:53.0
483	6931	m	Krienke, Werner	TV Forsbach	M60	20	413	02:04:54.0
484	2266	m	Övermöhle, Matthias	Frechen	M45	95	414	02:05:12.0
485	4532	w	Barwinski, Elsbeth	Europaläufer ...	W50	13	71	02:05:14.0
486	1920	w	Ledebuhr, Anita	ASV Wesseling 1985	W50	14	72	02:05:23.0
487	2037	m	Woogk, Nicholas	Köln	M30	32	415	02:05:25.0
488	2036	w	Biermann, Julia	Köln	W30	6	73	02:05:25.0
489	1664	m	Becker, Claus	Cegelec Wallabies	M60	21	416	02:05:30.0
490	1413	m	Menzel, Frank	TuS Ferndorf	M35	64	417	02:05:31.0
491	1913	w	Frohn, Monika	Pulheimer SC	W55	2	74	02:05:40.0
492	5057	w	Herber, Manuela	Köln	W40	23	75	02:05:54.0
493	1587	m	Kamm, Wolfgang	Leverkusen	M50	52	418	02:05:55.0
494	2204	m	Dorstewitz, Uwe	Ostseebad Küh...	M50	53	419	02:06:06.0
495	4815	m	Niessen, David	Düsseldorf	MHK	29	420	02:06:22.0
496	1813	m	Lampe, Daniel	Bayer Business...	MHK	30	421	02:06:31.0
497	1431	m	Metzler, Ing. Frank Derek	Bergfreunde Lu...	M45	96	422	02:06:59.0
498	2096	m	Gnoerich, Arne Alexander	RHDL	M40	91	423	02:07:03.0
499	2209	m	Prinz, Wolfgang	Köln	M55	31	424	02:07:16.0
500	1706	m	Flamminger, Sascha	Solinger LC-Wi...	M30	33	425	02:07:17.0
501	1963	m	Kramer, Ralf	Bergisch Gladbach	M40	92	426	02:07:27.0

502	2274	m	Brüssel, Frank Maximilian	Niederkassel	M45	97	427	02:07:46.0
503	1583	m	Zerfaß, Hartmut	Langenfeld	M60	22	428	02:07:47.0
504	2141	m	Fredrich, Wolfgang	Düsseldorf	M45	98	429	02:08:07.0
505	1598	w	Schoenen, Anna	LT Decksteiner...	W50	15	76	02:08:24.0
506	1564	m	Grandt, Rainer	Coolruning Brühl	M45	99	430	02:08:33.0
507	1277	m	Tutas, Werner	Köln	M60	23	431	02:08:43.0
508	6930	m	Zinn, Volkmar	Bad Honnef	M55	32	432	02:08:53.0
509	2282	m	Alsch, Bernd	GSV Porz	M45	100	433	02:09:03.0
510	1874	w	Müller-Köhnke, Nicole	LC Attendorn	W40	24	77	02:09:04.0
511	2281	m	Esser, Heinz	GSV Porz	M55	33	434	02:09:06.0
512	1761	m	Steffl, Ernst	Hennef	M40	93	435	02:09:13.0
513	1295	w	Hottenbacher, Ruth	Wuppertal	W55	3	78	02:09:20.0
514	2271	m	Zimmermann, Achim	DHL Express Köln	M40	94	436	02:09:28.0
515	2150	m	Karn, Nils	Fechen	M30	34	437	02:09:46.0
516	1921	w	Weiß, Ulrike	Rheinbach	W40	25	79	02:10:01.0
517	1408	m	Jäger, Sascha	SV Neuenhof Wu...	M35	65	438	02:10:05.0
518	1287	w	Esken, Barbara	TS 1879 Bergisch-G...	W40	26	80	02:10:07.0
519	4965	m	Görmar, Bernd	köln	M65	3	439	02:10:10.0
520	7651	m	Werle, Helmut	Rösrath	M60	24	440	02:10:16.0
521	7647	m	Krueger, Dietmar	Lohmar	M50	54	441	02:10:18.0
522	7644	m	Varol, Mehmet	Köln	M45	101	442	02:10:44.0
523	2697	m	Klouth, Gerd	LT TuS Mondorf	M55	34	443	02:11:12.0
524	2698	w	Werth, Christa	JOGMAP	W55	4	81	02:11:12.0
525	1755	m	Reinle, Dominik	Köln	M45	102	444	02:11:43.0
526	1825	w	Zora-Grobe, Susanne	Mülheim an de...	W50	16	82	02:11:49.0
527	1460	w	Jurkschat, Jennifer	Troisdorf	WHK	7	83	02:12:01.0
528	1459	m	Jurkschat, Karl-Heinz	Troisdorf	M50	55	445	02:12:01.0
529	4812	m	Schmidt, Christian	Team Liechtens...	M30	35	446	02:12:09.0
530	2250	m	Keppeler, Dieter	Wanderfreunde ...	M50	56	447	02:12:09.0
531	4895	m	Uhlhorn, Kurt	Kronos aktiv live	M45	103	448	02:12:13.0
532	1440	m	Schmidt, Klaus	Lauftreff Alpe...	M60	25	449	02:12:17.0
533	1890	m	Korn, Guido	centershop	M40	95	450	02:12:17.0
534	1887	m	Schaub, Horst	centershop	M45	104	451	02:12:18.0
535	1455	m	Rahmann, Stefan	Köln	M45	105	452	02:12:22.0
536	1450	m	Offermann, Uwe	Köln	M35	66	453	02:12:36.0
537	1835	m	Deuringer, Peter	Köln	M45	106	454	02:13:07.0
538	1646	m	Deiters, Lothar	GSV Porz	M75	1	455	02:13:48.0
539	4826	m	Uphoff, Klaas	LG RWE Power	M45	107	456	02:13:50.0
540	2069	w	Cremer, Julia	DJK Löwe Hambach	WHK	8	84	02:14:11.0
541	2070	w	Beyß, Sylvia	DJK Löwe Hambach	W30	7	85	02:14:11.0
542	2076	m	Friese, Herbert	Köln	M45	108	457	02:14:18.0
543	1513	m	Küster, Andre	Bergisch Gladbach	MHK	31	458	02:14:35.0
544	1842	m	Sassenhagen, Horst - Werner	Team Tomato	M55	35	459	02:14:51.0
545	1767	m	Grande, Jürgen	TG Camberg	M50	57	460	02:15:07.0
546	1486	w	Bolz-Friedmann, Carina	Köln	W40	27	86	02:15:14.0
547	1669	m	Vollmar, Jürgen	Bergisch Gladbach	M45	109	461	02:15:25.0

548	1830	w	Friedrich, Annette	Köln	W35	11	87	02:15:53.0
549	4805	w	Werz, Renate	100 Marathon Club	W60	3	88	02:16:11.0
550	1482	w	Klein, Damaris	Köln	W40	28	89	02:16:15.0
551	1483	w	Recht-Wirtz, Susan	Köln	W45	13	90	02:16:15.0
552	4914	w	Krautwurst, Moni	Team Bittel	W40	29	91	02:16:28.0
553	1499	w	Baum, Jenny	Kall	WHK	9	92	02:16:57.0
554	1433	m	Offermann, Alfred	Köln	M40	96	462	02:17:15.0
555	1443	w	Gehlen, Barbara	Lohmar	W35	12	93	02:18:43.0
556	4599	m	Steinbach, Jürgen	LC Duisburg	M50	58	463	02:18:51.0
557	2029	w	Brunmayr, Susanne	Remscheid	W40	30	94	02:19:09.0
558	2028	m	Grünheidt, Reinhold	Remscheid	M45	110	464	02:19:09.0
559	5257	w	Breisser, Brigitte	Bewotec	W35	13	95	02:19:39.0
560	1909	m	Klatt, Christof	Köln	M35	67	465	02:19:56.0
561	1520	w	Bammer, Dr. Susanne	Solingen	W40	31	96	02:20:33.0
562	2240	m	Denker, Reiner	Vfl Hüls	M60	26	466	02:20:51.0
563	1501	m	Gansen, Dietmar	Neuwied	M45	111	467	02:20:59.0
564	1804	m	Hofmann, Dieter	Fortuna 1895 Düss...	M45	112	468	02:21:21.0
565	5052	m	Leondaris, Herbert	Köln	M55	36	469	02:21:35.0
566	2022	w	Köhne, Ursula	VFL Engelskirchen	W45	14	97	02:21:40.0
567	1621	m	Klessen, Rudolf	LT Dr. Knuffel	M55	37	470	02:22:23.0
568	1651	w	Hänel-Hensel, Monika	ASV Köln	W45	15	98	02:22:40.0
569	1652	m	Baumgarten, Mike	ASV Köln	M45	113	471	02:22:43.0
570	7645	m	Kanca, Avni	Köln	M40	97	472	02:23:13.0
571	1449	m	Schug, Markus	Köln	M40	98	473	02:24:09.0
572	1446	m	Siedler, Oliver	Köln	M35	68	474	02:24:10.0
573	1454	w	Helberg, Birgit	Köln	W45	16	99	02:24:29.0
574	1536	w	Piesch, Andrea	Düren	WHK	10	100	02:24:33.0
575	4943	w	Crezelius, Claudia	Running Team B...	W50	17	101	02:25:06.0
576	7646	m	Petersgtorl, Björn	Ohne	M40	99	475	02:25:33.0
577	1539	m	Fischer, Bernd	BF Refrath	M45	114	476	02:25:43.0
578	2081	m	Leyendecker, Matthias	GfD - EDV für...	M45	115	477	02:25:50.0
579	1294	m	Thiemann, Thomas	Köln	M40	100	478	02:25:57.0
580	1467	m	Zitzen, Bernd	Köln	M55	38	479	02:26:43.0
581	2045	m	Dove, Sigggi	FC Schüttorf 09	M45	116	480	02:27:38.0
582	1535	m	Bergerhausen, Dirk	Düren	M40	101	481	02:29:09.0
583	2143	m	Wielpütz, Günther	Rösrath	M55	39	482	02:29:29.0
584	1836	m	Freiberg, Arne	Kierspe	M30	36	483	02:31:38.0
585	1869	w	Philp, Martina	Overath	W30	8	102	02:31:52.0
586	1811	w	Redder, Nadine	Bayer Business...	WHK	11	103	02:32:30.0
587	1962	m	Weise, Markus	Neuss	MHK	32	484	02:32:32.0
588	1878	w	Mis erre, Anke	SG Siegen-Gier...	W50	18	104	02:34:06.0
589	2149	w	Ayche, Karin	Radiergummilig...	W55	5	105	02:34:22.0
590	1715	m	Waack, Thomas	Neunkirchen-Se...	M45	117	485	02:39:11.0
591	1451	m	Simon, Freddy	Bedburg	M45	118	486	02:39:32.0
592	1885	m	Ewers, Hans Friedrich	Bergisch Gladbach	M60	27	487	02:40:55.0
593	7416	m	Eßer, Heinz	BSG SSK Düsse...	M55	40	488	02:41:33.0

594	1923	w	Thome, Birgit	Meddys LWT Kob...	W45	17	106	02:41:51.0
595	1648	m	Baumgarten, Jan	ASV Köln	MJugB	1	489	02:42:42.0
596	2215	w	Schröder, Beate	LC Duisburg	W45	18	107	02:44:00.0
597	1901	m	Derigs, Wilfried	Elsdorf	MHK	33	490	02:50:40.0
598	1725	w	Graef, Martina Luise	Erkelenz	W45	19	108	02:53:12.0
599	2219	w	Rätsch, Maria	Taunusstein	W55	6	109	03:03:49.0
600	2248	w	Cela, Elisabeth	TC Milstenau	WHK	12	110	03:23:23.0